



Bois Forte News

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VOL. 11, NO. 4

NETT LAKE, MINN., OCTOBER 1996 EDITION

757-3261

R.T.C. news...



Doris Isham, RTC Representative

Construction work on the Palmquist streets will begin on September 30, 1996. Due to the late start-up date on this project, completion won't be until next spring or early summer. This fall they will be insulating water lines that run beneath the streets and probably some clearing and grubbing. So residents don't need to worry about having torn-up roads during the winter months. The outcome of this project will be paved streets with corners and hills made safer. The BIA is administering this project and Fond du Lac Heavy Equipment and Construction Company the primary contractor. Any questions regarding this project can be directed to Andy Datko or Dave Danz in our planning department.

On September 13, 1996, the Tribal Council approved the expenditure from our Economic Development fund, for the purchase and financing of wild rice up to \$30,000. Green rice was purchased at the rate of \$1.50 per pound paid to the picker. With the abundance of this year's rice crop,

it took only two days to fill this quota. The Tribal Council will use this finished rice in an attempt to establish a market for you, the picker. The possibility looks favorable and if in fact successful, this small investment would be well worth it for our community. Right now we aren't looking for a high return on our investment, this will be negotiated annually when and if a market is established with your input. Our goal right now is to get a market established.

Last year we invested \$7,000 and purchased rice which finished out to 2,200 pounds. This rice is currently in storage pending completion of the transactions for sale. Our staff and tribal attorney have done as much as possible to protect the Band's interest in this matter. The scenario I made to the council was, "It's like holding a pair of dice, if you don't throw the dice (invest) there will always be the question in your mind, is there a market out there or isn't there?" We'll keep you informed on any developments.

You may recall some time ago I wrote an article regarding the 401(c) Pension Plan. The fact that this tax deferred plan was not made available to tribal governments and other tribal businesses made our employees ineligible to receive this important benefit. The RTC and other tribal governments expressed their concerns to Congress which has finally resulted in legislation passed that would make tribes eligible for 401(c) plans. President Clinton is expected to sign the Small Business Job Protection Act of 1996, which contains the pertinent language. Assuming that this bill is signed into law, tribes could adopt 401(c) plans beginning January 1, 1997.



Left to right: Louis Drift, Mike Connor, Ed Villebrun, Damon Day, Ron Day, Dion Porter and Lance Hill.

Forestry news....

Greetings from the Bois Forte Fire Crew!!

This is our first article in the Bois Forte News, so we'll give you a quick briefing on the fire we were called to out West.

On August 14th, around 2:00 p.m. we were out releasing pine (brushing) and our supervisor (Chuck) called us on the radio and said get your gear ready - you have to be in Duluth at 7:00 p.m. and be on the plane at 3:00 a.m. We got to California at 7:30 a.m., jumped on the bus and went to the Eldorado Fire, 40 miles from Lake Tahoe. This was only a 70 acre fire (a small one). We were on that fire for four days. This fire was controlled, so they bused us to another fire.

It was a four and half hour bus ride to the

Shasta Trinity National Forest, the Black Rock Fire. This fire burned to 17 thousand acres. We stayed on this fire for 13 days, and eight of them we were spiked camped. The fire was controlled and we received an excellent rating and they then sent us to Anderson, California to the staging area where we spent the last four days. They sent us home to Duluth September 1st We arrived at the Duluth Mob center at 2:00 p.m. and got back to Nett Lake at 7:00 p.m. (It was fun) This is the Bois Forte Fire Crew saying so long for now.

The Bois Forte Fire Crew consisted of Louis Drift, Mike Connor, Ed Villebrun, Damon Day, Ron Day, Dion Porter and Lance Hill from the Fond Du Lac Reservation.

Housing...



Cindy Glasel, Housing Director

What an exciting month! Five new families are moving into Vermilion Farm Point in the new 3-bedroom homes. Congratulations to Ms. Robin Geshick, Ms. Vivian Buckanaga, James Deegan and Biana Robinette, Vernon Connor and Erllys More, and Keith Boshey. These new homes have taken over three years to finally become a reality. I truly hope everyone on the Reservation shares the Housing's happiness.

I will be traveling to construction training in October. I am excited because the future

looks bright for the Housing and Reservation, and more new homes added to the reservation could soon become a reality... more updates as they happen.

Clean up of the entire Farm Point sector continues, and by November 1st Vermilion will have a complete new face lift with new siding, windows, along with the five new homes.

The IHA office still has a 3-bedroom home in Vermilion for sale through the Indian Housing Mutual Help homeownership program, please call me if you're interested.

The crisp, cool air, and the change of colors are here...sure hope everyone received an abundance of rice. The other day I walked over to visit a tenant and the smell of parching rice and smoke filled the air....

Sure hope everyone has a good October, talk to everyone later....

When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us.

—Helen Keller

Conservation notes....



Ray E. Villebrun, Sr., Director, DNR

Hello again to all you Bois Forte readers out there it's news article time again, and so here is the latest edition of the conservation notes, hopefully I can provide an informative and enjoyable article to read. First let me tell you about the 1996 wild rice harvest. This season was a very good year for wild rice. We had the opportunity to get the lake level where we wanted it for spring germination and when all the rain came in July, the rice was already standing, so the added water only helped the rice

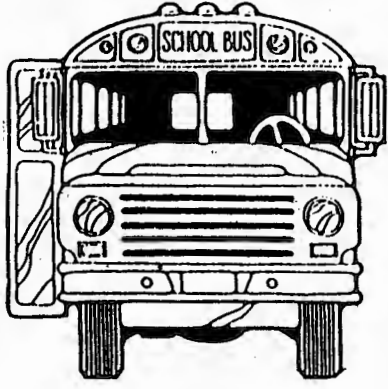
growth by adding water to Nett Lake, all we had to do was make sure that the rice plants did not drown out. This was done by lowering the dam gates when needed. And the warm August days helped the rice ripen a little earlier than most of us expected it to.

Chris Holm has plenty of wild rice statistics for you to read, so look for his article somewhere in this paper.

I hope everyone can find a sale or two for our rice, I have a few telephone contacts and a few other possible outlets for wild rice, give a call maybe I will have a sale for wild rice. Two years ago, I contributed to a magazine article in the September issue of Martha Stewart's Living. And I have contacted those folks again, attempting to establish a market for our rice. Give me a call sometime.

Next up, our annual waterfowl hunting season. It looks like it will be a good year for waterfowl as well. As of Monday, September 23, we had approximately 25,000 ducks on Nett Lake according to our annual before season aerial duck survey, and the ducks are on the move. I look for the waterfowl numbers to increase

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School News

Student loans, etc.....



Kim King, Career Education Specialist

I would like to start this article by saying thank you to our summer youth worker Patricia Fairbanks. Trisha as we called her did a fantastic job working here in the education department. I know she learned about the education department and she educated me on all the new slang and styles teenager are into today. We will miss her. As a farewell she wrote this poem. I am honored to share this with you.

WHEN THE GODS COME OUT TO PLAY

by: **Patricia Fairbanks**

Following the sunset-the end of day.

Where some believe dreams fade away.

Not realizing the magic

The Gods at play.

The clouds are brushes

The earth-a paint tray.

That is what I see from where I lay.

The Gods hear, with love,

About what we pray.

They hear the thoughts and what we say.

They'd love to help us, come what may.

But can't see past the "Cultural Decay."

So now we must find our own way.

Look for the sunrise,

it's new today

For that sunset won't always stay.

Bring back our culture, for that's our

way.

So that when the Gods paint our last rays,

there will be no more loneliness,

NO more gray.

That's when the Gods will come out to

play.

Tribal Education news...

by: **Joanne Donald, Tribal Ed Director**

Vernon Zacher, Lead Teacher from the Minnesota Department of Children, Families and Learning conducted an in-service training session with MaryBelle White, Kay Aronson, Jackie Triska and Joanne Donald on September 17, 1996 regarding the Bois Forte Adult Basic Education Program for Nett Lake and Lake Vermilion. MaryBelle White has access to our office staff and equipment to help with the special needs of the ABE students. If you need to contact her on the classes, please leave a message with Kelly Rutar at 218-7573107.

STUDENTS RETURN TO COLLEGE

Well it is that time of year again when the days get shorter and the nights get longer and Monday night football returns. To me this is a sure sign that students are returning to campus or new student are just beginning their college career. During the summer months I didn't hear from too many students but the last few weeks my phone has been ringing constantly. Most of the calls are students asking if they are getting scholarship money for the 1996-1997 school year. I would like to take a few minutes to explain the application process. When a student decides to go to an institution of higher learning the first thing they must do is contact the institution of their choice and register. From there the student is sent to the financial aid office and given three forms to fill out and return. The first application is the **Free Application for Federal Student Aid (FAFSA)**. All students must fill out this application in order to receive financial aid from all funding agencies. The next form to fill out is the **Minnesota State Indian Scholarship Application**, which is returned to the college/technical school you are attending. The final form you must fill out is the **Bois Forte Tribal Application** which is sent to this office. Our office cannot determine the amount of financial assistance you will receive until all information is complete and in this office. A suggestion to all students is to do follow up. If you have not received an award letter by now then there is a hold up some where. Start by calling the financial aid office at the institution you are attending and ask them if your application is complete. They will then let you know what the problem is and how to straighten it out. Many students are under the impression that their financial aid is available for them on the first day of classes, but when they get there they find they must wait until the school disburses financial aid checks. So if you haven't received an award letter by the time classes start, make some phone calls. We wish you success with your educational goals. If you need assistance please call us at the Tribal Education Department, 218/757-3107.

I attended the Ethel Curry Scholarship Meeting on Monday, September 23, 1996 at the Kelly Inn, St. Paul, Minnesota. We met to discuss the criteria we will be using when we make the first awards for Spring, 1997.

The Estate of Ethel Curry donated One Million Dollars to the Indian Education Program last October, 1995 I want to make sure that everyone knows the criteria that we have established so far, as the full committee.

1. The fund will be awarded Full Time to graduate and under graduate students who are in their Junior and Senior Year and are

attending a Minnesota Based Post-Secondary Institution.

2. The Curry Scholarship fund will be based on academic merit with an established post-secondary GPA of 3.0. Academic merit will be established by (a) An official college transcript and (b) two letters of recommendation, academic and personal, personal excluding relatives. 3. Recipients must possess one-fourth (1/4) or more Indian blood quantum from the following Reservations/Communities:

Bois Forte Grand Portage Fond du Lac Leech Lake Mille Lacs Red Lake White Earth Lower Sioux Prairie Island Shakopee Mdewakaton Upper Sioux

4. Family income will be waived and the focus will be on the academic potential of each applicant; however each student will be required to complete the needs analysis process (FAFSA) and (ISAP)

5. The initial applicant is required to submit an essay of no more than 250 words that demonstrate their ability to write effectively, express their commitment to

their educational goals and what the benefit would be to their Indian Community.

6. The Curry Scholarship fund may be used to help defray direct and other related school costs and the recipients may receive up to; (a) \$3,000.00 for undergraduates and (b) \$6,000.00 for graduate students.

I also attended a MnSCU town meeting at the Kahler Park Inn, Hibbing, Minnesota on September 26, 1996. Judith Eaton, Chancellor talked about developing a 3 year MnSCU Strategic Plan for service to students and the State of Minnesota. The Iron Range legislators were there as well as the Nett Lake School's Lobbyist Mr. Ron Dicklich. He had a lot of in-put on seeking more connections to the K-12 curriculum. The peoples concerns for the future is to build a 4 year education institution on the Iron Range to service our local area, so the students wouldn't have to go so far away to become further educated. We heard their tentative Vision Statement.

1st & 2nd Grade news...



Karen Fink, 1st & 2nd Grades

The first and second grade classroom is full of life with twelve eager, enthusiastic students. We'd like to welcome a new student his year, Natalie Smith.

Besides doing reading, math and handwriting, we've been having a lot of fun with a science unit on Air. We've completed activities such as making pinwheels and parachutes, filling giant windbags with air, weighing balloons, and blowing bubbles. The children have really enjoyed these hands-on activities.

We'd like to share with you some of our favorite things we do at school and also what we'd like to learn about this year. Thank you and I'm looking forward to a great year working with these children.

Steve Roy = "My favorite thing in school is the scooters. I want to learn about

racing scooters."

Aidan Keezer = "My favorite thing is playing bang! and the computer. I'd like to learn how to make a gocart in school."

Juan Love = "My favorite thing is centers. I want to learn how to be nice and get no one else in trouble."

Kyle Morrison = "My favorite thing is the listening center. I want to learn how to read."

John Kingbird = "My favorite thing is the computer. I'd want to learn "How do flies grow?"

Damian Zorne = "My favorite thing is computers and recess. I want to learn how to use my body and be myself."

Ryne Villebrun = "My favorite thing is outside, gym and the centers. I'd like to learn how to read the number words."

Natalie Smith = "My favorite thing in school is spelling tests. I want to learn everything we're supposed to learn."

