



Bois Forte News

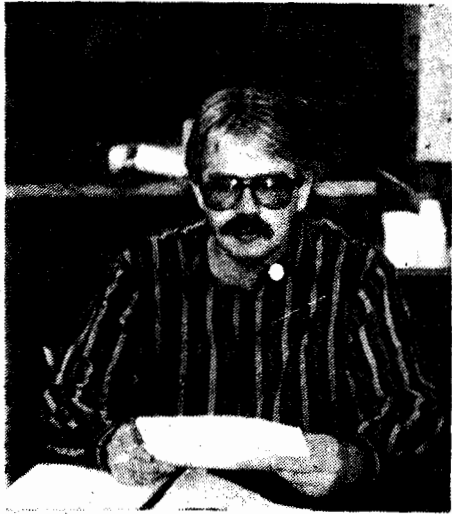
VOL. 10, NO. 8

NETT LAKE, MINN., APRIL 1996 EDITION

757-3261

News from the PLANNERS.

Doris with R.T.C. news..



David Danz, Reservation Planner

In the past week Frank Annette, Andy D. and I met with folks from the BIA regarding the possible contracting of the upcoming road construction projects slated for Bois Forte. This means we are examining the benefits and liabilities of the Band in effect being the general contractor. On the surface, the benefit is complete control of the project and greater impact on hiring, the liability may be that if a poor job is done on the construction we have little recourse. We will be studying this from an economic standpoint also. We will likely have a recommendation for the Tribal Council ready in April.

A number of representatives from the Tribal Council and Housing Authority will be in Chicago in a couple of weeks. Tribes and Indian Housing Authorities have received the draft of a Congressional bill which would make possibly major changes in the way the U.S. Department of Housing and Urban Development does business. HUD has been talking about this for some time now and they refer to this initiative as their Blueprint. Cindy Glasel, Housing Director, and I will be examining the proposed changes and briefing the Tribal Council and Housing Board on possible impacts to Bois Forte.

HUD has quite a few programs that this community has benefitted from through the Tribal Council and the Housing Authority. These include the CDBG program (new community centers in Nett Lake and Lake Vermilion and scragg mill at the Sawmill), HOME program (four low

interest loans for new housing construction), all the home renovations and the demolition/new construction program being implemented this year. So, we want to get a feel for the possible effects of the proposed changes. I'll keep you informed on this issue.

I just received the official grant award from the Administration for Native Americans for the Nett Lake land use plan project. This is a two year grant that will result in a detailed land use planning document for the Nett Lake sector. Readers will remember that my colleague, Andy D. has been working on such a plan for the Lake Vermilion sector.

This document is more than a dust collector as it provides critical information for the RTC and their staff to consider when new development is contemplated for the Reservation. It will assist the Band in ensuring such issues that new housing does not conflict with new commercial development or vice versa; that specific areas are preserved for natural resources management; that culturally sensitive areas are not disturbed, and so on. As a result of implementing this project over the next two years, the Bois Forte Planning Office will have state of the art mapping capability and current data on an array of issues from roads to soils to wells to wetlands.

Also as a result of the ANA award, combined with the new Indirect Cost agreement just received, the Band now has funding to add another full time professional Planner's position to the staff. This week I will be writing a job description for this position. The new Planner will conduct many of the tasks associated with completing the Nett Lake land use plan and will also provide grant writing and other assistance to the other administrative Divisions of the Tribal Council. This is good news for the Band as a competent Planner will pay for themselves many times over in new revenue and projects. So, in the past five years the Planning Department has gone from a one man show, to a mighty tag team, to a terrific trio. Oh, wah!

(Continued on Page 3)



Doris Isham, RTC Representative

At the meeting held March 14, 1996, the Tribal Council approved funding of the proposal submitted by E. Curt Goodsky for the Summer Youth Employment Program.

This will be the third year in existence and has been evaluated as a positive program overall by project participants.

The goal of this program is to give our youth, ages 14-18 years old, the opportunity to gain work experience while developing ethics, cooperation, leadership skills and job responsibilities. The project is structured to be educational at the same time, in hopes of sparking an interest in a career of their choosing. Surrounding colleges and vo-techs have been very cooperative in working with the Summer Youth Program by participating in career fairs or providing in-service training sessions.

Prior to establishing a Summer Youth Program, our youth were unable to find summer employment due to non-existent jobs or lack of transportation to job sites located off the reservation. The few job opportunities available off the reservation were usually filled or held for local youth workers.

I believe this program is vital to our youth in preparation of becoming self-sufficient, which is necessary in preparation of the pending Welfare Reform by Congress.

Other action taken at this meeting was to allow the Health Services Department to

use the interest earned from their annual budget to provide health related services that are currently not provided under the current contract with Indian Health Services, i.e., Chiropractor, traditional healers, mental health counseling for those clients that need to be seen at facilities other than the reservation's Mental Health Department. The executive board and health director will be developing policies and procedures regarding this fund account, we'll keep you informed on this matter.

The Bois Forte Elder's Committee recently selected Marybelle (Isham) White, to serve as their representative to the Minnesota Indian Council of Elders. According to the by-laws of that council, their purpose is to: 1. Improve the lifestyles of the elders economically, physically and spiritually. 2. To restore the elders to the traditional position of respected advisors and leaders. 3. To enable elders to have access to needed services.

The Tribal Council was requested and agreed to pay travel expenses for our Bois Forte representative to attend quarterly meetings.

Congratulations, Marybelle, and I know you will do a good job.

Tribal Council members; Gary, Dave, Jerome and myself, attended the last Elder's meeting and heard various concerns that the elderly had, from workable situations such as: The hardship of solid waste system. Many were unable to pay the dollar a bag fee and had problems with transportation to the transfer site. More serious and troubling was the loss of respect for the elders shown by our youth. This problem will need to be addressed over a period of time and will need to be addressed within every department and service provider on the reservation. This will help but the real stimulation will need to come from the home and instilled by parents.

This meeting was good communication, and hopefully, we as council members will be invited to more of their meetings.

Dave Morrison Sr., Secretary/Treasurer,

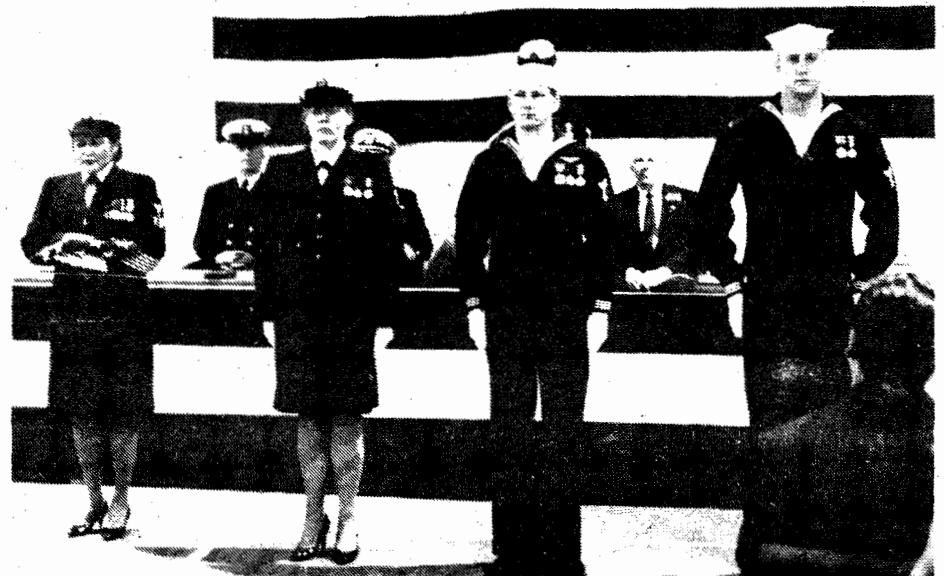
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PEGGY CONNOR RETIRES

After 22 years of service, Band Member Peggy Connor retired from the U.S. Naval Reserve. The ceremony was held at the Naval and Marine Corps Reserve Readiness Center in St. Paul. The Nett Lake Drum group, Gene Goodsky, Harold "Dayshun" Goodsky, Henry "Whiz" Goodsky, Leon Goodsky and Jerome Whiteman, performed the traditional ceremony. Gene gave the invocation and Whiz interpreted. Dancers were; Arianna Zapata, Harvey Goodsky, Earl Day, Dayshun, Janella Whiteman and Clara Whiteman.

Relatives and friends making the long journey to St. Paul for the ceremony included: Dorothy Glende, mother of Peggy, and sister Dorothea Kletschka, others included: Alma Lumbar, Corinne Whiteman, Jerome and Clara Whiteman, Cisco Isham, Kelly Rutar, Karen Connor, Olive Connor, Vi Villebrun, Mr. & Mrs. Danny Lumbar, Vern Boney, Harold Lightfeather, Lester Drift Sr., Eileen Barney, Ken and Carol Badboy, Wayne Connor, Marybelle White, Harvey and Tanya Goodsky, Jack Kingbird, Dorothy "Bosco" Mattson and Gilbert Smith.

Pictures and story continued inside:





School News

Head Start...



Judy Anderson, Head Start Director

No comments on the weather. Just to note, however, be patient with your children since they, too, have "cabin fever".

Thank you to Oxford Corporation for their donation towards Nett Lake Center's Head Start graduates. Thanks also, to the Nett Lake Police Department for their donation.

We also appreciate the support of everyone in the community for buying candy for Easter, sloppy joes, Tupperware, tickets, etc.

A "nag" from Denise: Get your medical and dental paperwork in. We only have two months to complete the files (which should have been completed by mid-October).

April 21-27th is the Week of the Young Child. We will have a booth at Thunderbird Mall on Sunday, the 21st and hope you'll stop by.

Also included is some information on

"The State of America's Children", the 1996 Yearbook, from the Children's Defense Fund.

Our nursing assistant, Margaret (Tine) Warren, will be on leave during April and May due to surgery. We all wish her well and a speedy recovery.

We will be having our yearly inspection of the clinic soon, we anticipate a good report. We are also busy with fund-raising for our elders spending money for the yearly trip in April. We appreciate all the volunteer help.

We are also installing carbon monoxide detectors in the homes of the elders and handicapped.

We are looking forward to the snow melting—soon? Also starting our Project Grow gardens (maybe in July???)

Among industrialized countries, the United States ranks:

1st in military technology.

1st in military exports.

1st in Gross Domestic Product.

1st in the number of millionaires and billionaires.

1st in health technology.

1st in defense expenditures.

7th in science achievement of 13-year-olds among 15 nations.

12th in mathematics achievement of 13-year-olds among 15 nations.

16th in living standards among our poorest one-fifth of children.

18th in the gap between rich and poor children.

18th in infant mortality.

Policy Agenda for Our Nation's Children

A Healthy Start.

To give every child a Health Start in life, we must:

(1) ensure that, at a minimum, every child and pregnant woman has **comprehensive health insurance coverage** from a private or public source; and

(2) strengthen the **delivery of health care** so essential to children and pregnant women (including prenatal care, immunizations, and other preventive services), particularly among disadvantaged populations and within traditionally underserved neighborhoods and communities.

A Head Start.

