

WHAT TO KNOW

If you are fully vaccinated:

- You should still get tested if you have had close contact with someone who has COVID-19
 - 5-7 days after exposure
 - If you have symptoms, get tested and separate from others
 - SYMPTOMS INCLUDE:
 - FEVER OR FEELING FEVERISH
 - CHILLS
 - COUGH
 - SHORTNESS OF BREATH
 - MUSCHLE ACHES
 - LOSS OF SMELL OR TASTE
- You can still pass the virus on to others

What we know:

- Vaccine breakthrough cases are occurring. The delta variant is twice as easily spread from person to person.
- Vaccine breakthrough cases are happening more frequently because the delta variant is circulating widely.
- Unvaccinated people are spreading the virus easily to everyone

What we Advise:

- Fully vaccinated people continue to follow all safety precautions
 - Masking
 - Distancing
 - Hand Hygiene
- Avoid indoor gatherings if at all possible. If you are indoors follow all safety precautions.
- Contact your clinic and ask about available booster shots.

LET'S GET VACCINATED!

Vaccines are safe and effective. Vaccines reduce a person's risk of getting COVID-19 and are very effective at preventing **severe illness, hospitalization and death**. Those that are fully vaccinated appear to be infectious for a shorter period of time with the Delta variant. COVID-19 is still a threat to people who are unvaccinated, even if you have had COVID-19.

Sources:

<https://www.ama-assn.org/delivering-care/public-health/what-doctors-wish-patients-knew-about-breakthrough-covid-infections>

<https://www.cdc.gov.coronavirus/2019-ncov/vaccines-benefits.html>

<https://www.cdc.gov.coronavirus/2019-ncov/vaccines/fully-vaccinated.html#print>

<https://www.health.state.mn.us/diseases/coronavirus/vaccine/basics.html#break>

<https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/breakthrough-infections-coronavirus-after-vaccination>