Aimee Morrison = "My favorite thing at school is seatwork. I want to learn my words."

Jimmy Schroeder = "My favorite thing in school is playing the computer. I'd like to learn how to be a teacher."

Mike Smith = "My favorite thing in school is math. I'd like to learn how to paint."

Alanna Drift = "My favorite thing in school is writing on the board. I want to learn good stuff like playing games and reading books."

Kindergarten



Nancy Fogelberg, Kindergarten

We have had a wonderful September in

Kindergarten. We now have all day, every day kindergarten and the children have adapted very well. We are learning all of the school rules and have started our reading program. We have been studying our colors, shapes and basic concepts. Below are some of the things the children like about school.

Michael Connor = "The Gingerbread man and my teacher."

Krystal LaRoque = "I like playing outside and I like my teacher."

Don Chosa = "I like the Gingerbread man."

Leah Miller = "I like my teacher and playing outside."

Amber Geshick = "I like the Gingerbread man and computer lab."

Ryan Morrison = "I like my teacher and green frogs."

Matthew Signs = "I like the Gingerbread man and Indian culture."

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• Conservation notes

(Continued from front page)

as the weather changes and by opening day, we should be near or over last year's waterfowl counts. If anyone would like a copy of the State of Minnesota DNR Waterfowl Survey report, let me know, I will gladly make you a copy.

Our non-Indian daily permits will again be sold by Marybelle White, across from the Health services building. And she will have copies of all the duck hunting regulations for the hunters,

it will be to responsibility of the hunters and the guides to know these regulations.

Also, a reminder about our **Bull Moose Only** season that starts on October 1. The season dates will be October 1-31, 1996 and you are allowed to take Bulls only. Only one moose per permit.

I want to close by talking about off-reservation wild lakes in northern Minnesota. Dr. Holm briefly mentioned this subject in his article, but I want to expand on this subject a little bit more.

As many of you know the State of Minnesota recently passed legislation to open the Minnesota wild rice harvest season on July 15th of each year. As experienced rice pickers know, this is no

way ~~not~~ an acceptable harvest date. This was the first year that the law was in effect, but most of the lakes surrounding the Reservation were ~~properly~~ damaged and the wild rice was not harmed by people going out and trying to pick rice before it was ready.

This was my main reason for calling a meeting of all concerned Tribes that have off-reservation wild rice lakes that their members harvest on. If the MN/DNR is unwilling to continue the management and regulation of off-reservation wild rice lakes, then we as Tribes need to take action and protect this very important resource of our culture. So the first meeting took place at the 1854 Authority Office, on Friday September 20th.

It was agreed by everyone present that this is a perfect opportunity to step in and takeover the management of wild rice in the State of Minnesota.

A number of really good ideas were discussed on we plan on meeting through out the winter months and continue to work on this very important issue.

So with that I will say so long for now, if there is any questions, or comments you would like to make, please stop by I will look forward to talking to you. So until next time, safe hunting.....

experience over the past year and has provided many maps and assistance to many of our departments. John and I are currently working on a project to map potential pollution sources using the GPS and generate maps to aid in general environmental planning such as wellhead protection and well abandonment. GIS and GPS technologies have truly been an asset to the Natural Resources Division as well as many others. Thank you, John, for all of your help.

Another important project that we have recently resumed is the development of an Integrated Resources Management Plan (IRMP). In other articles, Dr. Holm has told you how this started and how long it has been on the table, so I needn't go into detail on that here. Needless to say, we believe that this time it needs to fly so Dr. Holm and I have agreed to accept the responsibility of compiling all available information on reservation resources including: water, land, air, groundwater, forests, wild rice, fisheries, wetlands, wildlife, historic cultural sites, and others. This information will be "integrated" (combined, united) into one comprehensive document which describes all of the resources along with applicable data and maps and the issues and concerns affecting the quality of those resources. Our steering committee envisions the IRMP as a plan in which all resources will be integrated with each other to identify commonalities or interrelationships and determine how resources are affected by management alternatives or potential

impacts. For example, what impacts do timber harvesting have on water quality, wildlife populations, or special botanical plants that may be present in an area? In short, what we do to the land may affect the water, air, people, plants, animals, and vice-versa. The IRMP steering committee believes that an integrated or holistic approach to resources management is superior to a piecemeal or fragmented approach, especially for a culture known for its stewardship of the earth. All things are interrelated and we need to be considerate of that in planning and making decisions regarding natural resources management or in any other future developments. We feel that this plan will complement the Nett Lake Land Use Plan and assist and direct all future planning for the reservation. This also comes at a critical time when other entities outside the reservation boundaries are proposing "Resources Management Plans" of their own. Although the IRMP steering committee does include representatives from the community, we are always seeking community input and support for this project. We will be sure to keep you informed as the IRMP develops. The IRMP will be a document which will be useful to all and can change when new information becomes available and as priorities and management strategies change. Please look forward to hearing more about this important project via articles and meetings or stop by to discuss it with us. Thank you for your interest!

Darin and the environment.



Darin Steen, Environmentalist

Hello again, faithful Bois Forte News readers and Happy New Year! Fiscal year 1996 has ended which means many of us are closing out budgets and preparing reports for last year's grants and projects. October 1 is the start of a new fiscal year which finds many of the program directors budgeting and planning for the next year's projects. I hope all of you are doing well and enjoying this beautiful fall. Everyone must be happy and thankful for the bountiful ricing season and I am hoping the rest of the fall harvests (duck, deer, grouse, moose, etc.) will be as plentiful also. Well, here are the latest updates on environmental programs and projects that I've been working on.

As promised in last month's article, the Utility Board community survey results have been tabulated and provided much valuable information and data for the Utility Board. About 40% of the delivered surveys were completed and returned which is one of the more successful return rates we've seen. Some interesting data collected from the survey was that 91% of the survey participants are on the community water systems and 57% of those use the community water as their primary source of drinking water. This emphasizes the importance of managing the community water systems and insuring that the groundwater is monitored and protected from contamination. Also, 70% of those surveyed use the transfer station for solid waste disposal, but other comments given suggest that there are still many problems which need to be addressed in regards to solid waste

management and improving services. Thank you to all who participated in the survey and thank you also for your information and honesty in identifying problems. The winners of the drawing and the prizes that were awarded are as follows: Josephine Chafers (Fortune Bay jacket); Roger Whiteman Sr. (Fortune Bay jacket); Reggie Strong (Fortune Bay bingo package); Wendy Morrison (Fortune Bay bingo package); Micheal Hayes and family (gift certificate for Target); Rhonda Hoagland and family (gift certificate for The Firegrill); Daniel Morrison Sr. (solid waste coupon); Ruth Isham (solid waste coupon).

Jackie Villebrun and I have finally finished up the inspections of lease lots at Vermilion. Whew!! What a job!! We examined 178 lots and documented as much information as we could about the development, water and sewer facilities, and environmental conditions of each site. This information is now being reviewed and entered into the computer to generate data tables for a report which is to be given to the Tribal Council. This report will discuss the lease lot information, problems identified, and provide recommendations for future management of leased land on the Vermilion sector.

The Utility Board recently hired Guy Hackey as the new Vermilion solid waste transfer station attendant. I understand he has been learning about how the facility operates and has been asking many good questions. We are still in the transitional stage from the old ways of "managing" solid waste at Vermilion to the new regulated facility so please bear with us as we continue to make modifications to the new site, provide information to the community, and correct solid waste problems. I am currently working on getting a sliding gate constructed on the back side of the site to simplify snow removal and to prevent damage to the fence. Also, some additional work is being done on the attendant's shack in preparation for the winter season.

John Villebrun has been doing an outstanding job on the Geographic Information System (GIS) and Global Positioning System (GPS). John has gained a great deal of knowledge and

Dr. Holm, the Biologist..



Dr. Chris Holm, Ph.D., Biologist

Autumn is upon us again. This is my favorite time of year. Radiant foliage, brisk mornings followed by warm days ... no bugs! This year's ricing on Nett Lake is also winding down, and so I offer some summary information on this year's rice yield. As I noted in a previous article, we did have a few tense moments during the past growing season, the most notable event being failure of our control dam water retention gaskets. However, fast community action enabled us to get things shored up. Since then, we have enjoyed high water and a ricing season that many community members say was the best in many years.

I think that The Rice Committee deserves a hand for a fine job this year in managing the opening date, permits, and all the important minutiae associated with Nett Lake ricing. The timing was just perfect; lots of rice ready to harvest, enough unripe rice to prolong the season, good weather on the opener - Howah! The Committee opened Nett for harvest on September 5. The weather since opening has been relatively good. On September 7, the committee respectfully closed ricing for a Band Member funeral. Since then, the lake has been open continuously. The average weight of rice brought in by pickers during the first week of the season was 333

pounds. Based on a running weight average and daily car counts, I estimate that 96,000 pounds of green rice was brought in from Nett Lake from opener through September 19 (two weeks). This is approximately 45,000 pounds more than was taken all last season.

During the first day of ricing, our Water Resources division purchased 1,112 pounds of green rice for replanting in Nett Lake. We replanted this in the open water of Lost River Bay on September 16 and 17. On September 13 and 14, The RTC also purchased 13,318 pounds of green rice, and will market this rice after it is finished.

I must stop short of calling 1996 a bumper crop year, but it certainly was a good one. I am still calculating the rice bed coverage on the lake, since I need this information in order to estimate the actual rice production (I do this by counting and weighing rice kernels taken off rice stalks from beds across the lake; then I multiply the average plant density, kernel number and weight of sampled rice by the total acreage covered). Needless to say, I expect rice production to be substantially larger than last year. I will provide production estimates for you in the next issue of the News.

I am, of course, very happy to see this year's production; I also appreciate the supportive comments, advice and direction offered by our Elders and members of the Community. I especially value the time that Ben Boness and Gene Goodsky have taken to teach me about Nett Lake. To summarize, I think that we have all worked very hard this year to create good growing conditions to help the lake and the rice; you can be sure that, barring conditions in weather beyond our control, we will expect and strive for rice as good or better next year. As a side note, the excellent rice yield coupled with expectations of high numbers of migrating

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Elohim, our Great Creator..



Art Holmes, Counselor

In the Persian Gulf area of today, about 2,000 years before the time of Christ, a family of the sons of Shem had moved, probably because of the ungodly environment of Ur, in Chaldea, to a village called Haran. Living conditions were perhaps, little, if any better, morally and ethically, than in the country they had left. The Arabs and other occupants of those lands had drifted slowly back into paganism, or to the many forms of idolatry.

Abram, the son of Terah, apparently must have been greatly dissatisfied with life even there, and while he must have yearned for a change for the better in the community in which he was now living, may have wished to move on if he only knew of some place where he could go, - where people loved and worshipped the great Creator God of his ancestor Noah who had survived the Flood with his family.

At about age 75 years, which is my age currently, he sensed that the God of his people was attempting to speak to him. When at last he turned his full attention to this voice either from within or without, we do not know for sure, a message came to him.

The message is in Genesis 12.1-3 The LORD had said to Abram, "leave your country, your people and your father's household and go to the land I will show you. I will make you into a great nation and I will bless you; I will make your name great, and you will be a blessing. I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you."

This is a special message of great importance that Native Americans need to hear. It is this: Noah had three sons, Shem, Ham and Japheth. Shem is the father of the minority races, Ham the father of the blacks, and Japheth was the father of the Caucasians or white peoples. God did not make His revelation to white people, but to this son of Shem, who is our ancient ancestor.

God had revealed Himself to the people before the Flood as Elohim, the Creator. This was only a little of the knowledge the Great God of the Universe would be making of Himself, and He would make all of these revelations to the sons of Shem; not to the white races.

When I have asked Indian people what they understood about God, they would reply, "He is the Creator!" He is the Creator, Elohim, but He is also a lot more. God would continue to make further revelations about Himself to the human race, but this is all that Abram had to go on.

Elohim is God's Creative name. Elohim has created -- a universe and everything in it.

He is Almighty, All-knowing, Everywhere present. He is beyond the compre-

hension of the mind of man. He created man last, and then, Genesis 1.31 "God saw all that He had made, and it was very good."

Then Elohim the Creator God saw the man He had created Fall into deep sin. The man and woman now hid from Him, were afraid of Him, and finally turned away from Him. But Creator Elohim had created them, and he was not willing to leave them as they were, and He has been at work in redeeming mankind to Himself ever since. He is not content to leave us in our sinful condition, and that is one of the reasons why on this one night, in the city of Haran, the GREAT GOD OF GLORY APPEARED TO ABRAM. OUR CREATOR will not leave us till all is once again, "very good." That is His glory, -- to do so!

In Genesis 1.1 we are told of a creation by Elohim: "In the beginning God (Elohim) created the heavens and the earth. Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God (Elohim) was hovering over the waters." Some kind of a major catastrophe had struck the earth! The Creator, Elohim, did not forsake the world then, nor would He now. He began to restructure the world then, and He has been at work in redeeming mankind from their evil, nasty fall. And while sin and evil of every description seem to rule everywhere, we see the Grace of God at work also, everywhere, in redeeming mankind.