To give every child a Head Start in life, we must:

(1) expand dramatically **private and public efforts to support families** with young children and bolster the parenting skills of new parents;

(2) take comprehensive steps to **prevent teen pregnancy**, including providing girls and boys with positive life options, and

(3) ensure the availability of **high quality child care, Head Start, and other early childhood development programs** that promote the full development of children so they enter school ready to learn while

parents work to support their children.

A Fair Start.

To give every child a Fair Start in life, we must:

(1) build a stronger economic foundation for families through **job development and job creation efforts** in depressed areas as well as broader measures to ensure that jobs provide family-supporting wages and benefits; and

(2) ensure every child the **quality education** needed to become self-sufficient in the twenty-first century economy.

A Safe Start.

To give every child a Safe Start in life, we must ensure that children have **safe neighborhoods and safe schools, positive alternatives to the streets, and positive interaction with caring adults**. They also need **protection from the guns** that kill a child every two hours.

A Moral Start.

To give every child a Moral Start in life, we must have **private and public values** that model respect for self and others, fairness, and honesty in our neighborhoods, communities, workplaces, government, and at home. The 10 Commandments and the Sermon on the Mount are not one-day or one-place imperatives.

CHECKLIST FOR HELPING YOUR CHILD WITH HOMEWORK

1. **SHOW THAT YOU THINK EDUCATION AND HOMEWORK ARE IMPORTANT.**

- = Do you set a regular time every day for homework?
- = Does your child have the papers, books, pencils and other things needed to do assignments?
- = Does your child have a fairly quiet place to study, with lots of light?
- = Do you set a good example by reading and writing yourself?

2. **MONITOR ASSIGNMENTS.**

- = Do you know what your child's homework assignments are? How long they should take? How the teacher wants you to be involved?
- = Do you see that assignments are started and completed?
- = Do you read the teacher's comments on assignments that are returned?
- = Is TV viewing cutting into your child's homework time?

3. **PROVIDE GUIDANCE.**

- = Do you understand and respect your child's style of learning? Does your child work better alone or with someone else? Does your child learn best when he or she can see things, hear them or handle them?
- = Do you help your child to get organized? Does your child need a calendar or assignment book? A bag for books and a folder for papers?
- = Do you encourage your child to develop good study habits (e.g., scheduling enough time for big assignments; making up practice tests)?
- = Do you talk with your child about homework assignments? Does he or she understand them?

4. **TALK WITH SOMEONE AT SCHOOL WHEN PROBLEMS COME UP.**

- = Do you meet the teacher early in the year before any problems arise?
- = If a problem comes up, do you meet with the teacher?
- = Do you cooperate with the teacher and your child to work out a plan and a schedule to fix homework problems?
- = Do you follow up with the teacher and with your child to make sure the plan is working?

This checklist was extracted from *Helping Your Child with Homework*, a 40-page booklet published by the U.S. Department of Education. To learn about related resources or to find out how to order the booklet, request the *Consumer Information Catalog*, which lists nearly 200 federal publications. The catalog is free from the *Consumer Information Center*, Pueblo, CO 81009. Or if you have access to the Internet, you can obtain an electronic version of the pamphlet and related brochures at <http://www.ed.gov/pubs/parents.html>. The site, *Publications for Parents*, contains information that allows parents to help their children read, succeed in school and prepare for college.

MOMENTS IN AMERICA FOR CHILDREN

Every 9 seconds: a child drops out of school.

Every 10 seconds: a child is reported abused or neglected.

Every 14 seconds: a child is arrested.

Every 25 seconds: a child is born to an unmarried mother.

Every 32 seconds: a baby is born into poverty.

Every 34 seconds: a baby is born to a mother who did not graduate from high school.

Every 1 minute: a baby is born to a teen mother.

Every 2 minutes: a baby is born at low birthweight.

Every 3 minutes: a baby is born to a mother who received late or no prenatal care.

Every 4 minutes: a child is arrested for an alcohol-related offense.

Every 4 minutes: a child is arrested for a violent crime.

Every 4 minutes: a child is arrested for a drug offense.

Every 10 minutes: a baby is born at a very low birthweight.

Every 15 minutes: a baby dies.

Every 2 hours: a child is killed by firearms.

Every 4 hours: a child commits suicide.

Every 7 hours: a child dies from abuse or neglect.

PLEDGE FOR CHILDREN

I pledge to:

- = Listen to my children.
- = Communicate with my children.
- = Teach my children right from wrong and be a good role model for them.
- = Spend time with and pay attention to my children.
- = Educate my children in mind, body, and soul.
- = Work to provide a stable family life for my children.
- = Pray for and see God in my children and all children.
- = Vote for my children to ensure them fair opportunity.
- = Support effective groups that help children.
- = Speak out for my children and other people's children's needs.

There's only one way to come out ahead of the pack.

QUIT

American Heart Association

CHOOSE TRADITION NOT ADDICTION

Know the consequences of alcohol and drug abuse

A message from UNIV and the National Institute on Drug Abuse

recently traveled to San Diego, California, where he was guest speaker at the National Tribal Environmental Council Third National Conference.

The Conference, titled "Ecology, Economics & Tradition" focused on strengthening and building tribal environmental capacity and addressed various environmental issues. The 300 plus participants had the opportunity to share predominant influences each tribal government faces in economic and community development while affirming traditional and cultural values and practices.

The conference was hosted by the Campo Band of Kumeaay Indians.

This is all for now, will spring ever get here??? Pete was telling me that last year at this time the Littlefork river had opened up already, and he was out trapping beaver. I look out now and the snow banks are still 2 - 3 feet high.

• News from the Planners

(Continued from front page)

Even our most studied readers may not know I am part of the Community Development Division. Along with Planning, this administrative Division also includes Roads, Leasing, Water and Sanitation, HIP/WX/EAP and HOME programs. I mention this because we now have another department called Community Maintenance. This means we have a new individual assigned to the Community Development Division.

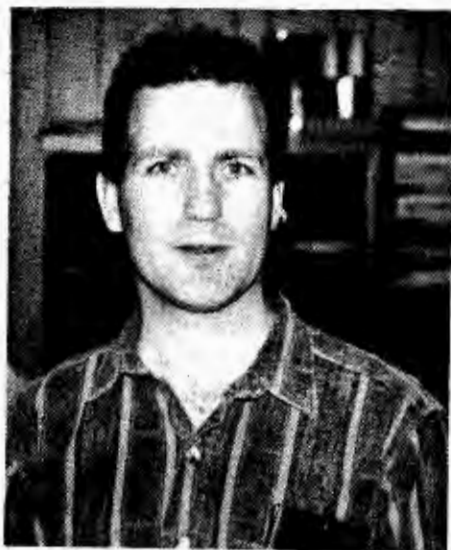
This person is Mr. Harvey Rabbit. Harvey's new job is entitled Maintenance Supervisor. He will be responsible for keeping up with maintenance of an extensive list of buildings, equipment and grounds here in Nett Lake. Of course even Chi-Wabooze cannot do this alone, so community maintenance also will be provided by existing custodial positions, a soon to be advertised mechanic/maintenance job, and all the help Harvey can get from summer youth, Americorps and anywhere else. When the new food distribution building is built, the old

quonset hut will likely become Harvey's domain to have a place to conduct regular maintenance on vehicles and small engines

owned by the RTC

Oh my my, I have the onerous joy of working with you Harv.

Andy Datko's column....



Andy Datko, Assistant Planner

In last month's column I mentioned that we had the funding committed to replace the food commodities distribution building. I have received bids on the project and am now working with the low bidder, Siding & Sheet Metal Specialists from Hibbing. The bids were all higher than our budget, so I am working with the contractor, and Mavis and Wendy, to revise the building design and keep the cost within our budget. We are looking at a new site for this building next to the Community Center. We still expect to begin construction in June and have the building ready in September. Harvey can't wait for this, since he will then be able to use the old commodities building as a maintenance shop.

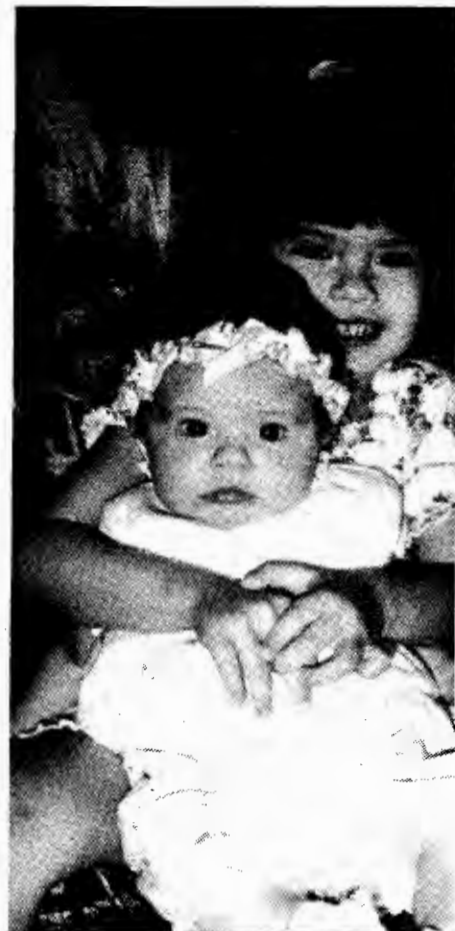
On March 13, I held a community meeting to discuss potential improvements to State Highway 65. Turn-out was light, but the input was excellent. There is overwhelming support for the need to improve this highway. We discussed how the highway segments should be prioritized for improvements. There is strong support for improving those portions of the

highway within the Reservation boundaries first, and especially the segments west of 4 corners which are still gravel surface. There is concern about preserving the 3-1/2 mile segment immediately west of 4 corners as a scenic forest road. There was a preference for building a new alignment through this area by going north of 4 corners to the power line easement and then west. This would preserve a few miles of winding, scenic forest road and also preserve the pine trees found in this segment. The draft needs assessment will be revised to reflect these community concerns and presented to the Tribal Council for approval this spring. Then we will schedule a meeting with MN:DOT to try to convince them to invest in improvements to this highway.

We have also received bids for construction of the new Family Resource Center at Vermilion. Those bids have come in high, so I am working with Dave Anderson, our construction manager at Fortune Bay, and the architect to negotiate with contractors and bring the costs in line with our budget. We still expect to have this facility open in October.

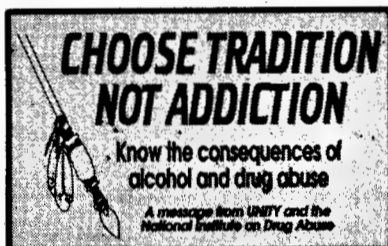
The Fortune Bay Hotel and Conference Center construction is proceeding nicely. The Conference Center, which will include a new restaurant, will be open in June. The hotel will be open in October or November. You will probably see plenty of publicity about this in the months to come.

That's about all for now. I'm still waiting for spring.....



Marissa Ashley Mason, daughter of Tony and Billie (Isham) Mason, announces the arrival of her baby sister, Felicia Dantelle.

Felicia was born on February 12, 1996, and weighed 7.7 pounds. Pete and Doris Isham are the proud grandparents.



AAA BE A DESIGNATED DRIVER



Join the many people who agree not to drink alcoholic beverages... and to drive everyone in their group home safely.