Abram was a little slow in answering that call from God. It took about fifteen years for him to finally move out, but taking his nephew Lot, whom he was to separate from, he took with him.

God did not appear to him again until some troubles prompted Abram and Lot to separate. Then we read in Genesis 13.14-17 "The LORD said to Abram after Lot had parted from him, "Lift up your eyes from where you are and look north and south, east and west. All the land that you see I will give to you and your offspring forever. I will make your offspring like the dust of the earth, so that if anyone could count the dust, then your offspring could be counted. Go, walk through the length and breadth of the land, for I am giving it to you."

The separation from nephew Lot was necessary. Abram was living in disobedience as long as he had Lot with him. He had problems and troubles in Egypt, with famines, and the lies he told to the Ruler. Had he stayed out of Egypt he would not have picked up Hagar the Egyptian maid, who later gave birth to Abram's son Ishmael whose descendants have given the Israelites no rest since that time. All of this could have been avoided if Abram would have separated from Lot when he left Haran. Disobedience to God's commands are going to make for harsh circumstances down the road.

Up to this point Abram knew only a small bit of the truth about God, and that was as Creator. There were further revelations that God wanted to make to the world of mankind, and He chose to make them through this Hebrew, Abram.

A battle raged between several minor kingdoms in the region. Four kings had gone to war against five others. Lot happened to get caught in the middle of it and was carried away captive. When Abram heard of it, he took his trained servants, 318 of them, and went in pursuit. He caught up to them, engaged them, and chased them off, but rescued Lot from them. When he returned from that battle, he met one of the kings. In Genesis 14.18-20 we read this, "Then Melchizedek king

of Salem brought out bread and wine. He was priest of God Most High, and he blessed Abram, saying, "Blessed be Abram by God Most High, Creator of heaven and earth. And blessed by God Most High, who delivered your enemies into your hand."

And so to this ancient Bedouin Cousin of ours, God the Creator of all, has chosen to make a further revelation of Himself to cousin Abram. In Hebrew the name is - El Elyon. It is He who brought about the victory over the four enemy kings.

Abram was deeply impressed with that Name -- El Elyon. The king of Sodom wanted to reward Abram for his pains, "and said to Abram, "Give me the people and keep the goods for yourself."

Genesis 14.22-24 "But Abram said to the king of Sodom, "I have raised my hand to the LORD God Most High, Creator of heaven and earth, and have taken an oath that I will accept nothing belonging to you, not even a thread or the thong of a sandal, so that you will never be able to say, "I have made Abram rich. I will accept nothing but what my men have eaten and the share that belongs to the men who went with me -- to Abner, Eshcol, and Mamre. Let them have their share."

Abram our distant relative was greatly impressed by that name. A deeper relationship with this Creator had been formed by that day's experience -- that El Elyon had helped him and his men win a battle which they should really have lost. I believe that his new understanding of his Creator was much on his mind during the days that followed that remarkable battle.

In the next edition we will look more into this name and then at other revelations made to Abram and Moses and to others that will help us to understand who this great God of glory is, and of His great concern and love for all of us, and a little more of why He is doing it all for us.

In 1922, Irish became the official language of Ireland. However, only one person in ten in Ireland can speak that form of Celtic and only one in fifty uses it daily.

ASSEMBLIES OF GOD



**NETT LAKE
ASSEMBLY OF GOD
CHURCH**

**1:00 p.m. Sunday
7:00 p.m. Wednesday
Everyone Welcome!**

Notice!

Hi! My name is Eileen Barney. I'm the new E.A.P. coordinator at Bois Forte R.T.C.

I will be accepting applications for the Energy Assistance Program starting Oct. 1, 1996. I will be doing the elderly first.

Please call to make an appointment, as it will be a first come, first served, basis. Be sure to bring all information that is needed, mainly INCOME.

Your cooperation in this matter will be greatly appreciated!

CARD OF THANKS

We would like to express a heartfelt thank you to the many people who helped care for our mother during the last stage of her illness, and those that helped and shared our grief of her passing.

Thank you to Dr. Decker and the Hibbing Hospital Staff who always provided professional yet personal care during her stay in the hospital.

Thank you to Ray Hawk, P.A. who took care of our mother at home. Your medical knowledge and advise will always be appreciated. Whenever there was a question on medications, symptoms, etc. you were always there for us day or night. You helped us to understand her illness and its progression.

Thank you to your staff Barbara Richards, CHN and Karey Lyons, LPN for helping to make her stay at home more convenient for her and for us. We know her passing was also a loss to you as you truly cared for her.

Special thanks to Gene Goodsky, Alma Lumbar, and Henry Goodsky for providing spiritual as well as medicinal help during her illness. She told us many times how much she appreciated your help. Our family will always remember your assistance and direction during and after the funeral.

A very special thank you to Reuben Gogleye for the Tribal Ceremony.

Thank you to Shirley Benner and Ruth Ann Strong in the preparation of the ceremonial dish. Thanks to Jane Whiteman for making the moccasins our mother needed for her journey. Thank you to the Bois Forte Drum who sang the traveling song with so much meaning.

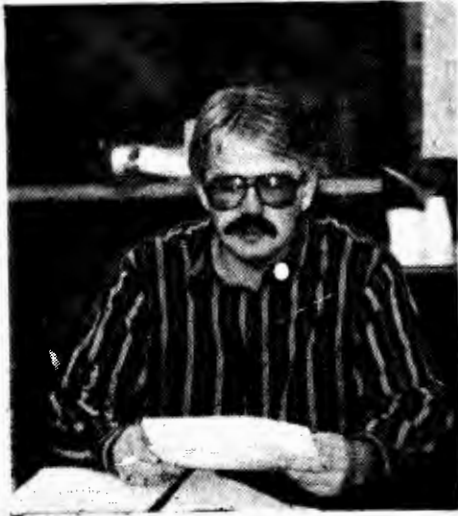
Thanks to all who sent flowers, cards, and food for the ceremonies. Your presence and words of encouragement were very appreciated. Also thanks to Dawn Benner and Shirley Benner for taking a collection.

Our wife and mother passed away on August 31, 1996, we will always cherish her memory.

The Family of Twyla Day

News from the Planning Division

The David Danz column..



David Danz, Reservation Planner

Reader's will observe an announcement elsewhere in this paper about a business development workshop coming up in Nett Lake at the community center on October 8. This one day workshop is being co-sponsored by the RTC, Minnesota Native American Business Development Center and the Minnesota Indian Economic Development Fund. The purpose of the workshop is to provide basic information about going into, or expanding a business. There will be a presenter discussing all aspects of going into business and answering questions from the participants. Also present will be the staff of the Business Development Center who will talk about their free technical assistance services to aspiring entrepreneurs. Last, but not least (as they say), will be Bill Connelly the Director of the Minnesota Indian Economic Development Fund who will talk about business financing opportunities available through his program. And, oh yes, lunch is on us.

I've spent a fair amount of the last few days working with our new Energy Assistance Coordinator, Eileen Barney. Our kind and gracious State Energy Assistance Monitor, Sue Lenarz was up for several days getting Eileen educated. There's a lot to learn to administer not only the Energy Assistance program but about

eight other State programs as well. And of course these programs are about clients, about 100 that is. SO, I welcome Eileen and am sure she'll do well in serving the folks through these programs.

The paperwork has begun on the Rural Development Community Facilities Loan application. Avid students of this column will remember that this loan is being sought in conjunction with the RTC efforts to construct a Senior Assisted Living Center in Nett Lake. I've been looking at a three page checklist associated with this loan package. It appears that there are 69 items that need to be addressed to complete the package. Ummm, paperwork, Planner's love it. And besides, 69 is just about my favorite number.

The RTC decided to purchase rice again this year. They bought just over 13,000 lbs of green rice at \$1.50 which finished out to about 7,400 lbs. The rice was finished at Sandberg's rice plant in Malmo and is very clean and a nice light color. You may recall we are working on opening a market for Nett Lake rice overseas. The intent is to get a good, fair price for this rice so that the RTC can pay a good, fair price to the pickers. I very much hope that in my next article I can inform the readers of a sale for this rice.

As with many folks around here, I got some of my own nicely finished rice for the year. I went out on Big Rice and on Nett Lake. I am grateful to the Conservation Committee to be given the opportunity to rice on Nett Lake. My partner was my firefighter pal and colleague, Bill Whiteman. We didn't want to kill ourselves out there so we made sure to start late and go in early. Bill claims to hate ricing so if I suggested it was time to go in, I got a ready "sounds good to me" response from my partner. We came off the lake one day with mutual predictions about how much was in the canoe. Well, we were a few pounds off so we quit with the predictions next time out.

And did you hear about the guy who bought the camouflage shirt. Well, now he can't find it.

Land-use Planning...



Debra Geyer-Smith, Land-use Planner

The development of the land use plan is continuing pretty much on target. Dave gave me the progress report form to complete for ANA (Administration for Native Americans); this is due October 30, 1996. Accomplishments so far include: Mapping of existing land uses for the whole reservation, the village, Indian Point and Palmquist. Existing land uses include: fire towers, gravel pits, state highways, light duty roads, unimproved roads, trails, reservation boundary, county boundary, section lines, rivers, lakes, government and administration, commercial, public works and utilities, industrial, agricultural, cultural and historic, community and recreational, gravesites and cemeteries, residential, vacant residential, national wetlands inventory, uplands, and wetlands.

I want to explain a little about the mapping system we are using. It is called a GIS (Geographic Information System) and the program we are working with is called ARC Info and ARC View. We recently purchased the ARC View 3.0 Update with a digitizing tablet. This gives us the capability to manipulate and input new information. A geographic information system (in simple language) is a computer program that has the capability to map land use coverage upon coverage; pretty much as much as you want.

Have been working on and planning for the Nett Lake Land Use Plan community meeting and dinner (no charge) where the community will have an opportunity to discuss what we would like see for our community; as far as land use and other issues the community feels are important. It will be held on Wednesday, October 9, 1996, at 5:30 p.m., at the Community Center and you will have the opportunity to look at some of the maps and check for accuracy and other things that may be missing. We need you to help us in this process!

Attended a number of requested meetings during the month. Working with Gary Adams and his staff as part of a team to develop and plan a youth-related program. This is still in the initial developmental stages and I'm sure Gary will have more to say about this.

Look forward to seeing you at the land use meeting and dinner. Have a great month!

Andy Datko's column....



Andy Datko, Assistant Planner

The past month has been an exciting time as several projects are now nearing completion. The new Conference Center and restaurant at Fortune Bay are nearly complete. The restaurant will open September 25. The Hotel is expected to be open in December.

The Ke zha was so Family Resource Cen-

ter is also almost complete and will open by the end of October. Enrollment applications for child care are currently being accepted. For more information call Kay Davis at 218-753-2024.

The foundation and slab for the new food commodities warehouse in Nett Lake were completed in September. The building will be erected by mid-October and be completed by the end of October. There will probably be some kind of grand opening or open house for the community when the building opens.

The Palmquist Streets improvement project is finally starting. The project is being managed by BIA Roads and the main contractor is Fond du Lac Heavy Equipment and Construction Company. Construction activity this fall will be mostly limited to insulating the underground water pipes in the area and some clearing in those areas where the streets are being widened. The streets will be paved next spun". The project stays within the existing road rights-of-way and generally follows the existing alignment of the

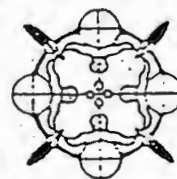
streets. Questions about the project can be directed to Ron Skunes at BIA Roads (218-751-2011).

The State Trunk Highway 65 (TH65) needs assessment final report is being completed and will be presented to the Tribal Council in October. The report documents the current deficiencies in the highway and makes recommendations for improving it to acceptable standards. The next step will be to arrange a meeting between the RTC and MN:DOT to discuss needed improvements to this highway.

In October I will be meeting with the RTC to discuss other future road improvement projects scheduled or pro-

posed for Bois Forte over the next three years. I will also be presenting recommendations to the RTC regarding the extension of community water and sewer services at Vermilion.

This past month I handled the closing documents for the purchase of the Jasper Peak property near Tower. The RTC purchased this 51 acre parcel from USX Corporation for the purpose of using it as part of a land exchange with the State of Minnesota for lands adjacent to Bois Forte owned lands at Vermilion. This proposed land exchange will still take some time to complete. The State lands to be acquired would be suitable for new housing.