FOND DU LAC TRIBAL & COMMUNITY COLLEGE (an accredited college)

The following 10 week courses will be held at the Nett Lake Education Center, beginning April 15, 1996. All courses offered fulfill requirements for an Associate in Arts (A.A.) degree:

- (A) English III-College Writing I 5 credits M/W 4:30-7:00 p.m.
(B) CSCI 104 - Intro. to Computers 3 credits Tu 4:00-7:00 p.m.
(C) History 150-Am. Ind. History I 4 credits M/W 7:00-9:00 p.m.
(D) Biology 106-Environmental Sci 5 credits Th 4:30-9:30 p.m.
(E) Math 105 - Foundations of Math. 4 credits Sat 2:00-6:00 p.m.

Financial details will be discussed at the first class session on April 15, 1996. Tuition is \$45.00/credit.

Please clip and return the preliminary registration form to: The Nett Lake Education Center, 13090 Westley Dr., Nett Lake, MN 55772.

Completing this form does not obligate you in any way. It will merely assist us in projecting the number of participants. Official registrations will be completed on the first night of class.

FOND DU LAC COMMUNITY COLLEGE PRELIMINARY REGISTRATION

I would like to take the following courses through the Fond du Lac Tribal and Community College:

(Please indicate by letter from the schedule above: A, B, etc.)

Courses: _____

NAME: _____ TELEPHONE #: () _____

ADDRESS: _____ CITY: _____ ZIP: _____

Call (218) 757-3102 if you have any questions.

Adult Basic Education

First of all, I am happy to report a name change for the GED credential granted by the State of Minnesota for the successful completion of the GED tests. As of February 26, 1996, each GED graduate will earn a "State of Minnesota General Educational Development (GED) Diploma." The title is much more accurate than the former title, "Secondary School Equivalency Certificate" and will hopefully make our graduates even prouder of their accomplishment.

All of us that work with Adult Basic Education along with the family of Bertha Graue are pleased and happy to inform you she is attending Mesabe Community College in Virginia, Minnesota after earning her GED diploma on February 7, 1996. Best Wishes, Bertha, for continued success as you start your new career.

Last, but not least, our most recent graduate is Joe Hoagland, who completed the battery of tests with points to spare. Congratulations! Submitted by Marybell White, ABE



BOIS FORTE NEWS

BOX 16 NETT LAKE, MINN. 55772 TELEPHONE: 757-3261 Axel J. Holmes Sr. - Editor

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E. Curt and AmeriCorps...



E. Curt Goodsky, AmeriCorps Director
Hello this E. Curt Goodsky with an AmeriCorps/Steer update. The AmeriCorps members have recently passed the half-way mark completing over 900 hours of community service. I would like to congratulate 11 AmeriCorps members for this accomplishment. The remaining 4 members are on a part time status which means they have until August 31st to complete 900 hours of community service. What is the difference? Well those on full time status must complete 1700 hours of community service to receive the full scholarship of \$4,725.00, those on part time status must complete 900 hours of community service to receive a scholarship of \$2,800.00 (approximately). This scholarship can be utilized up to seven years after it is awarded. I wish AmeriCorps Staff could also receive this scholarship; BUT as they say in Nett Lake, Hi-unh. I am sorry to report that because

we have passed the half way mark, we will not be selecting new members until the start of the next years program, Sept. 1 '96. However; I will continue to accept applications until August 16th '96 for next year (should we be fortunate enough to receive the continuing grant). A couple of projects that are currently underway are the Mallard Nesting structures which would provide a safer nesting site for forty of our visiting feathered friends and food source (depending on your diet). Mmmmm good soup.

We are also assisting with the deer feed project and a comment I heard the other day was "I estimated close to 80 (eighty) deer in one field alone, now that was cool!" Young lady I wish I could have been there also. Instead of commenting on each project alone here is a list of projects currently receiving assistance from AmeriCorps members: Elderly Garbage pick up, Maple Sap processing with the local Elders and visiting AmeriCorps members (Red Lake and Crookston Mn), evening youth activities, water quality/composition testing (Homes and Lake/Streams), office assistance, re-organization (minimal), Girl Scouts, HeadStart projects, and we recently re-assigned a member to the Elderly Nutrition Program.

It's been a good 6 (six) months coordinating projects for our Reservation and I share this good feeling with the members, They have also expressed the personal reward of being a service provider. Well readers my lunch is eagerly awaiting consumption so I'll leave you with this thought. "Please send ideas for projects" Mii-gwetch

Americorps.....

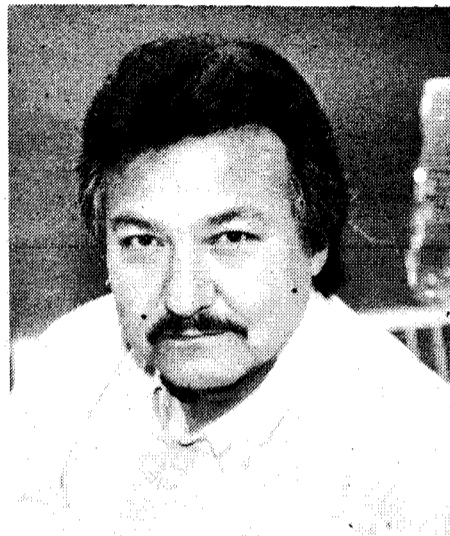
I (David H. Villebrun Jr.) have been asked to write an article pertaining to the training that Marty Connor and myself received over the past week. I, being the noble servant that I am, obliged. Marty and I attended the Basic Wildland Firefighter training that was held from March 25, 1996 to March 29, 1996. The training that we attended was new to me but Marty had attended the same sort of training some time ago but on a more limited basis. I was

more than overwhelmed by the information that we received. Topics that were covered were what effects the weather, the wind, and precipitation have on an area of land that soon becomes overwhelmed by fire. I will not get into that any further, as I have spent time trying to explain these ideas to my family, and judging by the numerous yawns I received, it is not terribly interesting. However I have decided to touch on a few highlights that I feel are important to the readers of the Bois Forte News. One statistic that comes to mind was that almost 75% of Wildland

Forest Fires that occur out west, (Out west meaning Idaho, Montana, Colorado, etc..) are started by Lightning or other forces of nature. Meanwhile bearing that in mind, almost the reverse is said about Wildland Fires in Minnesota, nearly 75% of fires started here are directly related to the human element of the state. This is very interesting as Minnesota has always been known as the land of 10,000 lakes, maybe that is a godsend. I thought that would be important as Spring should be here by July and many people like to burn grass. Maximum safeties should be taken when you light up your lawn. We also went through the various hand and power tools

used in fighting fire. Some of the various machines used are the J-5 or 7, or as it more popularly known, a bombardier. Bulldozers are used as well, to knock down trees and build a fire line used to stop the fire from advancing any further, although we won't be in command of such machines. Other means of stopping a fire include the use of aerial tactics, such as using Bomber planes full of Fire Retardant called Slurrie, and Helicopters with drop buckets ranging from 100 to 1,000 gallons capacity. I would like to close by saying that I thought the training was very interesting and hopefully Marty and myself can use this training to help this community or another one like it.

Gary Adams on depression..



Gary Adams, C.D. Director

Well, Mr. Holmes called me this morning of 4/2/96. He told me to take my crew out back and give them the once over if they don't have an article ready for the paper. I have 12 staff, fearing they might turn on me, gang me and give ME the once over, I decided to pout something together quickly. Here we will give a focus on depression and some thoughts on overcoming depression.

Depression is caused by problems which leads to feelings of 1. Anger, 2. Fear, and 3. Depression. This in turn leads to feels of 1. Inferior, 2. Self-pity, 3. Pity for others and 4. Guilt.

If we do not let the small daily disappointments get us down, we are better able to deal with any large catastrophe when it occurs.

The causes of depression have been taught to us by our peers. We must change our attitude toward things so that these causes can no longer make us depressed. These attitudes we must change are: 1. Blaming ourselves when things go wrong, 2. Pitying ourselves when we feel offended (why me?), and 3. Feeling of pity for others when they have suffered some misfortune.

BAD ME; GUILT: As we human beings are not perfect we should not become too emotionally disturbed by things we do wrong in our life.

Stupidity, ignorance and being mentally disturbed are prime causes for most of our wrong actions.

For none of these should we feel responsible as in most cases what we did seemed right to us at the time.

Forgiveness for ourselves and others is the way to avoid depression along with acceptance of our shortcomings and a desire to do better.

God made us imperfect and is willing to forgive us for our sins. Why then can't we do the same for our mistakes.

BE KIND TO YOURSELF: In order to stop blaming ourselves we must get rid of our emotional disturbances. In order to do this we first have to realize that we upset ourselves by letting things bother us. Many of these are trivial things and of no

importance in our every day life.

By sensible thinking we can eliminate most of these annoyances that can lead to depression.

We must keep in mind the fact that we or nobody else is perfect.

Another thing that can lead to depression is rejection by others. We may try to improve our image but if this doesn't work it is best to forget it and try to find people we are compatible with. By all means we should not get overly concerned, if some people just don't like us. Maybe they would not be worth knowing anyway.

Our old thinking habits will probably cause us a few slips. But we have to keep trying this new experiment.

POOR ME: Wanting things too much and not being able to get them can cause depression. We have to be realistic in our desires and be satisfied with the necessities of life.

Loss can be another cause of depression in this case we should analyze our loss and in many instances we can accept it as not the major catastrophe we first thought. Death should be looked at as a release from pain and suffering.

Criticism can cause mild depression if the accuser is right, we should accept the fact that we are not perfect. If the accuser is wrong we should not get upset at all.

We must also beware of letting other people being over demanding. If we continuously give in we can become like servants. This is a serious problem with many of us. We should stand up for our own self-esteem.

If we can only be rational in our thinking as to whether we have actually been hurt or not by some occurrence we should avoid much of our self-pity.

POOR YOU: We can experience a feeling of guilt if we are not able to get too upset over somebody else's misfortune. It is more helpful to retain a calm composure and be able to help in such a situation than to stand around and show great distress.

Rational thinking will make for this kind of behavior and also help us in determining whether a person is just putting on an act to gain our sympathy.

Showing pity for another person can often make this person more and more dependent on us and does not help this person's sense of independence.

CONCLUSION - We should try to think rationally when any situations come up that might cause us to get aroused emotionally, as it is these feelings or emotions out of control that can lead us into a state of depression. It is better to take action against something that can lead us into depression than just sit around and mope.

If you think education is expensive, try ignorance.

—Derek Bok

Pelican Bay



(formerly Paul's IGA of Orr)

- Expanded Grocery Store with:
 - √ Complete Fresh Meat Dept.
 - √ Large Fresh Produce Section
- Bakery and Deli

Pelican Bay IGA is three times larger than the old Paul's IGA. You will find a well-stocked, fresh produce department, an extensive array of fresh meats for your selection, as well as row upon row of groceries and household items of your choice. A full-service in-store bakery and deli round out your shopping trip to Pelican Bay IGA where you can relax and enjoy some of our deli specialties while seated in a booth in the cheery coffee shop right in the store!

Education Dept. articles . . .



Kelly M. Rutar, Secretary/Financial Aid Assistant

Hello! From the Bois Forte Tribal Education Department at Nett Lake School. We moved up there (here) in January, and we have been very busy. The Bois Forte Tribal Education Department works closely with all the Bois Forte Band members who are attending or interested in a college or vocational institute. If you're interested in attending a college/vocational school for the 1996-97 school year, please apply now for all Financial Aid available.