Indian Legal Assistance Program

107 W. 1st St. Duluth, Minnesota 55802

218-727-2851

PROVIDING REPRESENTATION FOR NETT LAKE RESIDENTS IN:

CRIMINAL CASES (ADULT or JUVENILE):

In Tribal, State and Federal Court

CIVIL CASES (ST. LOUIS COUNTY ONLY):

Dependency/Neglect (CHIPS)

(Indian Child Welfare Act)

Dissolutions

Public Assistance Terminations

(AFDC, GA, Food Stamps)

Social Security/Unemployment Denials

Landlord/Tenant

Consumer Problems (Contracts)

Wills

OFFICE HOURS: MONDAY THRU FRIDAY 8:00 A.M. - 5:00 P.M.

LOW INCOME ELIGIBILITY BASED ON USDA FOOD STAMP GUIDELINES

* Health News

Susan reports on a meeting.



Susan Strand, Director, ICWA

Boo Zhou.
September 1996
Day 1

I recently attended a workshop in Bloomington, MN sponsored by Bemidji Indian Health Center on September 9 & 10. I did not attend on Wednesday because it was designed for Health Care Personal. The first two days were sessions on Fetal Alcohol Syndrome and Fetal Alcohol Effects symptoms, causes, and how to educate the children with behavioral problems. Fetal Alcohol Syndrome, Fetal Alcohol Effect, Attention Deficit and Hyperactive Disorder, Emotional Behavior Disorder, and Learning Disabilities are some of the disorders presented by Jonathan Jensen, M.D. from the University of Minnesota Hospital and Clinic. Most of the materials contained information on medication used to deteriorate the situation and stabilize thought process. The second workshop legal issues in child abuse were discussed. The facilitators were Jeannie Graham from the U. S. Justice Department and Ann McKeig from Hennipen County. Discussion was on the process with State and Federal Departments, when a report of child abuse is received. Included with this report is an outline of mandating reporting. The third workshop I attended was on "Organizing Community Child Abuse Prevention". Presenter for this was Larry Douglas, Northwest Indian Child Welfare Association. This I found very helpful. A booklet was given to all who attended and I plan on distributing this to the Child Protection Team and staff at the Human Service Office in Nett Lake. Anyone who would like a copy or is interested, just call Cisco and request one. This workshop confirmed what a number of Reservation Tribal Council employees, have indicated at a meeting regarding situations occurring on the reservation. It is imperative that the community as a whole along with staff, work on changing the community for a safer, healthier atmosphere for all who live here. He also spoke about the issue of oppression and how we as Indian people oppress ourselves more than any others. An example of this is the unwillingness to take a stand against abuse of children and elders. People are afraid to report situations they know are abuse, because of retaliation by others in the community. Silence is condoning the situation and enforcing continued behavior.

Day 2

The first workshop of the day was "Effective Strategies in Working with Children Affected with FAS/ARBD". The

facilitator for this was Mr. Larry Burd, FAS Center, University of North Dakota. Worksheets were handed out, which I have distributed to staff for purposes of information for clients, agencies, etc.

Second workshop of the day was presented by Ms. Diane Pittman, MD PHS Indian Hospital at Cass Lake, MN. She reported on "Fetal Alcohol Syndrome and

Alcohol Related Birth Defects". She presented a criteria and characteristic of children with FAS/FAE from birth to young adult. There were other general presentations on the first witness program from Duluth. An information packet for D-Day on November 21, 1996 (smoke out day) were handed out. Also available at the conference contained a variety of resource booklets and pamphlets on health care, FAS/FAE, Child Abuse, neglect, posters etc. All these are in our Human Service Office reception area for people to view or take home. The workshop was very informative. So much so, it is difficult to do a critique because all the presentations that were offered were excellent. I will end this with a poem, included in the Fetal Alcohol Resource Booklet....

Yvonne's column...



Yvonne Paetznick, Advocate

Well, here it is, fall and isn't it beautiful out there. The leaves are changing colors and the mornings are getting a chill to them. This is my favorite time of year. I enjoy being out of doors, whether it's to do fall clean up around the yard or just going for a walk in the woods. I like to take my five year old grandson with me and we do a lot of talking and have lots of fun, but I try to take the time and remind him of alot of different safety precautions, and that gets me back to my article which was continued from last month.

As I stated before parents should take the time to speak with their children about

safety and bring up the subject every now and then, as children have short attention spans and have a tendency to forget things.

Children are often given little control over who touches or kisses them. How many times have you asked your child to kiss a stranger or a relative the child doesn't even know? Think about it.

The important point is to make a distinction between what you ask your child to do in your presence and what someone else asks your child to do without your consent.

Another aspect of safety is to train children to be observant. When you are grocery shopping, for instance, make a game of their noticing what people look like, what they are wearing and how old they are.

Have your child memorize your telephone number and address, and then have them tell you what they are several times over the following weeks. This is information every child should know.

Play the game, "What would you do if?" It's surprising how many children feel they can outsmart the adult who is out to harm them. Children need to know that there are times in life when you simply do not take chances.

Many times parents may have to make a distinction between secrets and surprises or parents may have to explain the word

NOTICE

Please do not send children to the clinic to pick up medications as the medical staff **WILL NOT** dispense medications to them for delivery to adults.

If you have any questions or problems, call Ray Hawk at 757-3650.

DEFENSIVE DRIVING COURSE

AN 8 HOUR COURSE

INSTRUCTOR: RON ERICKSON

MINNESOTA STATE HIGHWAY PATROL

WILL BE HELD AT THE ORR CITY HALL

ON

OCT.14 - OCT.16, 1996

FROM 8:00-12:00

Sign Up By Contacting Donna Hofer, Personnel Director at (218) 757-3261.

"fondle." You may have to add that adults who love each other do touch and fondle and that it is different when both people are older.

Sexual assault is an important issue and should be discussed. This doesn't mean, however, that touching should stop. It is very important for children to be cuddled, kissed and hugged in addition to being enjoyed, appreciated and believed by their parents. For those of you concerned,

I wish to stress that it's really not difficult to make a distinction between loving touching and exploitative sexual manipulation of children.

Parents who contribute positively to the well-being of their children are those who are askable-about anything. They know that it is ignorance, not knowledge, that is harmful. They are parents who want to help their children grow up to become healthy adults, too.

ELDERLY NUTRITION MENU OCTOBER 1996

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Ham-Mac. Green Beans Cake Bread & Butter 1	Liver & Onions Parsleyed Potatoes Peas Pineapple Bread & Butter 2	Shopping Day Bag Lunch 3	Chicken 'n Dump- lings Soup Cheese & Crackers Veggies Bread & Butter 4
Hamburger Gravy Mashed Potatoes Corn Cake Bread & Butter 7	Beef Roast Sandwich Gravy Mixed Veggies Applesauce 8	Scalloped Potatoes Ham Green Beans Bread & Butter Jell-O 9	Short Ribs Wild Rice Carrots Ice Cream Bread & Butter 10	Stew Cheese & Crackers Oranges Bread & Butter 11
Baked Chicken Boiled Potatoes Peas Bread & Butter Peaches 14	Tater Tot Casserole Tossed Salad Green Beans Bread & Butter Cake 15	Roast Pork Potatoes Gravy Corn Bread & Butter Pudding 16	Spanish Rice Green Beans Fruit Salad Bread & Butter 17	Potato Soup Cheese & Crackers Pineapple Bread & Butter 18
Spaghetti Garlic Bread Fruit Salad Broccoli 21	Pork Steaks Potatoes Carrots Apricots Bread & Butter 22	Beef Roast w/Rice Corn Cornbread Apples 23	Hamburger Gravy Mashed Potatoes Green Beans Peaches Bread & Butter 24	Pork Chops White Rice Corn Pears Bread & Butter 25
Ham Bean Soup Fresh Biscuits Applesauce Cheese Slices Crackers 28	Scalloped Potatoes Ham Pudding Bread & Butter 29	Indian Tacos Cake Bread & Butter 30	Stew Cheese & Crackers Bread & Butter Apples 31	

* Menu is subject to change due to availability

* All meals are served with coffee, tea, juice or milk

FEDERAL CHILD ABUSE REPORTING LAWS

18 U.S.C. §1169

WHO

*Any physician, nurse, other health care worker, teachers, other educators, social worker, daycare worker, mental health worker & law enforcement

WHAT

*Knows or has reasonable suspicion
--Child abuse in Indian country or
--Actions taken or will be taken reasonable expected to result in abuse

*Must report to local child protective agency or law enforcement

PUNISHMENT FOR FAILURE TO REPORT

*6 months in prison & \$5,000 fine
*Supervisor who prevents report also 6 months & \$5,000 fine

DEFINITIONS

*Abuse = Child is dead or exhibits skin bruising, bleeding, malnutrition, burns, fractures, subdural hematoma, soft tissue swelling

*Condition is not justifiably explained or may not be the product of an accidental occurrence

*Abuse also = sexual assault, molestation, exploitation or contact

IMMUNITY

*Report made on reasonable belief and in good faith affords person immunity from civil and criminal liability

25 U.S.C. § 3201

Indian Child Protection and Family Violence Prevention

Jeanne J. Graham, AUSA, District of Minnesota

*When local law enforcement or local child protection services agency

*Receives an initial report from any person of --Child abuse in Indian Country --

Actions reasonably expected to result in abuse

*Receiving agency shall immediately notify appropriate officials of the other agency and written report

*Also, to FBI if federal criminal violation

*Within 36 hours, must do written report (See sample)

*Immediate investigation into allegations and immediate steps to secure safety of

child

*Informant may remain confidential

PARENTAL CONSENT

*Photos, x-rays, examinations and interviews of Indian child alleged to have been abused in Indian country shall be allowed without parental consent if reason to believe the child has been abused.

42 U.S.C. 13031

MANDATORY REPORTING

*While engaged in a professional capacity/activity

*On federal land or federally operated (contracted) facility

*Facts learned that give reason to suspect

*Child has suffered an incident of child abuse

*Shall, ASAP

*Make report of suspected abuse to designated agency

*If allegations of sex abuse, serious physical injury or life-threatening neglect, then social or health care services shall make referral to law enforcement agency

*Authority to take emergency action to protect child.

TO WHOM LAW APPLIES

*Basically all health care workers, mental health professionals, social workers, educators, law enforcement, foster parents & commercial film/photo processors.

DEFINITIONS

*Child abuse is physical or mental injury, sex abuse, exploitation or negligent treatment of a child.

*Physical injury can include laceration, broken bones, burns, severe bruising, or serious bodily harm.

*Mental injury can include harm to a child's psychological or intellectual functioning, exhibited by severe anxiety, depression, withdrawal, outward aggressive behavior or change in behavior.

*Other phrases defined.

*Child abuse as defined does not include discipline administered by a parent to his/her child if it is reasonable in manner and moderate in degree, and is not cruel.

IMMUNITY

*All persons acting in good faith

*Who make report per law

*Immune from civil or criminal liability arising out of such actions.

*There is a presumption that any such persons acted in good faith

*Legal fees may be paid for if sued and you prevail.

*Immunity not for people who act in bad faith.

FEDERAL LAWS RELATED TO CHILD VICTIMS AND WITNESSES

18 U.S.C. § 3509

This law contains a myriad of protections for child victims and witnesses in the federal courtroom

*Alternatives to live in-court testimony -- closed circuit TV --videotaped deposition of child

*Competency examination. Child is presumed competent

*Closed courtroom

*Appointment of Guardian ad litem

*Adult may be with child while testifying and testimonial aids allowed (dolls, drawings, etc.)

*Speedy trial and extended statute of limitations

WHAT HAPPENS TO REPORTS

RED LAKE

*Health care provider sends written report to social services after verbal report either to social services or law enforcement.

*Description and extent of suspected abuse/neglect is described, including who brought the child in and what, if anything, was said by the adult and child.

*An investigation into the suspected abuse is initiated and, if warranted, the child is removed for protection, unless there is enough evidence to remove (arrest perpetrator).

*Protection hearing is scheduled and the criminal investigation, if any, proceeds on a parallel course.

NOTE! Please remember the Indian Child Welfare Act Department are not social workers. Appropriate agencies are the Police Department and social services in Hibbing or Virginia.

PARENTS SUPPORT GROUP

There are times when we as Parents don't have the answers, and we may need someone to talk to, or just a place to go.

Come share your concerns, ideas, and thoughts.

Everything discussed at these meetings will be **Confidential**. "WHAT YOU SAY HERE, WHAT YOU HEAR HERE, WHO YOU SEE HERE, WHEN YOU LEAVE HERE, LET IT STAY HERE."

HOPE TO SEE YOU AT THE MEETINGS.

Every Wednesday, 5:00 - 7:00 p.m. at the Human Services Department **FAMILY BASED/ICWA**

NOTICE!

It is re-screening time for Contract Health. We mailed out applications to everyone that we have on the program. If, for some reason, you did not receive a Contract Health application in the mail, please call us and let us know and we will send you a new one.

We are asking all Contract Health participants to fill out a questionnaire, submit income and copies of insurance cards. Any questions please call 757-3295. Thank you.



River St., Cook

Show times:

Fri. & Sat. 7 & 9 pm, Sun., Wed. & Thurs. 7 pm
Thursdays 2 for 1 Admission

666-5814 FOR CURRENT MOVIE INFO.

Fetal Alcohol Syndrome...

FETAL ALCOHOL SYNDROME AND EFFECTS

Diane M. Pittman, M.D.

USPHS Indian Hosp RR 3 Box 211

Cass Lake, MN 56633 218/335-2293

Criteria for the diagnosis of Fetal Alcohol Syndrome

1. Growth deficiency
-observed prenatally and at birth
-no "catch up" after birth
-low weight, length and head circumference

2. Central nervous system dysfunction
-mental retardation
-hyperactivity/attention deficit
-developmental delay
-memory deficits

3. Facial dysmorphism
-thin upper lip
-absent philtrum
-small eyes
-epicanthal folds
-flattened bridge of nose
-small jaw
-dental abnormalities

4. Other associated abnormalities (not required for diagnosis)
-abnormal elbow and shoulder joints
-abnormal fingers

-heart defects
-kidney defects
-hirsutism as an infant (hairiness)

Characteristics of Children with FAS/FAE

Infancy:

-poor sleep patterns
-feeding difficulties
-irritability
-poor habituation
-poor muscle tone
-tremulousness
-decreased stranger anxiety

Pre-school:

-high need for bodily contact
-Hyperactivity
-friendly
-tantrums
-"fearless"
-delayed expressive speech
-echoing
-lack of richness
-fluency without depth

-difficulties with fine and gross motor development

Early School Years:

-reading and writing skills may not be noticeably delayed
-arithmetic more affected

-memory deficits
-attention deficit/hyperactivity
-social intrusiveness
-emotional liability
-difficulty learning and following social norms

Middle School Years:

-academic achievement reaches peak
-reading and spelling often superior to math
-inappropriate sexual exploration
-truancy due to poor adaptation to school environment

-depression and other psychological problems
-lack of inhibition may lead to problems with peers

Adolescent and Young Adult

-low adaptive living skills
-money management
-distractible
-difficulties structuring time
-poor judgement
-independent living difficult
-employment difficult
-poor judgement, impulsiveness, may lead to criminal behavior

Supporting and Educating Those with FAS/FAE

Provide Structure
-routines are helpful

-transitions should be anticipated and prepared for
-avoid power struggles; structure rather than control
-environments should be supportive and safe

Enable Communication

-recognize "problem" behaviors as communication
-provide alternatives to verbal communication
-music, art, metaphor, dance may be effective means

-provide simple instructions or cues
-develop skills for safe expression of emotions

Identify Strengths

-accentuate the positive
-encourage safe multisensory exploration
-reevaluate goals and expectations frequently
-avoid setting up for failure, set realistic goals

Broaden Support System

-respite care for caretakers
-establish continuity between environments

Reservation Tribal Council Minutes

Minutes of a special meeting of the Bois Forte Reservation Tribal Council held July 25, 1996, council chambers, Nett Lake, Minnesota.

Meeting called to order at 10:04 A.M.

Members Present: Clint Landgren; David Morrison, Sr.; Doris Isham; Ramona Villebrun; Phyllis Boshey

Members Absent: None

Others: Frank Annette; Vicki Holmes; Cindy Glasel; Lafayette Connor; Effie Drift; Gary Adams; Ray Villebrun, Sr.; Chris Holm; Laura Strong; Darin Steen; Deanna Drift; Kim Knudson; Debra Geyer-Smith; Jackie Villebrun; Kelly Rutar; Donna Hoffer; Axel Holmes, Sr.; Arlene Morrison; Curt Goodsky; Diane Goodsky; Jeneal Goggleye; Judy Anderson; Denise Morrison; Angela Wright

Moved by Doris Isham; seconded by Phyllis Boshey; to approve minutes of a special meeting held July 16, 1996, Nett Lake, Minnesota. Carried 4-0-0.

Ray Villebrun presented a position paper for the chairman's signature. This paper outlined Bois Forte Department of Natural Resource's opinion regarding an Intertribal Timber Council initiative to use the Endangered Special Act as a means of addressing federal trust responsibility.

Moved by Ramona Villebrun; seconded by Phyllis Boshey; to adopt resolution #8-97, appointing Gary Adams to the American Indian Advisory Council. Carried 4-0-0.

Cindy Glasel gives Ramona Villebrun a file of a tenant who had requested to move to a larger house and felt she was being denied. Cindy stated the tenant was told to fill out an application after which she would be placed on a waiting list. The tenant did and was placed on the list. Cindy Glasel will meet with the tenant and explain the process to her again.

Cindy said two tenants have been moved out until water and sewer problems have been fixed in those units. Chairman Landgren said there is a house in the village that was badly built (HIP house) and he feels something should be done so it could be fixed by winter.

The Housing Authority has applied for the Section 184 Homeownership Program offered through HUD. This is for the purchase of a home for either on or off the reservation. Cindy was requesting the Council to identify the service area but Cindy wants to wait until legal counsel is present for legal opinion on the service area. Cindy is told to inform Rick Smith, MCT Home Loan Program, of this program because it may have an impact on that program.

Cindy presents two sample letters the Housing Authority will be using. One is a notice of violation of lease which would give the tenant ten days to respond. At this point the tenant would be able to appeal to the Housing Commissioner Board. If the Housing Commissioner Board denies the grievance, a thirty-day notice to terminate lease would be sent. After four attempts (two home visits and two certified letters) to send a violation of lease and receiving no response, a 30-day notice to terminate lease would be sent.

The other form is a notice of the status of application with the Housing Authority. After checking with the local utilities companies and finding no past due amounts, the applicant will be placed on a waiting list. If there is a past due amount with NECA (any amount) and Bois Forte Water and Sanitation (\$300.00), the applicant will not be added to the waiting list until the past due amounts are satisfied.

Cindy notifies the Council that Mr. Elmer Thorgerson, HUD, will be coming during the week of August 12. The Housing Authority is requesting an informal meeting with the Council and Mr. Thorgerson. Cindy is to send a memo when she finds out the actual date.

If any of the Council members are interested in attending the Region II Housing meeting, it will take place on August 8-9 in Leech Lake. There are 27 Indian Housing Authorities from Minnesota, Wisconsin and Michigan which belong to the Region II. Cindy will send the Council more information on this meeting.

The Council asks Cindy if the Housing Commission is still working to change the 30 percent rule. Cindy says yes.

Effie Drift gives a report on the Elder trip to Mahonmen to see Loretta Lynn. Council directs Effie to put a notice in the paper the next time a trip like this is planned, to give all the Elders a chance to participate. Effie is also to give the Council an itemized list of how the \$4,000.00 given to them was spent.

Effie Drift gives a copy of the letter she sent to the Fortune Bay Board of Director's. She had requested Fortune Bay have a bingo game during intermission and half the proceeds from that game be donated to the Elder Activity fund. Effie said she was told the Fortune Bay Board approved half the proceeds of the late night speedo to the Elder Activity Fund. Effie has not had any official notification yet though nor is she aware of how much money is in the fund. Frank Annette is to get copy of the Board's minutes where they approved this and bring it to the next Council meeting as this needs to be approved by the Council. When this is done an account is to be set up here for the Elders.

Discussion was held on the request from Debra Geyer-Smith for the Council to appoint a representative to the Nett Lake Land Use Plan Steering Committee. The plan would identify sacred sites, etc., to be used as a tool for economic development, etc.

Moved by Doris Isham; seconded by Phyllis Boshey; to appoint Vi Villebrun, as Elder representative, and Clint Landgren, as Council representative, to the Nett Lake Land Use Project Steering Committee. Carried 4-0-0. Phyllis Boshey will try to find someone from Vermilion to serve on this committee.

Meeting is recessed at 11:58 A.M. for lunch.

Meeting is reconvened at 12:50 P.M.

Curt Goodsky updates the Council on the AmeriCorps Program. Bois Forte was assigned 15 slots and are down to 10 slots filled for various reasons such as participants having no sitters, etc. The participants now in the program will be done on August 16. The AmeriCorps State/Indian Tribes/Territories has decided not to fund the AmeriCorps program next year. The Minnesota Commission on State and National Community Service and the Corporation for National Service have agreed to fund the program provided that additional funding be acquired for the administration of the program. The AmeriCorps Program is requesting the Council commit \$30,000.00 for administration purposes. In the meantime Curt will pursue other sources to cover these expenses. The Council asks Curt if we could provide administrative support by having our JTPA Coordinator coordinate

the program. The Council is told that is a possibility.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to provide administrative support for the AmeriCorps program. Carried 4-0-0.

Moved by David Morrison, Sr.; seconded by Doris Isham; to authorize \$200.00 from the Water Resource program for the purchase of materials for the AmeriCorps Program to build three docks. The AmeriCorps Program is also authorized to obtain lumber material, at no cost, from the Sawmill for the docks. Carried 4-0-0.

Discussion was held on the Bois Forte Gaming Rehabilitation Policy. This is a policy where employees in key compact positions who have a felony within the past five years would be licensed to permit them to work at tribal gaming operations if they can demonstrate rehabilitation from criminal conduct. The policy currently covers Bois Forte Band Members only. Donna Hoffer is to re-word the policy to include all employees at Fortune Bay and bring back to the next Council meeting for action. Donna is also to bring a list of the key compact positions.

Moved by Ramona Villebrun; seconded by Phyllis Boshey; that effective immediately, all Fortune Bay employees hired by Fortune Bay are to be ratified by the Council. Carried 4-0-0. Frank Annette is to inform Rick Anderson that all applicants who are hired are considered temporary employees until the full background check is complete and until they are ratified by the Council.

Jackie Villebrun is working on prioritizing leases. She presents information on the lots at Vermilion to the Council. She asks the Council to review this and give her suggestions on how to prioritize the lots. Phyllis Boshey asks Jackie if water and sanitation fees are included in the lease payments. Jackie states "No, there is nothing that says who is going to collect the Water and Sanitation fees". She is waiting for someone to inform her on how to handle that.

Moved by Doris Isham; seconded by Ramona Villebrun; to adopt resolution #9-97, lease renewal - Skelton. Carried 4-0-0. Jackie Villebrun is to check on the costs, time, etc., on what she would have to do to become an appraiser.

Moved by Ramona Villebrun; seconded by Doris Isham; to adopt resolution #10-97, lease renewal - Hermann. Carried 4-0-0.

Jackie Villebrun informs the Council a person who had a lease was up for renewal but will not be renewing because they sold their cabin. The person who bought the cabin is requesting a lease. Council feels when a person is selling property on land owned by the Band then Band members should have first option to buy the cabin. Jackie Villebrun states that when a person terminates/gives up a lease, then that person would have sixty days to remove personal property. Frank is to meet with Mark to change/add the lease language so Band members would have first option to purchase the property.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to table resolution #11-97, new lease -Lerfald. The Council needs more information and time to review this. Moved by Doris Isham; seconded by David Morrison, Sr.; to adopt resolution #12-97, lease -Marybelle White. Carried 4-0-0.

Moved by Doris Isham; seconded by Ramona Villebrun; to approve the con-

tinuation of building a new access road for drilling a new well next to well #4. Carried 4-0-0.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to rescind the Bois Forte Rehabilitation Policy. Carried 4-0-0. Donna Hoffer presents a list of employees currently working at Fortune Bay who have criminal history's. Council will review the list and determine which ones are to be granted a license and which ones are to be denied a license.

The policy for all employees at Fortune Bay Casino and Hotel/Resort (both compact and noncompact) is that all employees previously convicted of a felony within 5 years of starting employment disqualifies them from working. For non-compact employees the effective date for this policy is today, August 15, 1996.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to adjourn meeting at 5:05 P.M. Carried 4-0-0.

Moved by Doris Isham; seconded by David Morrison, Sr.; to approve the changes in the policy 50% of arrears, the current month's bill, and a \$50.00 reconnection fee. Carried 4-0-0.

Discussion was held on hiring a lobbyist. Clint and Frank will solicit two lobbyists (one Federal and one State) and bring the recommendations to the next meeting.

The request from Mr. Clark to purchase the trailer house in Vermilion is tabled.

Discussion was held on possibly hiring a different tribal attorney. Clint received a letter from a person who would be interested in serving as the tribal attorney. It was decided that the Council will meet with Mark Anderson first to discuss his continuing working. The date to meet is tentatively scheduled for August 6.

Moved by Doris Isham; seconded by Ramona Villebrun; to adjourn the meeting at 6:10 P.M. Carried 4-0-0.

Minutes of a special meeting of the Bois Forte Reservation Tribal Council held August 15, 1996, council chambers, Nett Lake, Minnesota.

Meeting called to order at 10:32 A.M.