One of the eligibility requirements to receive financial assistance through the Bois Forte Education Scholarship Program is that the applicant be an enrolled member of the Bois Forte Reservation.

If you wish to be considered for funding by the Bois Forte Reservation, it is the Student's responsibility to:

1. Apply and be accepted at the College/Vocational College of your choice. If you are an out-of-state applicant, please request an out-of-state application and submit to College/Technical College of your choice.

a. Complete the Free Application for Federal Student Aid (Pell Grant)

b. Apply at least eight (8) weeks before the start of school to allow time for applications to be considered.

c. Complete the Indian Scholarship Assistance Program (ISAP) form. For out-of-state students, a Financial Aid Officer's Analysis must be in our office before being considered for an award.

d. Complete the Bois Forte Education Scholarship Application.

2. Apply for financial aid administered by the school of your choice.

3. Apply for any other types of aid you may be eligible for (Example: Veteran's, Work Study, Social Security, etc...)

BEFORE AN AWARD IS MADE TO YOU, the Bois Forte Education Scholarship Program must have a Needs Recommendation (ISAP) from the school's Financial Aid Office.

Please keep us informed as to your progress in applying for admittance and financial aid so that your application can be processed WITHOUT delay.

If you have any questions call us at (218) 757-3107.



Kim King, Career Education Specialist

Hi, from the Bois Forte Education Department. There has been so much going on I really don't know where to begin. I will start with sharing some information on what the Tribal Education Department is all about. We offer assistance in career counseling, financial application process, direct employment assistance, and scholarship applications. Currently the Bois Forte Education Department is funding approximately 100 to 130 students. The Education Department has been working with the accounting staff to get the scholarships out to all the students. There have been a few bugs to work out with the change over so students be a little patient, your scholarship checks are being processed as quickly as possible.

I would also like to mention the Bois Forte Education Advisory Committee assists and gives direction in decision and policy making. Since our move to the school (Kim King) have been busy attending workshops. I have been all over the state representing the Bois Forte Education Department, informing students and staff at colleges, universities, and technical schools of the recent change in financial aid. I also have been attending meeting with the Minnesota State Indian

Scholarship Committee. The Bois Forte Education Department goal is to assist all Bois Forte Band Members in achieving higher education. If you have any questions please stop by or call the education department at (218) 757-3107. In Spirit.

DIRECT EMPLOYMENT GUIDELINES

Eligibility will be determined by the following criteria:

1. Must be an enrolled member of the Bois Forte Band; and subject to the availability of funds; a member of the Minnesota Chippewa Tribe, residing on Bois Forte Reservation, who is not otherwise eligible for services from the Band with which they are enrolled.

2. Must have permanent, full-time employment and be verifiable by employer.

*Permanent, means 6 months or longer (lasting a relatively long time)

*Full-time, means 30 or more hours per week.

3. No previous services within one year.

4. Direct Employment services are limited to three times within a ten year period.

5. Must apply within 30 days of start of employment.

6. Cannot be a full-time student.

7. On-the-job training program participants are not eligible.

8. Must be making at least minimum wage.

9. All requests must be authorized by the Tribal Education Director.

A six month follow-up may be conducted to determine if a person who received Direct Employment assistance is still employed.

The Bois Forte Reservation Tribal Council & The Fortune Bay Casino would like to honor all Bois Forte enrolled graduating seniors (3.0 GPA or better) with an incentive. Please send names and addresses to:

Joanne Donald
Tribal Education Director
Bois Forte Reservation Tribal Council
P.O. Box 16
Nett Lake, Minnesota 55772

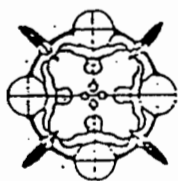
PHONE: 218-757-3107

FAX: 218-757-3118

NETT LAKE SCHOOL ANNUAL TESTING SCHEDULE CHANGE

The Nett Lake School annual testing schedule will change starting this year. Testing will now be done in the spring rather than in the fall. The dates for this spring's testing will be April 22 - April 26. The test used by the school will be the California Achievement Test. This is the same test the school district has used for the past six years.

Parents can assist our testing greatly by assuring that their children are well rested and nourished prior to undertaking the test. A letter to parents explaining the testing in more detail and instructions for preparing the children for testing will be sent by the school a week prior to the test.



Indian Legal Assistance Program

107 W. 1st St. Duluth, Minnesota 55802

218-727-2851

PROVIDING REPRESENTATION FOR NETT LAKE RESIDENTS IN:

CRIMINAL CASES (ADULT or JUVENILE):
In Tribal, State and Federal Court

CIVIL CASES (ST. LOUIS COUNTY ONLY):
Dependency/Neglect (CHIPS)
(Indian Child Welfare Act)

Dissolutions

Public Assistance Terminations

(AFDC, GA, Food Stamps)

Social Security/Unemployment Denials

Landlord/Tenant

Consumer Problems (Contracts)

Wills

OFFICE HOURS: MONDAY THRU FRIDAY 8:00 A.M. - 5:00 P.M.

LOW INCOME ELIGIBILITY BASED ON USDA FOOD STAMP GUIDELINES



River St., Cook

Show times:

Fri. & Sat. 7 & 9 pm, Sun. & Thurs. 7 pm

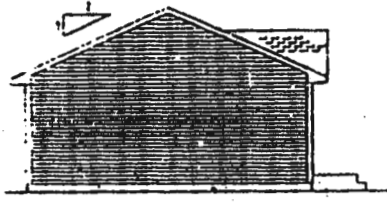
Thursdays 2 for 1 Admission

666-5814 FOR CURRENT MOVIE INFO.

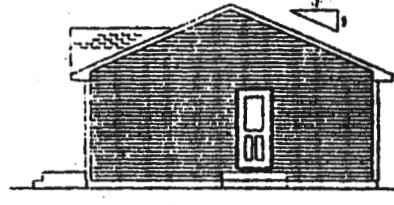
Shop Locally . . .
it helps!!!

M.S.C. Foods
Nett Lake

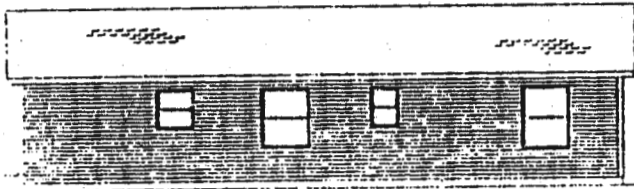
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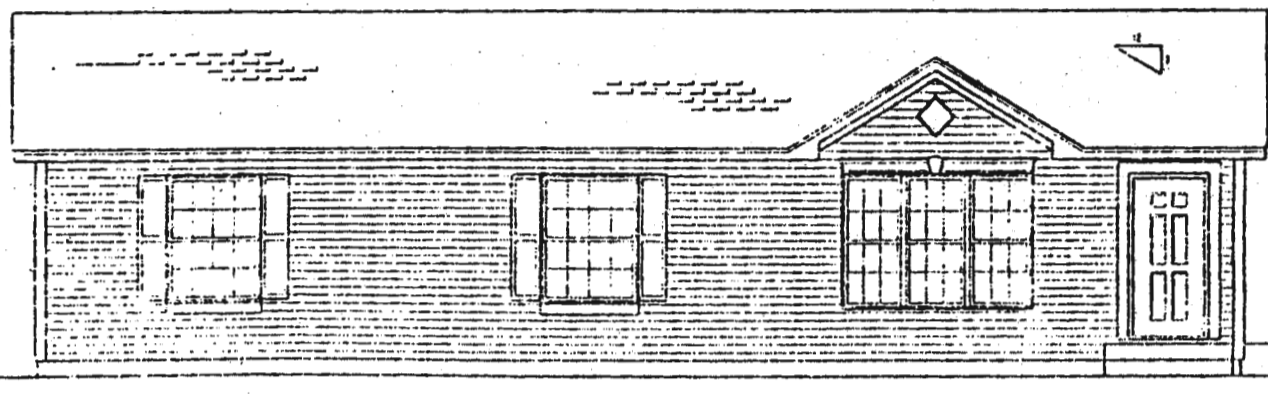
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END ELEVATION
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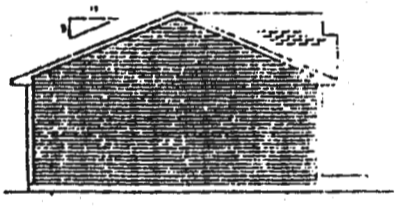
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FRONT ELEVATION
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ELEVATIONS			
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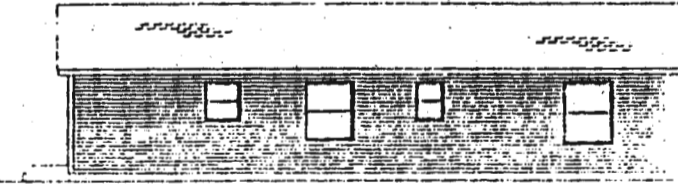
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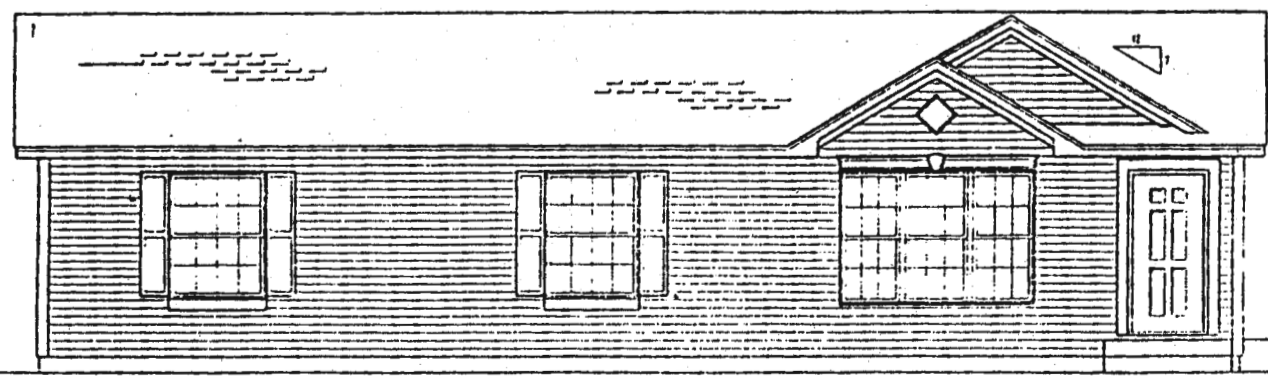
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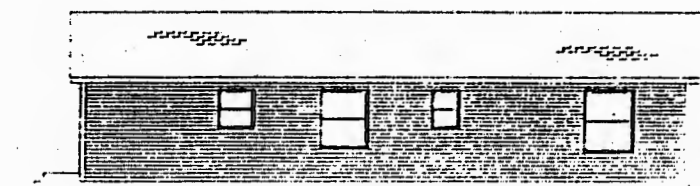
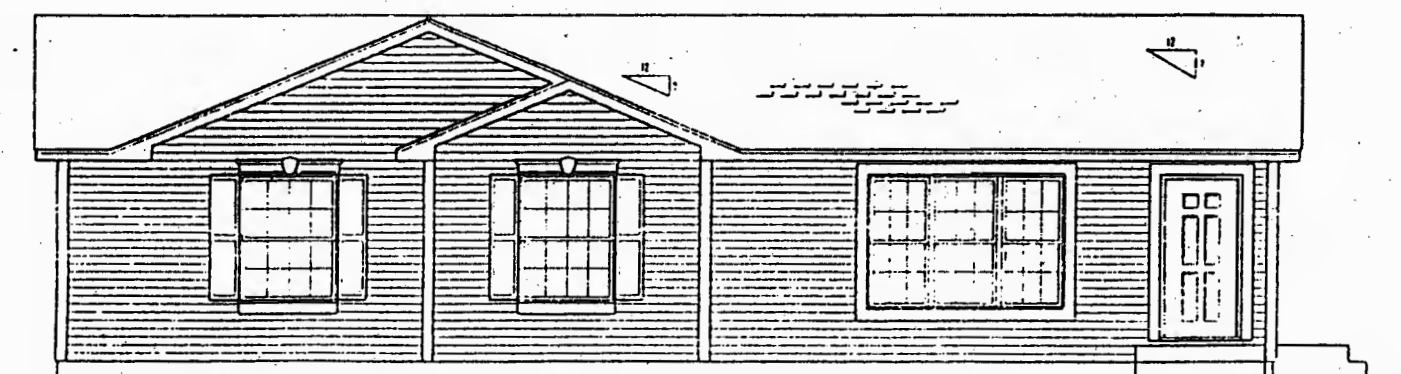
REAR ELEVATION
10'-0"



FRONT ELEVATION
10'-0"

ELEVATIONS			
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MSX	1/4" = 1'-0"	10/1/95	A1
Checked by			

ELEVATION # III

END ELEVATION
10' x 6'END ELEVATION
10' x 6'REAR ELEVATION
10' x 22'FRONT ELEVATION
10' x 22'

ELEVATIONS

MSX - SPECIAL DESIGN - MSX

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MSX	1/4" = 1'-0"	4/11/96	A1
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Approved by			

A1

Housing news...



Cindy Glasel, Housing Director

From Cindy's messy desk: Boo-zhoo!!

This past month all of us have been attending various training seminars to learn new ways of improving the Housing's operations, as well as learning ways to provide better housing for YOU! The staff, commissioners, and myself, returned renewed and excited to start with many new changes for Housing which will be beneficial for ALL!

The ten new homes have been ordered with a tentative delivery date for the first five to be delivered around June 20th. Here's a sneak peek of what's coming: (1) Mauve, white, medium gray, light gray and blue for Nett Lake Village and for Vermilion (1) light gray, cameo blue, light clay and medium gray in siding colors. These homes will have different coordinating colors for roof shingles, shutters and doors. All homes will be three bedroom with one large bathroom, utility room, dining room and front room upstairs, and downstairs in the basement will be additional plumbing features for the addition of a "future" second bathroom,

plus an egress window to meet Uniform State and Local building codes for fire safety as well as the "future" addition of an extra bedroom, family room or whatever. These homes will have R44 in the ceiling and R20 in all the walls, plus an extra insulation wrap in-between the outside wall and aluminum siding for added protection against our wonderful Minnesota winters. Outside of homes will be virtually maintenance free!

Also, work in Nett Lake on both Elderly apartment buildings is at a 50% completion stage, and a big THANKS to Joe and all the crew at Siding & Sheetmetal for the great job to date. T.E.R.O. workers are being utilized to help with the work and a special thanks to Mona for all her assistance in this project. Hopefully, there will also be some upcoming changes for the outside of the Housing building. I'm not saying what's happening, you'll just have to wait for the next issue to find out!

The Vermilion Project for new siding, windows, doors, roof repairs and more have been contracted to Siding & Sheetmetal of Hibbing, with work to start in late May (that's if this snow ever melts!) By the end of summer the homes on the reservation will have been given a much needed up-lift and be much more comfortable for the families living in them.

Birdie and Kenny have been busy too, as usual, too busy to stop and write a line or two. Misty Wilkie, our newest Housing staff person, hired through Mona and the JPTA program is hard at work on "HOUSING JACKETS", keep a watch out for her news flyers and discounts on these jackets. They are going to be really nice!

Just one more special THANK YOU, to Lafayette, Darlene, Birdie, Kenny and Misty, without your hard work and diligent

effort I would not be able to write this today. Talk to everyone in the next issue.

Lafayette Connor, Office Manager

From LaFayette's desk: Greetings everyone. Some of the recent happenings at the Bois Forte Housing Office were some training for the staff and Housing Board members. In January, Cindy and I attended "Financial Management - Level I", Budget Preparation for Indian Housing Authorities, in Albuquerque. Cindy also attended "Financial Management - Level II" in Oklahoma City last week, which was an extension of Level I.

Milo Villebrun, Frank Villebrun and Eugene Boshey, members of the Housing Board of Commissioners, will be attending "Commissioner Training" in Las Vegas on the 27th, 28th and 29th of this month. Darlene Sabherwal is presently attending "Basics of Homebuyer and Resident Counseling" the 25th, 26th and 27th of this month. Burdell LaRoque and Kenneth Villebrun will be attending "Preventive Maintenance Management" in Albuquerque on April 25th and 26th.

There is an important meeting with HUD officials concerning some proposed legislation which affects the way they will conduct business and allocate funds to Indian communities in the future. Cindy, Darlene, and three Housing board members will be attending this meeting on April 9th, 10th and 11th in Chicago.

Space-Saving Tips
For The Garage

(NAPS)—Does your garage always look like a hurricane hit? If so, it's time to get organized. Here are a few space-saving tips from the storage experts who make VELCRO® brand hook and loop fasteners to help you get started.



- Are unwieldy garden hoses, cables and extension cords always underfoot? For safety's sake, bind them into neat, manageable coils with Get-A-Grip® multi-use straps from Velcro USA, Inc. Then, hang them and other bulky items, such as shovels, ladders, rakes, even spare tires, on the wall using adjustable Cinch Straps to free up needed floor space.

- Large garbage cans with locking lids make great storage containers for children's toys and sports equipment, which are so often left on the garage floor after playtime.

- Mount frequently-used hand tools and garden implements on the wall over the workbench using VELCRO® brand Industrial Strength Sticky Back® Tape to keep them at eye level and within easy reach.

- Always losing a work or garden glove? Keep pairs together easily with hook and loop Sticky Back® coins.

**PATRONIZE OUR
ADVERTISERS.
WE DEPEND
ON THEM.
THEY DEPEND
ON YOU.**

* Health News

Ambulance Service honored . . .



The Bois Forte Ambulance Service was honored during a special meeting of the Bois Forte RTC, Thursday, March 28th, for their outstanding, and dedicated service to the reservation. They were awarded a monetary gift and a cake baked in their honor was served to all present.

Shown from left to right in the above picture are; Chris Salmela, Miranda

Villebrun, Dave Danz, Jan Connor, Floyd Morrison, Teresa Morrison, Doris Isham, Marcella Connor (Ambulance Director), Allan Connor and David Morrison Sr.

Missing are; Billie Mason, Les Connor, Wendy Morrison, Teresa Strong, Julie Whiteman, Corey Strong, and Leonard

Community Health news...



Barb Richards, R.N., CHN

Axel informed me that the reason I am having difficulty with my car (flat tires, blown hoses, worn out belts, etc., etc.) is because I promised an article and I haven't turned one in. He said he would fix it all, - once I turned in the article.

Margaret Warren, CHN-assistant, will be on medical leave for a minimum of two months. Adeline Anderson, CHR from Vermilion, will be temporarily appointed to the CHN-A position. She will be in Nett Lake four days each week and will be in Tower one day each week. More information regarding these changes will be available for the next paper. (Or else.....Ed.)

April is "Cherish the Child" month and encourages all of us to do what we can to prevent Child Abuse. Len Thompson, CHR, Cecile Warren, CHR, and Diane Brown, Americorps worker, are attending a Positive Indian Parenting workshop this week. This will enable them to help more of our younger population deal with difficulties and problems that arise within our community.

I have been encouraged lately by the involvement of family members, and friends, in the care of our elderly. Many of

our elderly require help in various things from medical appointments, supervision and home repairs necessary to make a safe environment. Community Health is committed to the care of our elderly but cannot provide help with everything. I would like to thank those people who are already helping and encourage anyone who can, to help our elderly.

I realize this is a short article, but Axel still has to fix things and he never said how much I need to write (write everything.....Ed.). I am looking forward to spring, if it ever comes. I have been hiking in and out of my place on snowshoes for the past two weeks. Pretty soon I'll be able to wear hip waders - and I'll still be walking the driveway. I could look at it as my opportunity for physical fitness. I just have to convince my mind that it's not depressed and I'm not having a breakdown.

NATIONAL INFANT IMMUNIZATION

Week of April 21 - 27, 1996

Even though immunization rates have improved, not all children are being protected against dangerous diseases. Approximately one in four 0-2 year old children in the United States are not properly immunized against infectious and potentially deadly diseases, such as measles, whooping cough and pertussis.

Good news is that we had 85 percent of our children at Bois Forte under 2 years of age up to date with immunizations. We need to have a goal of 100 percent immunized in the community.

Call the clinic to make sure your child is up to date, 757-3650.

Stop by the clinic during Immunization Week, April 21-27 for a free gift.

Marcella on blood pressure..



Marcella Connor, Ambulance Director
Blood pressure: the pressure of the blood against the walls of the arteries.

How is it measured? Blood pressure is measured with a blood pressure cuff, called a sphygmomanometer. The cuff is pumped up with air to determine the systolic pressure. This is the pressure when the heart contracts or pushes the blood through the arteries. Diastolic is measured when the heart is at rest/relaxed. This pressure varies with age and sex. In males the systolic pressure is "usually" 100 plus the age and the diastolic varies between 65 or 90 mmHg.

The blood pressure is usually 10 mmHg's lower in females. Systolic is the larger number on the top, diastolic is the number on the bottom (For instance, 130/10).

Can it be cured? High blood pressure can not be cured, but it can be controlled. Diet and medication prescribed by your physician will help to lower your blood pressure. If your doctor prescribes medicine for your high blood pressure be sure to follow his/her instructions. If at some point you feel fine and stop your medication, you risk your health by being a candidate for other medical problems, such as a heart attack, stroke or kidney damage. It is wise to follow the orders of your physician to prevent further complications.

The EMT's use blood pressure as a sign/

indication of what your problem may be when they arrive at the scene of an accident, or medical emergency. Blood pressure readings with most injuries/disease change in likeness. If the systolic rises so does the diastolic.

If you do have high blood pressure here are some useful tips:

1. Take off extra weight by eating less and being physically active.
2. Use less salt in your food. Add taste by using spices.
3. Drink less beer, wine and liquor, and
4. Take your medicine as prescribed.

Have your blood pressure checked periodically.