Members Present: Clint Landgren; David C. Morrison, Sr.; Doris Isham; Ramona Villebrun; Phyllis Boshey

Members Absent: None

Others: Frank Annette; Mark Anderson; Vicki Holmes; Andy Datko; Jackie Villebrun; Dave Danz; Margaret King-Tantuu; Lafayette Connor; Frank Connor; Sherry Erickson; Mavis Drift; Rita Vidak; Gary Adams; Gordon Warrick; Tom O'Leary; Mike Villebrun; Donna Hoffer; Doug Cook; Darin Steen; Dave Schultz; Arlene Morrison

Moved by Doris Isham; seconded by Phyllis Boshey; to approve minutes of a special meeting held July 25, 1996, Nett Lake, Minnesota. Carried 4-0-0.

Sharon Luukkonen is unable to attend today's meeting. Margaret King-Tantuu is present in her place to give a presentation on the NiiJii Center. The NiiJii Center is located in Virginia MN and primarily serves the Bois Forte members who live in/near Virginia.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to approve the cost of hiring a contractor in Virginia to dig out the foundation of the NiiJii Center based on the lowest bid submitted. Carried 4-0-0.

Moved by Doris Isham; seconded by Phyllis Boshey; to write a letter of support for the NiiJii Center, under the Chairman's

(Continued on Page 9)

(Continued from Page 8)

signature, for their use in grant applications. Carried 4-0-0. Sherry Erickson will draft the letter.

Moved by Doris Isham; seconded by Phyllis Boshey; to adopt resolution #15-97, grant application to the Minnesota Housing Finance Agency for gap financing assistance for a 24-unit rental housing project on Band-owned lands near Tower, Minnesota. Carried 4-0-0.

Andy Datko gives an update on the land exchange with the Minnesota Department of Natural Resources. We are purchasing the Jasper Peake property which will be used in the land exchange. A title search has to be done on the this property before the balance will be paid. The source of the funds to pay for this property has not been decided yet but will probably come from the 1854 funds. An appraisal needs to be done on the land owned by the State before we trade. This will be done in a couple weeks. The State will reimburse us one-half the cost of the appraisal for this.

Dave Danz asks for direction on the naming/dedication of the Nett Lake park area which consists of the ballfield, pow-wow grounds and the community center. A requirement of the grants used to build these was to put up a sign recognizing the funding sources. Council directs Dave Danz to have a naming contest. Doris Isham and David Morrison, Sr. volunteer to help Dave Danz organize the dedication ceremony.

Moved by Doris Isham; seconded by Ramona Villebrun; to authorize an extension of last year's agreement with Indian Time to July 1, 1997 and to continue to pursue the marketing of wild rice in Europe. Carried 4-0-0.

When the pickers are paid this year, both names are to be recorded so that when the rice is sold, both those persons will receive a fair share of the profits.

Recess at 12:00 P.M.
Meeting reconvenes at 1:55 P.M.

The amount of money allocated for buying rice last year was not used up. It was decided to use that same amount this year. If more money is needed, the Council would meet and authorize more money. When last year's rice is sold, the profits will be distributed among the pickers from last year. Since only one name was recorded, it will be up to the person whose name was recorded to be responsible for giving the money to his/her partner. Dave Danz and Toin O'Leary are to meet and discuss the agreement, the insurance, trucking and packaging.

The request for funding from the 1854

monies for next year's Summer Youth Employment Program is tabled. This will be discussed at the budget meeting.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to adopt resolution #16-97, commitment to continued administration of the AmeriCorps Program on the Bois Forte Reservation. Carried 4-0-0. Moved by David Morrison, Sr.; seconded by Ramona Villebrun; to adopt resolution #17-97, curfew - to set the age at sixteen (16) and the time at 11:00 P.M., effective September 1, 1996. Carried 4-0-0.

Discussion of the issue of the problem of collecting fines is put on hold so Ken Badboy can do further work on this issue and so the Council can review this later. Discussion was held on the Memorandum of Understanding where the Tribal Court, police officer, or human services would inform the school of drinking by individuals who are on sports teams. This would be when the individual is convicted. Moved by Doris Isham; seconded by David Morrison, Sr.; to approve signing the Memorandum of Understanding, providing information released by the Tribal Court be in accordance with the Data Privacy Act. Carried 4-0-0.

Moved by Phyllis Boshey; seconded by David Morrison, Sr.; to adopt resolution #18-97, appointing Frank Connor as representative to the Mental Health Advisory Board. Carried 4-0-0.

Moved by Ramona Villebrun; seconded by Phyllis Boshey; to adopt resolution #19-97, new lease - Laura Strong. Carried 4-0-0.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to table resolution #20-97, lease modification for Floyd J. Blaeser and Dorothy E. Blaeser, until soil testing is completed. Carried 4-0-0.

Moved by Doris Isham; seconded by David Morrison, Sr.; to adopt resolution #21-97, lease modification - Carol Badboy, deleting her name and adding Frank Connor. Carried 4-0-0.

Jackie Villebrun distributes a draft policy for selling or transferring personal property on lease land.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to adopt resolution #14-97, new lease - Thomas Pirkola. Carried 4-0-0.

Moved by Phyllis Boshey; seconded by Doris Isham; to adopt the policy and procedures of selling or transferring personal property on leased land. Carried 4-0-0.

The request from Health Services for the Council to set a date for negotiations with IHS for the FY 97 Contract with Indian Health Service is tabled. Jeneal Goggeye is to provide the Council with a copy of the budget for their review, then a date will be set.

Moved by Ramona Villebrun; seconded by Phyllis Boshey; to approve a \$2,500.00 loan to Mike Villebrun to purchase a loader. Carried 4-0-0.

Frank Annette informs the Council the division directors reports are in the packets for their review. If the Council wants, at the next meeting, Frank will have the Division Directors present for any questions.

Moved by Ramona Villebrun; seconded by Doris Isham; to approve out of state

travel for Connie Harju, Clinic Administrative Assistant, to attend the Native American Lifesavers Conference on August 12- 15, 1996 in Denver, Colorado. Carried 4-0-0.

The Council want brief, written reports from staff who attend out of state meetings/trainings.

Moved by Doris Isham; seconded by Phyllis Boshey; to approve out of state travel for Linda Tibbetts-Barto, TERO/JTPA Coordinator, to attend the 1996 EEOC/TERO Training Conference on September 24-26, 1996 in Scottsdale, Arizona. Carried 4-0-0.

Moved by David Morrison, Sr.; seconded by Doris Isham; to adopt resolution #22-97, funding request to the Bureau of Justice Assistance, Public Law 100-690 for funding for a Community Crime Prevention Program. Carried 4-0-0.

Moved by David Morrison, Sr.; seconded by Doris Isham; to adopt resolution #23-97, funding request to the 1996 MN Omnibus Crime Act: Minn. Stat. 299A 32-35: U.S. Bureau of Justice Assistance, P.L. 100-690 for funding for a Community Crime Prevention Program.

Moved by Ramona Villebrun; seconded by David Morrison, Sr.; to approve \$2,750.00 from the operation and maintenance budget for reroofing the main building of the Vermilion Social Center. Carried 4-0-0.

Frank Annette is to schedule a day for the division directors and the Council to meet informally to discuss the division directors' reports.

Donna Hoffer has questions on the background checks. Should she wait until executive session or discuss with the Chairman. The Chairman calls for a break at 2:50 P.M. so Donna can brief him on this issue.

Meeting reconvenes at 3:17 P.M.

Moved by Doris Isham; seconded by Phyllis Boshey; to authorize Fortune Bay to purchase Phase C II slot equipment and install before the remodeling at Fortune Bay is done. Carried 4-0-0.

Dave Schultz distributes a priority list of projects for repair work to the waterlines. There are 8 projects on the list. Indian Health Service has enough funds to do the first 5 projects listed but not the last 3. Indian Health is asking Bois Forte to fund projects 6 and 7. Indian Health will start October 1, 1996 on projects 1-5. No action taken on projects 6 - 8.

Dave Schultz asks about the fencing for the Nett Lake community sewage lagoon cell. Frank Annette informs him this was approved at a previous meeting for matching funds. Frank will follow up on this.

Moved by Doris Isham; seconded by Ramona Villebrun; to approve the continuation of building a new access road for drilling a new well next to well #4. Carried 4-0-0.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to rescind the Bois Forte Rehabilitation Policy. Carried 4-0-0. Donna Hoffer presents a list of employees currently working at Fortune Bay who have criminal history's. Council will review the list and determine which ones are to be granted a license and which ones are to be denied a license.

The policy for all employees at Fortune Bay Casino and Hotel/Resort (both compact and noncompact) is that all employees previously convicted of a felony within 5 years of starting employment disqualifies them from working. For non-compact employees the effective date for this policy is today, August 15, 1996.

Moved by Phyllis Boshey; seconded by Ramona Villebrun; to adjourn meeting at 5:05 P.M. Carried 4-0-0.

OBITUARIES

Elmer F. Gonier

Memorial services for Elmer F. "Indian Elmer" Gonier, 72, of North Bend, Oregon, will be announced and held sometime in August to give his family time to arrive.

He was born Nov. 3, 1923, at Tower Reservation in Minnesota and died July 21, 1996, at Coos Bay, OR.

Mr. Gonier served in World War II in both the European theater and the Pacific theater at Okinawa, and received a Purple Heart. He also served in Alaska.

He was a heavy equipment operator both in the Mesabi Range in Minnesota and for Weyerhaeuser Co., where he also drove pay haulers and log trucks.

He enjoyed the outdoors and was a guide for many years in the Quetico National Forest.

Mr. Gonier was a lifetime member of the Disabled American Veterans and the Coos Bay Eagles Lodge 538.

According to his family, he was quite a "rounder" and enjoyed life to its fullest, and will be missed by many.

Survivors include his best friend and companion, Margo A. of North Bend, daughters, Veronica Simone of Cloquet, MN, and Roxanne Graber of Proctor, MN; stepson, Louis L. Ross of Guam; grandsons, R.I., John John, Brad, Randy and Daren; granddaughters, Alya, Donyell and Tracey; sisters, Rose Dufault of Coos Bay, and Mary Rich of Hibbing, MN., and numerous great-grandchildren, nieces and nephews.

He was preceded in death by his parents; brothers, Charles and Joseph; and sister, Margaret.

Nelson's Bay Area Mortuary, Coos Bay, is in charge of arrangements.

TELEPHONE SURVEY

The Bois Forte Human Services Division has decided to put together this survey for the community members of Nett Lake to get their input on what hours the public would like to see the Human Services Division open. The staff has talked about having flexible hours to provide better services to the community.

Please call either Frances (Cisco) Isham or Jeanine Whiteman at 757-0111 with your time preference. Following are two questions for you to answer when you call.

If you feel the need to see someone before you begin work in the morning would you like to meet with a staff member before 8:00 a.m. and if so what time? 7:00 a.m. or 6:30 a.m.?

If you feel the need to see someone after you get off work in the evening what hours would you prefer to meet with them?

**Shop Locally . . .
it helps!!!**

**M.S.C. Foods
Nett Lake**

. . . A Family Helping Families

MLAKER FUNERAL HOME

COOK, MN 55723

* Pre-planning and pre-financing
* Cemetery markers and monuments

LOCALLY OWNED AND OPERATED BY WARREN MLAKER

AVAILABLE DAY OR NIGHT: 666-5298

Chemical Dependency...

by: **Katy Laitinen, C.D. Counselor**
 Basic C.D. Information

GOALS OF RECOVERY

1. Abstinence
2. To live a responsible and meaningful life without the use of alcohol/drugs.

LEARN NEW SKILLS

(i.e. work on your recovery, read materials on addiction/recovery, structure your day, improve your qualifications, make commitments, develop positive relationships, make plans and set goals-progress towards them.)

Addiction/Relapse/Recovery

Following treatment for Chemical Dependency

- Some sixty percent (60%) recover following simple programs/spiritual principles.

a. Alcoholics Anonymous/Traditional Values

b. Combination - AA/Professional Counseling

- Forty percent (40%) of all persons attempting recovery - recovery is elusive.

*Relapse prone - Among the most desperate clients.

a. Make their best effort.

b. Blames themselves.

c. Professionals blame them.

- Relapse prone suffer from addiction in its most severe form/Double edged disease.

a. Alcohol/Drug based symptoms.

b. Sobriety based on symptoms (lifestyle disrupted).

- The changes are so uncomfortable.

Choices: suicide, insanity, physical or emotional collapse, or drinking/using.

*Sanest choice = drinking.

a. If they perceive that there is no way out, the choice may be suicide.

b. Stigma: "Unmotivated" stigma must be removed/loss of control.

- One must remember alcoholism/drug addiction is a disease that has two cutting edges.

a. First, it attacks the person who is still drinking.

b. Second, it extends into sobriety/

sobriety based symptoms.

c. Sobriety based symptoms/post acute withdrawal symptoms.

- The recovering person will experience problems with these symptoms:

- 1) thinking
- 2) memory
- 3) emotions
- 4) sleep
- 5) physical coordination
- 6) stress

Today a new technology is emerging to help manage these symptoms and prevent relapse.

The poem is called "I Have Chosen Sobriety" written by Tom Yowell, M.Ed., NCADC from Oklahoma, here is the poem:

I HAVE CHOSEN SOBRIETY

*Now I choose to reclaim me.
 I choose to reclaim all the gifts my creator gave me.*

I gave them away while abusing myself with alcohol, drugs and inhalants.

These gifts he gave me are:

The right to feel as I feel

The right to make my own choices

The right to love myself

The right to know and use my own intuition and

The right to be me.

In his eyes I am unique

I am the only me he will ever create.

In reclaiming I will come to know and respect these gifts he gave me.

I will learn to become self-full.

I will learn to use with love, dignity and respect these gifts he gave me.

Because I do this, I will also learn to respect others in my world.

In becoming self-full I will become able and willing to

share my growth with all people.

I do this because it is his way.

His way will become my way.

It will be different

Sometimes it will be painful.

I am ready.....

That is all for this time....Mee-Gwetch!!!

I do not want people to be agreeable, as it saves me the trouble of liking them .

—Jane Austen

• Dr. Holm

Continued from Page 3

waterfowl (up at least 6% from last year's high) could also mean an excellent duck hunting season.

Now, let me address a rumor that Nett Lake will be shut down next year. I have neither promoted nor am I aware of any plans to close down Nett Lake to ricing next year. Anyone who hears such things and is concerned should feel free to call our offices and talk to us about them. From my perspective, it makes no sense to even consider closing down the entire lake. I do not believe that it would be possible for us, in one short season, to carry out useful work on the entire lake all at once. Further, if we tried to do so the Community would be deprived of any lake use which is, of course, unacceptable.

We will consider again flagging off smaller rice beds or patches for reseeding purposes, as we did in 1995 and 1996. We have seen good regeneration in rice areas that were reseeded in 1995, and Elders who I have spoken with agree that this is a sound, traditional way to regenerate rice; All Community members whom I asked for advice also agreed with and were very supportive of this measure. In addition, I hope to repeat this year's water level management process next year, and drop water VERY low in the spring. Nett Lake water, as in other rice lakes, is naturally very colored. As you know, rice needs the sunlight and heat to trigger its germination and photosynthesis processes in the spring, just like a ground - planted seed needs warm soil to germinate and light to grow once it breaks the ground surface. If the water is too high and very colored, less light gets through to the seed, and heat may not get to the sediment to warm the seed. By dropping the water very low, we can increase the light and heat penetration and help the seed get its start. I think this had a great effect on this year's rice production. I hope that this clarifies my thinking on the subject but realize that there are varied opinions on this issue. Please don't hesitate to find me to discuss it more if you wish.

We have ordered replacement gaskets for the dam, and we will replace the old gaskets in the spring. There are two reasons for waiting until spring to make these repairs: (1) water levels will be lowered at that time to make conditions right for rice germination, and (2) we will be keeping within our proposed management objectives carrying out a spring water release instead of a fall release. If we drop water during autumn to a level allowing us to work on the gaskets, we would create a freeze-out situation across much of the lake bottom. This would certainly effect the other living things in the lake (fish would die unless they could move into tributaries; perennial weed roots might be frozen and killed, thus promoting removal of competing weeds from the system).

The BIG question, however, is how rice seed would react to being frozen for 5-6 months. There is a fair amount of indecision here, as well as other places about what happens to rice seed once frozen. Although I am all for removing rooted aquatic weeds, I am not willing to jeopardize the rice in order to test this effect. I believe that it would be better to do what we now know works, which is to keep water high in the fall after ricing and drop in fast in the spring. Ice can then be broken up and scoured over the sediments as the lake flushes, which will move the sediment around, add air to the sediment for the seed, and remove rooted weeds. One of the projects that I anticipate for our new water technicians over winter will be to

determine just how rice reacts once it is frozen for long time periods. If anyone has additional information on this issue or wants to discuss it further, please give us a call or stop in to our office and talk with us at your convenience.

While we're on the subject of system restoration, let me inform you that we are in the running for some federal funding to help us repair the streambank erosion occurring in the Nett River downstream from the dam. If we are approved, a challenge grant issued by the U.S. Fish and Wildlife Service will allow us to: (1) replace the rip-rap in the downstream spillway, and (2) restore the eroded area of streambank just downstream from the spillway with rip-rap and ground cover plantings. I don't expect the funding level to be that big (\$5,000.00-\$10,000), but it should be adequate to let us get this problem under control. Also, we are proceeding with work plan development for the LCMR project that is scheduled to begin next summer. This will be a big undertaking, but if carried out thoroughly, will give us a wealth of information and a useful and natural method to help the lake and the rice.

More about rice. This summer, I have worked a fair amount on a ceded territory rice lake project. The project involves using historical records and physical surveys to identify location and current conditions of ceded territory wild rice lakes. A cooperative effort between Bois Forte, the 1854 Authority and the Fond du Lac Natural Resources Department has resulted in surveys of 30 wild rice lakes in the region. Since there are well over 100 possible wild rice basins in the area, however, we still have a bit more work ahead. Once the data is all compiled, we can pass this information on to Band members. This information will also be important for future management programs. If, for example, we find basins that have adequate sediment types and other growth conditions but lack rice due to improper water levels, we may be able to work cooperatively with other Bands or the state to place proper water level controls and restore rice. Not coincidentally, we are pursuing this project at a time when the state seems to be deregulating wild rice management.

On September 20, Ray V. and I met with rice officials from Fond du Lac, Mille Lacs, White Earth, Red Lake and Grand Portage to discuss potential management plans for the Bands. The overall opinion of all Band officials present was that wild rice is an irreplaceable natural and cultural resource of the region. We also think that our actions on this issue will receive positive attention from the state, and may help to open doors for discussion of future management responsibilities.

Finally, I would again mention that development of Bois Forte's "Integrated Resources Management Plan" is well underway. We are developing it in conjunction with the Planning Departments' "Land-Use Plan". The plans are separate, but they need to be developed together in order to create sound, usable tools for future economic, social and natural resource management and development. We have had several open meetings regarding the plan, and will be having another in November. As before, notices will be placed around the community, and we encourage interested Band Members to attend and provide advice.

Until next time, enjoy your autumn and be careful on the Lake during duck hunting season!

Pelican Bay



(formerly Paul's IGA of Orr)

• Expanded Grocery Store with:

✓ Complete Fresh Meat Dept.

✓ Large Fresh Produce Section

• Bakery and Deli

Pelican Bay IGA is three times larger than the old Paul's IGA. You will find a well-stocked, fresh produce department, an extensive array of fresh meats for your selection, as well as row upon row of groceries and household items of your choice. A full-service in-store bakery and deli round out your shopping trip to Pelican Bay IGA where you can relax and enjoy some of our deli specialties while seated in a booth in the cheery coffee shop right in the store!

3rd & 4th Grade news...



Katie Long, 3rd & 4th Grades

Hello from the third/fourth grades. The 3rd/4th grade are a wonderful group of eager learners. Their enthusiasm, manners and quest to learn is awesome. I feel very privileged to be their teacher. The 3rd/4th grade consists of:

Gordy Adams, Angelique Brown, Daanis Chosa, Billie Drift, Peter Drift, Tracey Geshick, Jacque Love, Conrad Roy, Nathan Smith, Aaron Villebrun, David Villebrun, Mark Connor, Nicholas Smith, George Strong and Jon Strong.

We also have one toad, one chameleon and fish.

Remember, parents are always welcome to visit. Come see what we are doing.

Gordy Adams = "What I like about school. I like to go to the mezzine. I love to read. I like to play in gym."

Angelique Brown = "How was your summer. I was feeding my fish. They are in Janeville. I made two new friends. But they left me out."

Daanis Chosa = "What you like about school. You learn a lot like math. The teachers are very nice. You get to read a lot. You get free food."

Billie Drift = "Journal: What you like about school. I like the mezzine to read in. I like the whole classroom. I like the lunch room."

Peter Drift = "What you like about school. The school is very big. We have very nice computers. We go on long field

trips." Tracey Geshick = "Journal: What I like about school. We like to go up in the mezzine. It looks different and new. People are taking care of our new school. I like our new school."

Jacque = "Journal: What you like about school. I like our schools pets in our school. I like our mezzine in our school. I like our classroom in our school."

Conrad Roy = "What you like about school? It is very big. It is very nice. It has a headstart hooked up to it."

Nathan Smith = "Journal: What you like about school? 1. School is fun. 2. The school has a mezzine. 3. I like the school. 4. The school is big."

Aaron Villebrun = "Journal: Tell about your summer. I went to black Bear Casino. I went to visit my Grandma. We had a nice summer."

Mark = "Journal: What i like about school. I like school because it's nice. I like it because it's big. I like it because it has lots of people and lots of rooms."

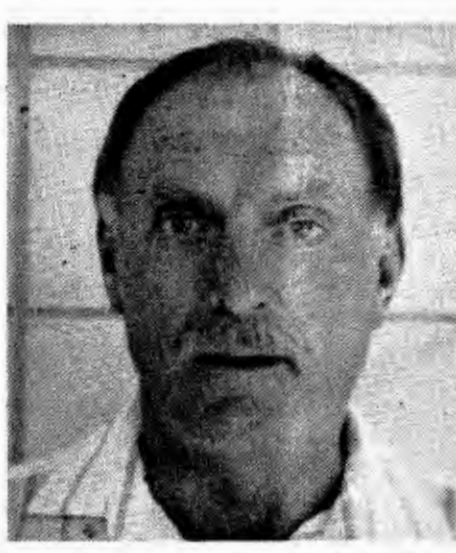
Nicholas = "Journal: What I like about school. I like the mezzine because it's up high. I like the computers because they have games. I like the school a lot because it is fun."

George = "Journal: Summer vacation. 1. My vacation was so fun. 2. I went to Valley Fair. 3. I went to the zoo for a day. 4. I went to Camp Snoopy in the Mall of America."

.....
 ● NEED A JACKET?
 ● We still have five (5) Bois
 ● Forte jackets
 ● Size small. Special price -
 ● \$63.72
 ● See Vicki Holmes at the
 ● R.T.C. building.
 ●

 By the time we've made it,
 we've had it.
 —Malcolm Forbes

Title I



Bruce Roberts, Title I

NATIONAL EDUCATION GOALS GOAL: SCHOOL READINESS

By the year 2000, all children in America will start school ready to learn.

The objectives for this goal are that...

1. All children will have access to high-quality and developmentally appropriate preschool programs that help prepare children for school;
2. Every parent in the United States will be a child's first teacher and devote time each day to helping such parent's preschool child learn, and parents will have access to the training and support parents need; and
3. Children will receive the nutrition, physical activity experiences, and health care needed to arrive at school with healthy minds and bodies, and to maintain the mental alertness necessary to be prepared to learn, and the number of low-birthweight babies will be significantly reduced through enhanced prenatal health systems.

KE ZHA WUS O news....



J. Kay Davis, Director, KE ZHA WUS SO

We finally have an official opening date! KE ZHA WUS SO will open on October 21, 1996. The center is accepting admission applications for infants and toddlers as well as preschool children and after school children. The center will house the Head Start program for the Vermilion Reservation, and will offer a high quality child care program for the employees of Fortune Bay as well as the general community. The curriculum will use not only good early childhood educational principles, but will include Ojibwe culture and words, and then include celebrations of other cultures as well. The celebrations are those in which children are a part, and will include Diwali from East India, Kwanzaa, a celebration of people from Africa, parts of Hanukkah, and so much more. We will concentrate on the things that children have in common. In this way, perhaps some of the differences will seem less threatening to the children, and perhaps even some of the parents. The United States is a collection of people from all over, and at some time in the lives of our children, they will experience other ethnicities. This

Primary election returns TUESDAY, SEPT. 10 DEMOCRATIC-FARMER-LABOR PARTY

United States Senator

"Dick" Franson	0
Ed Hansen	0
Ole Savior	0
Paul Wellstone	14

United States Representative Dist.

James Oberstar	14
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State Senator District 6

Douglas J. "Doug" Johnson	14
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State Representative District 6A

Thomas (Tom) Bakk	13
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INDEPENDENT REPUBLICAN PARTY

United States Senator

Rudy Boschwitz	0
Bert McKasy	0
Monti Moreno	0
Stephen Young	2
John J. Zeleniak	0

United States Representative Dist.

Andy Larson	1
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State Senator District 6

Jerry Shuster	1
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State Representative District 6A

Dawn Marks	1
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REFORM PARTY

No ballots cast for these candidates

 Through the picture, I see reality. Through the word I understand it.
 —Sven Lidman

curriculum will only enhance their abilities to deal with that eventuality.

The building that sits on Lake Vermilion is looking so lovely. It is ironic that such a lovely building on the site of the original Vermilion Boarding School that took the children of our bands, tried to educate them to become assimilated and in the process, began to take away the culture of our people, is now the site that will not only begin to replace the culture, but also be all-inclusive of other cultures. The staff of KE ZHA WUS SO will try hard to include stories of the Ojibwe culture, but we will be very careful to check with our Elders to make certain we are truly being faithful to our heritage in our actions.