ELDERLY FUNDRAISER
 Every Thursday at 6 p.m.
Smear at ENP Kitchen

A Healthy Child is Not a One-Shot Deal

Duluth-218/725-5210
 Virginia-218/749-0600
 1-800-450-9777

Childhood Immunization Schedule

Immunization	1-11 mos.	12-23 mos.	2-4 yrs.	5-6 yrs.	11-12 yrs.
DTP	✓	✓	✓	✓	✓
Polio	✓	✓	✓	✓	✓
Hib	✓	✓	✓	✓	✓
MMR				✓	✓
HEPB	✓	✓			6-18 months

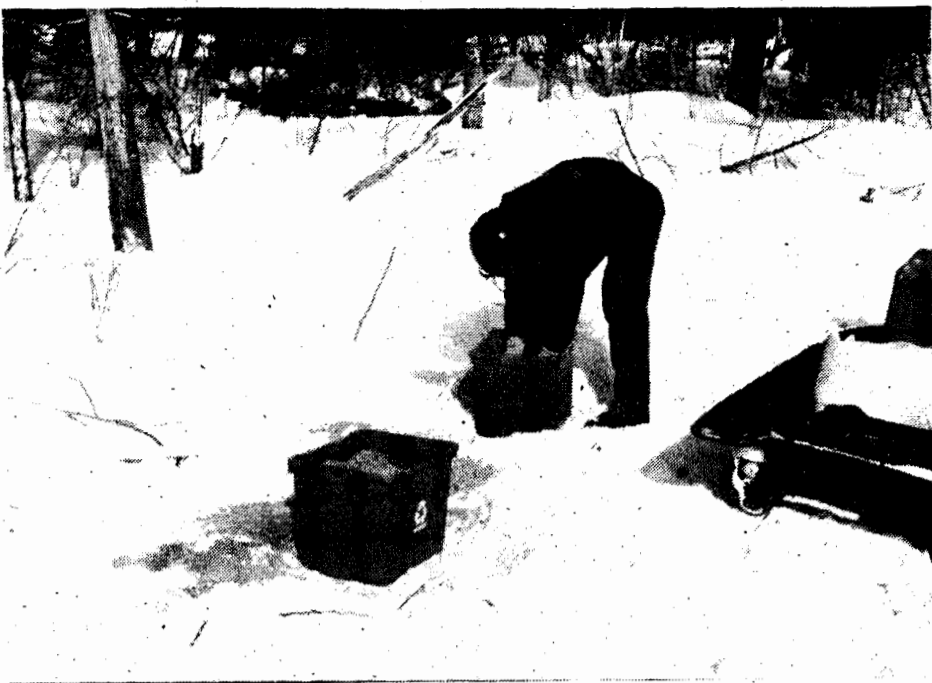
NOTICE

Please do not send children to the clinic to pick up medications as the medical staff **WILL NOT** dispense medications to them for delivery to adults.

If you have any questions or problems, call Ray Hawk at 757-3650.

April 1996

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Dr. Berlin 10:00-4:00	2 Ray - Ex. Ed. MTS	3 Dr. Vergelet 10:00-4:00	4 Kathy Jacklyn 9:00-4:00 Ray - T.V.C	5 Ray - N.L. 8:30-11:30 off at Noon	6
7 Easter Sunday	8 Ray - Gove	9 Dr. Johnson 10:00-4:00	10 Dr. Helleloid 10:00-4:00	11 Ray 8:30-2:30	12 Hardwig 10:00-4:00 Ray - T.V.C	13
14	15 Ray - N.L. 9:00-2:30	16 Ray - 9:00-2:30	17 Dr. Helleloid 10:00-4:00 Ray T.V.C	18 Dr. Knack 10:00-4:00 Ray - C.M.E	19 Ray - C.M.E	20
21	22 Ray 9:00-3:00	23 Dr. Card 10:00-4:00 Ray RHABM	24 Ray 9:00-3:00	25 Ray 9:00-3:00	26 Ray - T.V.C Hardwig 10:00-4:00	27
28	29 All Staff MTS - Clinic 10:00-12:00 Ray - N.L. 9:00-3:00	30 Dr. Johnson 10:00-4:00 Ray RHABM				



Troy King rationing out the deer feed.



On to the next site.

Bois Forte DNR news...



Ray Villebrun, Sr., BF DNR Director

Hello again, Bois Forte News readers, how quickly time flies, because it is news article time again, and our fearless Newspaper Editor has been hounding all departments for articles and mine was late, so I have to say I'm sorry for holding up the newspaper for this month. On with the update.

First up, our deer feeding project. The Bois Forte Conservation Department has been feeding our deer population for about six weeks now. We have setup a number of deer feeding stations around the Reservation and a location just outside the Reservation boundaries. As we re-stock the feeding bins, we have been doing a deer count and our numbers of deer that we are assisting is running anywhere from 200 to 300 deer that we have seen. Also, we have

gotten assistance from the Minnesota Department of Natural Resources in our deer feeding project. I will not go into the technical numbers as far as how many deer that we have lost this year or how severe our winter was. I have plenty of news releases and other statistics from the MN DNR, if anyone has any questions or comments stop by the Conservation Office. We are glad to talk to you.

Next up is Project Grow for 1996. As many of you know, the Bois Forte DNR will be heading up the Project Grow for this year, and hopefully many years to come. Our funding source is still up in the air, as of this writing, but I hope to hear from last years head man any day now. He has assured me that Bois Forte will receive funding, but the amount is uncertain. So keep in touch with the BF DNR and watch for notices that I will send out letting all you garden growers know whats going on. Also, please disregard the last notice in last month's BF news, Kelly Rutar is no longer the contact person for Project Grow, please send forward all calls and letters to me, Ray Villebrun, DNR Director at the Tribal Office. Sorry for the confusion.

Here is a special notice for all you netters out there in fish land. This year the Water Quality Division will be conducting a netting activity survey. Our nerds in the W/Q division need to establish a netting activity data base for our Integrated Resources Management Plan, so your cooperation is greatly needed for this very important project. And all who participate will be eligible for a raffle type drawing at the completion of our survey. Grand prize will be either \$150.00 in fishing equipment or a new net of equal value. The choice is

yours.

Scheduled for the end of April will be another public meeting on the proposed Nett Lake Management Plan. We will go over what was presented at the last meeting and also we will have some new information to pass along. So please plan to attend, we need your input.

This year the Conservation Department will be conducting another project for Circle of Flight Waterfowl Enhancement Initiative. Our project for '96 will consist of setting out 50 mallard nesting structures around the greater Nett Lake area. These are new and improved structures over last year's model, and should be a big help for our mallard population.

Finally, I would like to close by letting our dedicated readers know about a trip that I went on recently to the Catawba Indian Reservation in South Carolina. I was asked to provide firearms instruction for the Southeast region of the Native American Fish & Wildlife Society. The persons I trained are conservation officers

from the south. There were Seminoles, Choctaws, Creeks, and Miccosukee. Myself, I am always glad to meet other American Indians from other parts of the country and learn about their cultures and ways of life. So let me tell you, we have it good around here compared to the reservations in the south. We have clean waters and air. We have plenty of trees and wildlife to enjoy. We have cultural awareness of the non-Indian population. Talking to these people from down south I know first hand how far we have advanced these past ten years or so. We are at least 15 years ahead of those southern tribes. I might have not talked to everyone from the south, and that there are possibly other tribes that are more advanced than us, but when I hear how bad off we are here on the Rez, I will say to them, just take a little trip to another part of the country, and they will come running back.

I will sign off with that thought. Take it easy and we will talk to you soon.

COREY STRONG ANNOUNCES HIS CANDIDACY FOR THE OFFICE OF TRIBAL COUNCIL DISTRICT 1 REPRESENTATIVE

Please allow me to introduce myself and inform the people of my announcement for the candidacy of Tribal Council Representative.

My name is Corey Strong. I was born and raised here on the Bois Forte Reservation. I graduated 3rd in my class from Orr School. I received my Associate of Arts degree in Natural Resources from Rainy River Community College. Then, as I had planned, I moved back to Nett Lake to work for my Reservation.

I became a Conservation Officer in 1992 and still enjoy my job. For the position, I was required to attend the Indian Police Academy-Federal Law Enforcement Center in Artesia, New Mexico where I graduated 4th in my class. Through my training and work experience, I've learned how to deal with peoples complaints and problems. I believe I have been fair and honest with everyone I've dealt with. I have also learned leadership and supervisory skills which would help me as a Committeeman.

After establishing steady incomes and a home, I married my high school sweetheart, Teresa Isham. Teresa graduated from the College of St. Scholastica with a degree in elementary education and now works as a teacher at the Nett Lake school. We just had our first child, Corey Alexander, in August 1995.

I want you to know I am now, and have always been, committed to this community. I have served the community as a member of the Bois Forte Ambulance Service, Fire Department, and as a coach for little league and elementary basketball.

AS YOUR ELECTED OFFICIAL I PLEDGE TO YOU THAT I:

= am **COMMITTED TO SERVING** the Bois Forte Reservation now, and for future generations.

= will promise the **STABILITY OF EMPLOYMENT** for those people who currently or in the future dedicate themselves to jobs with the Reservation.

= will encourage and assist all efforts to **CREATE NEW JOB OPPORTUNITIES** at Nett Lake and Lake Vermilion with a preference given to the people of Bois Forte.

= will support all reasonable approaches to **IMPROVING EDUCATION OPPORTUNITIES** for Band members so that they may fill jobs on the Reservation.

= will be directly involved in the management and **PROTECTION OF OUR NATURAL RESOURCES.**

= will seek greater **RECREATIONAL OPPORTUNITIES** for our young people.

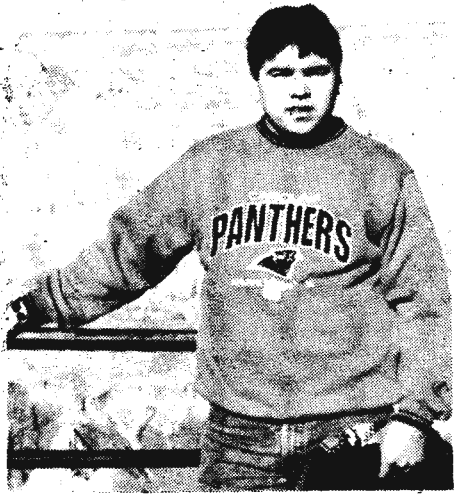
= will take my position seriously, as your representative, and I will be **AVAILABLE AND ACCOUNTABLE** to you.

A VOTE FOR COREY STRONG IS A VOTE FOR COMMITMENT



Is that Bambl back there?

Corey S. on Sports



Corey Strong, Coach

Hello Sportsfans!

This season turned out to be a great year for basketball. First of all, the Lady Braves proved to everyone that they could play with the best of them. Then the boys becoming the Sub Section 3 champs! It

sure was an exciting season.

It was just as an exciting year for the elementary basketball program. Myself, along with my assistant, David (Squidg) Morrison, Jr. truly enjoyed working with all the up and coming b-ball stars.

This season we had approximately 40 kids in grades 1-6 participating in basketball. This included approximately 15 girls from Orr. We broke these players into 3 teams. A boys and girls grades 1-2 team, a girls team grades 3-6 and a boys team grades 3-6. Each team had an exciting year.

The first and second grade team put on a show during halftimes at the Orr games. They were a fun bunch to watch. All eager to learn and hard working. These kids will only get better as they play together during their careers.