The KE ZHA WUS SO staff will also be open to suggestions, and most of all, hoping once we are open, that you will come and observe how we are doing things. We want the children who will take us into the 21st century to have all of the tools to be successful leaders of our Bois Forte Band of Chippewa, as well as leaders in whatever endeavor they attempt. They are our future.

 There is nothing wrong with America that cannot be cured by what is right with America.
 —Bill Clinton

ELDERLY FUNDRAISER

Every Thursday at 6 p.m.

Smear at ENP Kitchen

BUSINESS DEVELOPMENT WORKSHOP

CO-SPONSORED BY:

BOIS FORTE RESERVATION TRIBAL COUNCIL
 MINNESOTA INDIAN ECONOMIC DEVELOPMENT FUND
 MN NATIVE AMERICAN BUSINESS DEVELOPMENT CENTER

A one day workshop offered to persons interested into going into, or expanding a business.

Presenter: Dick Braun: Small Business Development Center, UMD

Workshop Program:

1. Entrepreneurship- What is It?
2. The Self-Employment Decision
3. Selecting the Correct Business
4. Checking the Market Opportunity
5. Writing the Business Plan
6. Acquiring the Capital
7. Opening the Business

Also present during the workshop to describe free technical assistance services will be staff from the MINNESOTA NATIVE AMERICAN BUSINESS DEVELOPMENT CENTER, AND Present to describe financing opportunities for new and expanding businesses: Bill Connelly, Director of the MINNESOTA INDIAN ECONOMIC DEVELOPMENT FUND

WHERE: Nett Lake Community Center; Nett Lake, MN
 WHEN: Tuesday, October 8, 1996
 10:00 a.m. - 3:00 p.m.
lunch will be provided free to all guests

QUARTERLY REPORTS

HEALTH DIVISION

Dental Clinic

by: **Brent Sunday, Tribal Dentist**

I. Accomplishments:

A. Purchased a panoramic x-ray and processor.

B. Submitted 2 Dental Grants, Baby Bottle Tooth Decay and Dental Sealants.

C. Set-up Dental Clinic in Tower-Vermilion, expanding services to Tower patients and Virginia area.

D. Expanded Dental Hygiene services to all Bois Forte people.

E. Provided approximately twelve days of dental education at Nett Lake School.

II. Goals:

A. To expand both Dental Clinics, Nett Lake and Tower, which will provide more services

Problems:

A. None at this time.

Administration

by: **Jeneal Goggeye, Health Director**

I. Accomplishments:

Established 111 Party Accounts into Enterprise Accounts which exempts us from IDC which allows us to provide more services to our people.

We had some building renovations done during this fiscal year to include to following: New carpet installed, interior painting and our air conditioning is almost completely installed.

We had one of our CHR's, Cecile Warren, complete CHR Training that was held in Nashville, Tennessee. This was a three week training. Currently, we now have two trained CHR's in this unit with one more to go.

Through the Community Injury Prevention program, we purchased Carbon Monoxide Detectors which were installed in all the elders homes here in Nett Lake and in Tower. We also purchased infant and toddler car seats for our Car Seat Program for community members who wish to sign one out to use. We also purchased bike helmets for children to use while riding bikes and a chimney cleaning kit for community members to check out for use, this chimney kit requires a \$10.00 deposit when a resident checks this kit out and when the kit is returned the deposit is given back to whomever checked it out.

I feel that one of our biggest accomplishments is that this division is one of the most accountable programs on this reservation.

II. Goals:

I would like to set-up a Health Board which would include community members from Nett Lake and Vermilion. We have the manuals here to help guide us through the training/set-up stage for this board. I feel that one of the requirements be that the electees have some health related background.

III. Problems:

Some of the problems I have had during this last contract year have been as follows:

A. In the past years, I have had little input from the Tribal Council as to what specific health areas that I should be concentrating on. It would be helpful to me, if in the future this could be arranged, so that I could better plan for the contract period.

B. Now that the Third Party Accounts are being handled at RTC Accounting, I have not been provided with monthly bank reconciliations. I need to be sending this financial information to Indian Health Services on a quarterly basis to report income received, what was spent and balances of these accounts. This has been a problem since these accounts have been handled through RTC accounting.

C. In my job-description, it requires me to serve on the Bois Forte Utility Board. To date, there has been minimum meetings due to the lack of member participation to make a quorum. We need to have a Utility Board Meeting and spend a whole day meeting to get

issues resolved and get this board better organized, the Reservation Tribal Council and the Leasing Program also need to be involved.

D. I also feel there has been a lack of communication between divisions in regard to Health Services personnel changes that occurred without me, as Health Director, being consulted or informed until after the changes has taken place. I feel that any changes in personnel that have a direct impact on my staff should be done with the Health Director directly involved.

Contract Health

by: **Cathy Chavers, CHS Administrator**

The Bois Forte Contract Health Program has been running quite smoothly. There has been a large number of new eligible participants either through new Fortune Bay Employees or by word of mouth through various individuals. The funding aspect so far for this year has been adequate. In the near future there will be recommendations for services that are being provided off reservation to be done strictly under the Bois Forte Medical and Dental Clinics due to increased participants, limited funding.

There was a new eligibility guideline passed by the Bois Forte Tribal Council this past spring under the social and/or economic clause to deal with the disabled and handicapped individuals who are non-Bois Forte band members.

The Bois Forte CHS program has to develop and have RTC approval of a new CHS appeal procedure regarding CHS denials as the old policy is no longer in place due to the tribe being Title I.

There are still some instances where individuals do not understand the CHS program. Through a series of articles, published in the Bois Forte NEWS, I hope to educate all people in the areas of CHS, etc.

Mental Health

by: **Henry Beauduy, Behavioral Health Coordinator**

(Since I have been on annual leave I have not been able to review the last 10 months reports regarding accomplishments.) A major change for mental health services has been the welcome elimination of supervisory responsibility for Human Services staff in January. This has allowed for more direct counseling, therapy, and advocacy services to be provided to Bois Forte.

Mental Health goals have not been finalized but include:

1.) Increasing biofeedback services, for medical conditions such as treatment for migraines and high blood pressure (to be started in August), and mental health conditions such as anxiety (including post traumatic stress and panic disorders).

2.) Fully implementing computerized PCC's which will allow for easier billing for services provided, and also make it easier to generate reports of services provided, etc.

3.) Helping to develop new health programs and write grants to receive new funding. The first effort will focus on securing funding for a maternal child health program run by a public health nurse (a new position).

4.) Providing more medical social work services.

Ambulance

by: **Marcella Connor, Director**

Provide emergency transportation for residents that need medical (emergency) attention. 24 hours coverage to all residents of the reservation. (7 days a week). Maintenance of all equipment and the ambulance. Thermoscan, defibrillator, and other equipment and supplies have been purchased for the EMT's and ambulance use. American Heart Association Instructor for CPR has been taken and been

taught for the past year.

Goals for the ambulance service are to recruit EMT's for the Ambulance Service. This is one of the things that is most time consuming.

Problem areas are to get the present EMT's to attend meetings; due to the employment and some of the EMT's are/will be students that are attending school and cannot attend due to scheduling of classes/meetings. This will always be a problem unless the EMT's are employed for the sole purpose of taking all emergency calls.

St. Louis County Vouchers and Arrowhead Trip Reports are sent in monthly and must be in their offices by the 6th. All check requests are made for payments for items that have been purchased during the period prior to accounts payable week. Monthly narratives are made to Jeneal Goggeye, Director of Bois Forte Health Services.

Medical Clinic

by: **Ray Hawk, Clinical Director**

I. Accomplishments Last Contract Year:

A. Upgrade of computer main frame.

B. Expanded computer program to cover all services, all providers, all disciplines.

C. Negotiated prime vendor contract for both medical, dental, supplies, pharmaceutical items.

October birthdays...

01 - *Karen M Connor, *Kay M Connor, Geraldine E Deegan, Shawna M Geshick, Timothy W Kletschka, Charles W Myhre, Thomas A O'Leary, Conrad N Setterquist, Gaynard E Strong

02 - Mary L Chee, Bernice V Chosa, Allan F Connor, Michael J Konczak, Adam J Sadewasser, Juanita M Sheppard, Roger A Toutloff

03 - Larissa P Fineday, Craig A Goodsky, Michael J Isham, Jamie A Kletschka, Laverne V Klug, Maria N Konczak, Ronald Whiteman

04 - Curtis L Boshey, Susan L Lightfeather, Edwin B Porter

05 - Josephine P Chavers, Gerald W Chicag Jr, Tracie H Chosa, Rocky L King, Jessica F Maynard, William D Mohler

06 - Viola B Connor, Gerald L Drouillard, Karen M Jerome, Melvin Knott, Carrie A Sam

07 - Frances E Drift, Jeffrey L Leecy, William R Povsha Jr, Donovan E Strong, Matthew R Whiteman

08 - Lisa M Coonts, James L Glassman, Sarah A Kochie, Kristen L Strong

09 - Alison F Drift, Denise M Lehti
10 - Diane R Chosa, Cheryl Gresczyk, Wendell L Hoagland, William M Isham, Sandra M Lightfeather

11 - Mary M Dagen, Heidi A Drobnick, Alyssa A Geshick, Loretta Knutson, Sandra D Koch, Tylene M Laitinen, Darla R Lien, Kenneth D Lien Jr, Joseph Morrison, Leslie A Samm, Kathleen M Scribner, Andrew J Toutloff, Melissa M Wright

12 - Donna M Hirthe, Nancy J Madison, Garrett R Morrison, Ganett R Morrison, Ellen Sam, Michael W Sam, Ioraine Sieben

13 - Jeffrey J Boshey Sr, Stella K Benjamin, Rita Vidal

14 - Derek A Lowry, Terrie L Morrison, David M Villebrun, Lynn G Weiss

15 - Gordon Adams Jr, Kathleen J Amitrano, Brian E Moyer, Timothy J McGuire, Lynette J Villebrun, Lawrence J Voss

16 - William Day, Jericho A Harding

17 - Dakotah S Budreau, Timothy W Columbus, Wilbur E Geshick, Richard A

D. Contracted with physicians from Duluth Clinic at the Falls for clinic and P.A. coverage.

E. Upgraded lab equipment and negotiated contract for 4 years maintenance at discount.

F. Increased pharmaceutical line item.

G. Did grant to receive colposcope and currently doing colposcopies which has turned up several cancers in the community.

H. Interviewed, and have a prospect as Family Nurse Practitioner for the medical staff.

I. Continued to be the main medical provider plus be Clinical Director.

II. Goals:

A. Improve Diabetic Compliance through use of Internal Medicine Doctor here.

B. To recruit, retain another full-time provider, preferentially a female to improve our women's health delivery.

C. Contract with the private insurance companies that the state will designate as the MA providers.

D. Decrease dependence on Contract Health Service dollars.

E. Raise immunization rate above that of the general public, and that of the IHS standard of 90%.

F. Work on Wellness committee of sorts that will be able to help make a program that the whole community will benefit from.

Gresczyk, Rodger D Harper, Daniel Mesabay, Valene M Miller, Leah M Miller, Donald L O'Leary

18 - Louise E Isham, Wenona A Littlewolf, LaLona M Rabbitt, David K Ranum, Lyle F Skalsky

19 - None listed

20 - Maureen M Baez, Lamont W Decorah, Ernest D Drift Jr, Candice R Rich

21 - Patricia J Fairbanks, Charles A Geshick, Michele L Rettke

22 - Charles D Rolando, Gregory L Strong

23 - Rodney L Barto, Carol A Cameron, Derek R Dagen, Jennifer L Drift, Chester E Graue, Grace E Isham, Michael E Mihelich

24 - Richard D Apling Jr, Arthur W Dupree, Vincette D Maurus, Anya L Pete Jesse J Strong

25 - Vanessa A Adams, Richard J Anderson, Frank E Connor, James H Day, Tiffany A Defoe, Clarence Geshick, Laura Harding, Michael A House, Dayna J Lee, Valareya D Leecy, Susan E Przybylski, Melissa J Randall, Antoine Sucker Jr

26 - Bruno J Anderson, Elizabeth A Fletcher, Sharon F Ginter, Danelle D Porter, Lori J Shoen, Tena C Ulibarri

27 - Sheri L Connor, Shelby J Geyer, Daniel W Kalstabakken, Richardo Kletschka, Ryne E Villebrun

28 - Rebecca A Halvorson, Pauline Manville

29 - Gladys M Chosa, Janet L Sadkins, Milo D Villebrun III

30 - Carolyn A Wakemup, Garret A Whiteman

31 - John T Butler, Craig L Chosa III, Lawrence A Connor Jr, Neil F King, Nicole R Lybarger

* Twins, evidently.

Most popular day to be born? The 25th, with 13.

Least popular? The 19th. No birthdays this month for that day.

I don't even butter my bread. I consider it cooking.

—Katherine Cebrian