The 3rd through 6th girls team showed a lot of talent. They had a pretty good season with games with Cook, Orr, and Littlefork. Still yet to come this year is a Pacesetter Tournament in Eveleth in April. If they do



1st-2nd Grade Basketball: Billie D., Angellique B., Conrad R., Aaron V., Peter D., Michael S., Jessica L.



4th-6th Grade Girls Basketball: Ashley G., Jeanna D., Davelle L., Nina D., Andrea D.



3rd-5th Grade Boys Basketball: Kevin S., Lance M., Myron G., Brent V., Mark C., Ken L., John D., Ray V.

well there, they may even qualify for the State Playoffs!! Next year there is a possibility for the girls to participate in a basketball league which will give the team more games.

The boys in grades 3 through 6 didn't have much luck scheduling games. They got most of their experience scrimmaging the girls team. This must of been enough experience for them because they took 3rd place in the 2nd Annual Red Lake Elementary Tourney! This was the definite highlight of the season. There were some tough teams in the tourney, including 4 Red Lake teams, Bemidji, Mill

Lacs, Bug School and Nett Lake. We were definitely in the tougher bracket with the RL Reds (a team that beat us by 20 pts. last year), Ponemah, Bemidji, and Nett Lake. The Boys beat the RL Reds by 4 pts. (37-33), then went on to lose to Bemidji by 1 pt. (34-36)! Next they went on to claim 3rd place in overtime against a tough RL Blues team. After receiving their trophy, it was on to Pizza Hut to celebrate. A terrific conclusion to a good season.

So as you can see, it was a fun and exciting season. All these young athletes deserve a pat on the back. Until next season.....

Brandon's contribution....



Brandon Benner, Waterboy

Just an update on the elementary girls basketball. If you happened to go to an Orr girls basketball game, then you may have had a chance to see the young girls in action at halftime of those games. The coaches this year for elementary basketball are Corey Strong and David Morrison Jr. The coaches are doing an excellent job at teaching the girls the basics (dribbling, passing, shooting, etc.). The Elementary Girls Basketball Program was started last year. As you may or may not know the team is a combination of Orr girls and Nett Lake girls as it should be. The Orr girls hop on the Nett Lake bus after school and come out to Nett Lake and practice 3 times a week. They are then bussed back to Orr after practice. This is working really well as the girls have a chance to get to know each other and "gel" at a younger age. I got a chance to go and look at the up and coming Lady Braves on March 12th. I went along as the "Mighty Waterboy" for a game against Littlefork-Big Falls. Coach Strong and Morrison even let me ride the bus. (Ho-wah). The game was a 6th grade game and in typical Orr Girls Basketball fashion despite having just one 6th grader on our roster, we took them on anyway. Although the scoreboard didn't show it, the game was a success. There were 15 girls that went to play for Orr, while the other team had 8. Coach Strong and Morrison chose equal playing time for our girls as opposed to trying to win the game. The game was 6 quarters and after settling down after the first 2 quarters the girls played well. One thing that was very impressive was the number of fans that traveled to see the game. I'm sure the girls loved the support. I know the coaches did. And for sure the "Waterboy" did.

After the game, 14 out of the 15 girls rode home with the team, which shows they are getting team orientated at a young age.

On April 13th, the 5th grade girls will be participating in the Pacesetter Region Playoffs at the Eveleth-Gilbert school. If you are in the area stop by and cheer the girls on. If they place 1st of 2nd there, then they are invited to the State Competition. The 3rd and 4th grade girls will be participating in the Building Bulldogs Basketball Clinic on the 13th also. The fee

is only \$12.00 and transportation will be provided. We are also in the process of getting a basketball camp at the Orr School for the girls this summer. The young girls seem to enjoy basketball and with the great coaching, great dedication, great parents and support, the future looks bright for the FUTURE LADY BRAVES.....Good job, Corey and David.....

signed

"The Waterboy"

Pointers For Parents

Crash Course In Horticulture

(NAPS)—What's colorful and leafy and grows in a bag? A fun new "all-in-one" planting innovation designed for children, called Plant Pals.

These ingenious indoor growing kits include everything your child will need to grow his or her own miniature flower garden.



Allowing children to grow their own flowers could be the ideal way to teach them about gardening. These adorable "growing kits" include everything they'll need to get started.

Instead of a pot, the flowers grow out of cute and colorful bags. Each bag has its own character: meet Fredy Frog, Cutie Cat, Teddy Bear and Baby Dino. The instructions are simple and easy to follow.

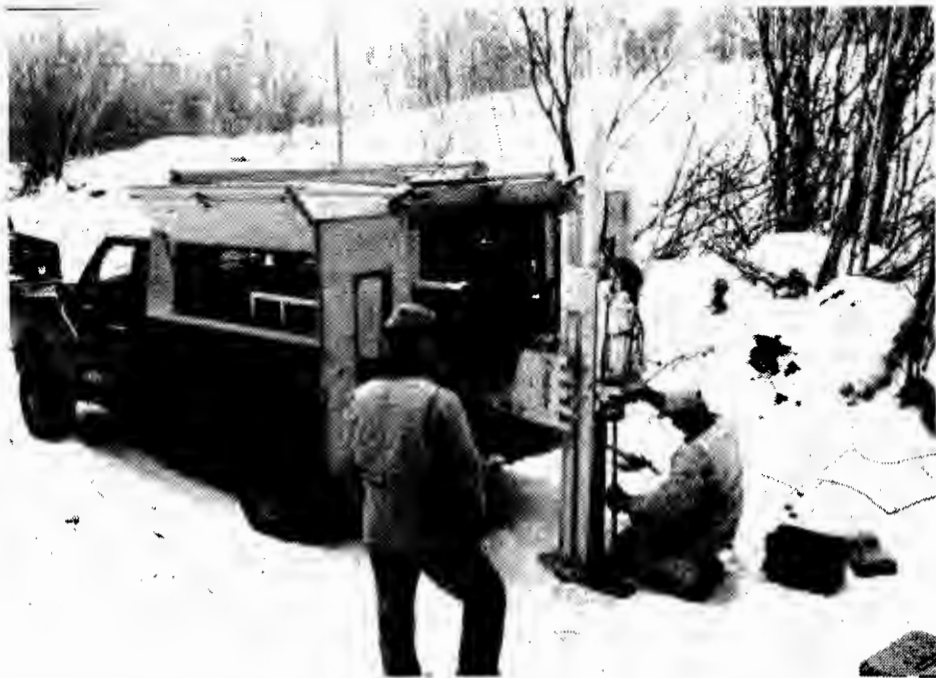
- Punch a drain hole in the bottom of the bag.
- Add water.
- Plant seeds 1/4-inch deep.
- Place in warm spot, such as a sunny windowsill.
- Mist daily.

If directions are followed carefully, the seeds should sprout in one to three weeks.

"Plant Pals" growing kits are available at local K MART stores and gardening centers.

Greenhouse Gift

Like to get your youngsters hooked on horticulture? Get them started with a free Kid's Greenhouse that includes planting instructions, growing mix and more than 50 herb seeds. Send \$2 for shipping and handling to: Free Greenhouse, P.O. Box 3498, San Rafael, CA 94912-3498.



The Geoprobe System used for subsurface monitoring shown with Northeast Technical Service staff Pat Warmuth/Operator (on right) and Rick Crum/Hydrogeologist (on left).



Darin is shown holding a soil core sample collected with the Geoprobe System.

Environmental news...



Darin Steen, Environmentalist

In the last issue of the Bois Forte News, you may have read about an investigation being conducted at the old Nett Lake dump. Research on the soil and ground water quality at this site was needed to determine if there was contamination coming from this potential source. The proximity of the community water wells serving the Nett Lake community further heightened the concern of this problem.

Many resources are needed for landfill investigations such as funding for the project, equipment, and most importantly, people to carry out the project objectives. As the principal investigator and project manager for the EPA funded study, my responsibilities included designing the scope of the project, coordinating the field work, data interpretation, and writing the final project report. Northeast Technical Service (NTS) of Virginia, an environmental consultant firm and laboratory serving northeastern Minnesota, was contracted to do the soil and ground water sampling and analyses using their Geoprobe System and lab services. NTS also provided valuable assistance for other aspects of the study including project planning, surveying, and technical expertise in data interpretation and regional hydrogeology. Their friendly staff, quality services, and convenient location has kept them involved with many of our environmental projects in recent years. Ernie Lund Equipment Services of Gheen was also involved in the project, using a cat to plow an access road through the deep snow to the various sampling locations around the perimeter of the dump site.

The NTS Geoprobe System was used in the study to collect soil and ground water samples downgradient from the dump where ground water contamination is likely to flow. The Geoprobe is a hydraulic driven hammer which pounds a probe into the subsurface, collecting soil

cores in plastic liners at two to four foot intervals. Knowing the stratigraphy of the subsurface materials is important to determine what layers are conducive to ground water movement (sand, gravel, broken rock) or those which may act as confining layers (clays, bedrock). Parameters such as the soil type and ground water flow rate and direction are used in computer modelling or predicting the transport of contaminants from a site. Once the probe is pounded down to the ground water table, samples were collected by lowering a tube inside the probe rods and pumping water out with a vacuum pump. Ground water parameters including temperature, pH, and conductivity were collected in the field, however, other parameters requiring special analytical procedures were tested for in the laboratory. Volatile Organic Compounds (VOCs), metals, and nitrates are ground water contaminants which have been known to cause adverse health effects and are primary indicators of a contamination problem. Elevations of the sampling locations were surveyed and the depth to the water table were used to determine the elevation of the ground water table. Using a minimum of three data points, the slope of the ground water table can be determined which indicates the general direction ground water is moving in an area.

Although the final report for this project has not been completed, I believe there is enough decisive data to give the interested public an evaluation of the potential contamination problem. The laboratory results for the soil and ground water samples are complete and show no signs of contamination. Levels of the most critical parameters for health risks (VOCs, metals, and nitrates) are either non-detectable or well below the federal drinking water standards. What a relief! With the Nett Lake community water wells only six hundred feet away, the presence of contamination could have caused many significant problems including risks to public health, costly remediation and corrective action, and finding an alternative water source. The fact that no contamination was detected will save us a great deal of work and money.

This project is a good example of how many different people working together can provide the resources necessary to solve a problem and benefit a community. Funding, equipment, and staff from both within and outside the reservation were used to evaluate the health risk from a potential source. The study not only



Rick Crum inspects the large bore sampling tube while Pat Warmuth prepares for the next sampling interval.

provided the Reservation Tribal Council with important information for decision-making, but also was an opportunity to educate the public on solid waste and ground water protection issues.

The fundamental goal of the Bois Forte EPA Program is to protect the environment and public health by addressing possible risks and sources of contamination and promoting education, awareness, and pollution prevention. As I continue to develop and implement

environmental programs for the reservation, I hope to achieve this goal. The Nett Lake dump investigation is just one example of how we can collect environmental quality data, protect the ground water supply, and protect public health. In addition, the Bois Forte News has been the common avenue for informing and educating the public on environmental issues. So, keep reading your Bois Forte News and stay tuned for future articles on environmental issues! Miigwech!!

Happy Easter To You

Due to costs involved in preparing, printing and mailing the BOIS FORTE NEWS we find it necessary to charge a subscription fee. We have estimated our costs and are asking the lowest price we can afford: \$4.00 a yearly subscription.

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Flag being presented to Peggy.

Peggy Connor retirement.

Reprinted with permission from the St. Paul Pioneer Press, dated Saturday, March 9, 1996.

Pat Burson, Staff Writer.

A Grand Display.. Peggy Connor's retirement from the U.S. Naval Reserve blended military and tribal traditions in a one-of-a-kind ceremony.

At her retirement ceremony Friday, March 8th, from the U.S. Naval Reserve, Yeoman 1st Class Peggy Kletschka Connor was given a shadow box and an eagle feather.

The shadow box contained the name tags, insignia and ribbons Connor had worn during her 22-year military career, along with an American flag. The feather, presented by a spiritual leader of the Bois Forte Band of Lake Superior Chippewa, is among the highest honors American Indians give one another.

Connor's farewell, which combined military salutes with tribal drumming, dancing and singing, was a one-of-a-kind ceremony that brought together Navy and American Indian traditions in a grand display.

About 50 of the 200 well-wishers who gathered at the Naval and Marine Corps Reserve Readiness Center near Fort Snelling drove about 250 miles from the northern Minnesota reservation for the event.

Connor was joined by her shipmates, friends and family including her 26 year-old son, Patrick, and her mother, Dorothy Glende, 74.

Connor, of Prior Lake, said she knew her

mother secretly wanted her to include tribal traditions in the retirement ceremony.

"That's the main reasons why I did it," Connor said. "I knew it was so important for her to me to do it."

Connor's retirement ceremony was unlike any Navy officials said they had witnessed in Minnesota.

"I've participated in many, many over the years," said Capt. Ronald Lustman, commander of the Naval Reserve Readiness Command Region 16. "They usually have a standardized format. This is really unique and unusual."

Symbols of unity were everywhere. The Bois Forte Chippewa flag stood between the United States and U.S. Navy flags. The Rev. James Davenport, a Presbyterian minister who with his wife, DeMaris, helped raise Connor and several of her brothers, delivered the invocation and benediction.

Eugene Goodsky, a tribal spiritual leader, led the traditional pipesmoking ceremony and delivered a message in the Ojibway language, and Navy officers praised Connor's dedicated service. Indian elders asked spirits to guide her in the transition from the military to the next phase in her life.

Connor, 46, a native of Nett Lake in northern Minnesota, followed the example of her aunt, Jeanne Mertins, who served in the U.S. Army during World War II.

"Women who joined the military during her aunt's time weren't warmly welcomed by their male counterparts," Connor said.

"I thought it was courageous of her to go into the service at that time," Connor said.

"I thought she had character and courage, and that's why I decided to go in."

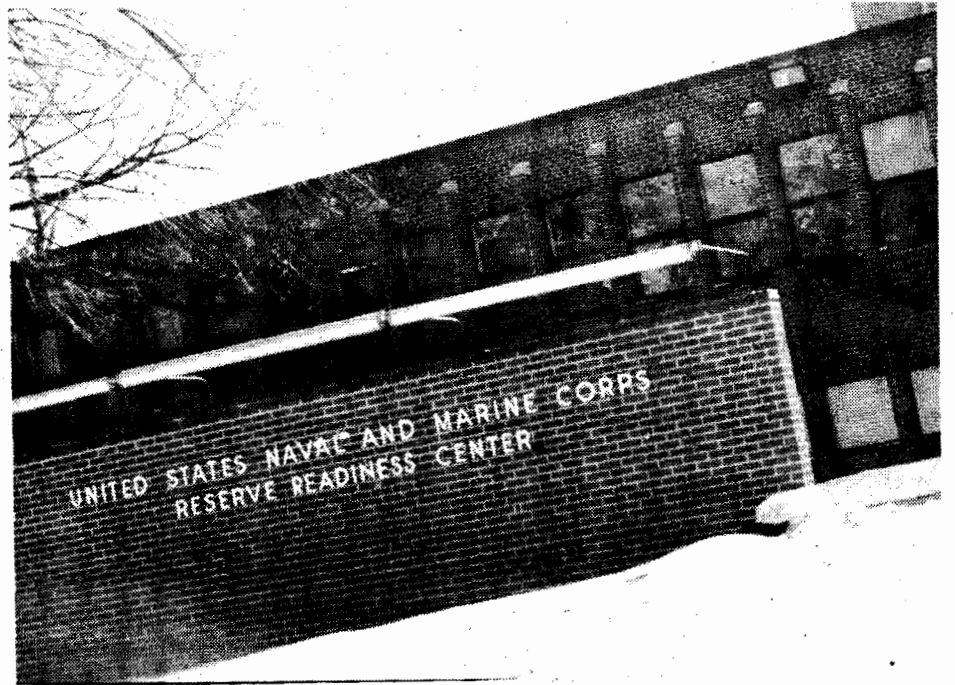
Connor enlisted in the Army in 1969 but left after basic training. Five years later, though, on Jan. 16, 1974, Connor joined the U.S. Naval Reserve. She was called to active duty in August 1976.

"They got me," she chuckled. "It was something that I really wanted to do. I come from a small town. I wanted to join the service so I could see other places and other things."

During her 22 years, she served in such places as California, Illinois, Louisiana

and Washington, D.C. In Minnesota, she worked at the Naval Reserve Readiness Command Region 16 and the Naval Air Reserve Center. Her duties were primarily administrative.

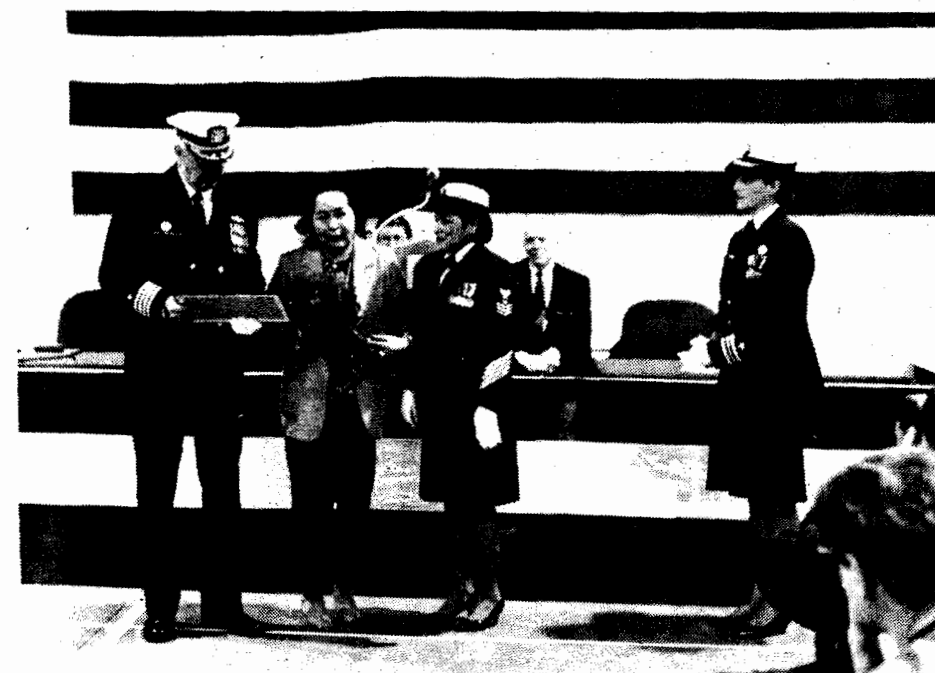
"I wanted to be the first American Indian female from my tribe to retire from the service at 20 (years active duty), said Connor, who plans to enroll in American Indian studies courses at Bemidji State University in the fall. "It's important for the reservation and the kids, to see a female complete 20 years like the males do."



Self-explanatory.



Peggy with drummers and dancers.



Peggy with her mother, Dorothy Glende, with plaque.



Refreshments following the ceremony.

Truth or Consequences...



Pastor Harvey and Marilyn Rabbitt

Easter will soon be upon us, when our children were young, we made sure they each had a basket full of goodies and toys and eggs had to be colored the night before so the "Easter bunny" could come in during the night and hide them all over the house. Now our children are doing those things for their children and I'm confident they are explaining to them, that although its all pretty and fun - Easter bunnies and colored eggs have nothing at all to do with Easter and its just another one of Satan's cover-ups.

Christmas is the only other holiday of the year that Satan worked so hard to cover up the meaning of. He'll do anything to keep the people blinded to the truth. Both holidays wouldn't exist if it weren't for Jesus Christ. He's the "Reason for the Season" at Easter just as He is at Christmas. We celebrate Christmas each year to remember that He left Heaven and came down to this Earth in human form so that He could accomplish the one purpose of redeeming mankind from the penalty of sin, and that's why we celebrate Easter. He became our sacrifice, the ultimate once and for all sacrifice.

You see, Jesus did not stay in the tomb after he was crucified on the cross. He was taken off the cross, placed in a tomb and then the stone that closed the opening of the tomb was sealed and guards were placed at the opening. The reason for that is because the chief priests and Pharisees heard Jesus say He would rise three days after He was crucified and so they went to Pilate and had the tomb secured as they were fearful some of Jesus' followers would come in the night and steal His body away. You can read about this in the Gospel of Matthew, chapters 27 and 28.

He was put to death by the people of that day, including the religious leaders who had hardened their hearts and refused to hear the truth. Killing Jesus, they figured, would put an end to the discomfort of hearing that they are sinners headed for hell and in need of a Savior. But it was actually not the end but the beginning.

Jesus was crucified between two common criminals. As they hung on those crosses, one of them cursed Jesus, saying, "If you are the Christ, save yourself and us." But the one on the other side of Him said, "we deserve what we're getting, but his man has done nothing wrong and does not deserve to die." Then he looked at

Jesus and said, "Lord, remember me when you come into your Kingdom." Jesus said to him, "for sure I say to you, today you will be with me in Paradise." One of the criminals recognized Jesus as the Son of God. He was not so hardened that he couldn't see the truth.

Blood flowed down from that cross and is still flowing today to cleanse and set free all who come to Him. Some young people from North Dakota came here to Nett Lake last year as a ministry outreach and they acted out a song entitled, "This blood is for you." A great song in most all hymnals is entitled "There's Power in the Blood." Would you be free from the burden of sin? There's power in the blood.... Would you be white, much whiter than snow? There's power in the blood... Come for a cleansing to Calvary's tide, there's power in the blood... Sin stains are lost in it's life giving flow...there's wonderful power in the blood."

Without the shedding of blood, there is no remission of sins. Jesus left the comfort of heaven to come to us as Son of God and Son of Man, feeling the same temptations as we do, knowing hunger and pain, joy and sadness, yet without sin.

Talking about blood and the shedding of blood for our sins upset some people and they don't like to hear about it, yet those same people can sit in front of the tube and watch movies day after day that show people slaughtering each other in the most horrendous ways. The more blood, the better the movie. Hearts are so hardened to that today that even children are bored with clean

family programming because it isn't exciting enough to satisfy their appetite for violence and blood.

So why is the blood Jesus shed upsetting to you? Maybe because you have to face who you are? You have to face your mortality and the need to confess your sins and that there's a God in heaven to answer to.

Jesus didn't stay dead! This is where the proof comes in that He is who He claimed to be. He said after three days in the tomb He would rise again and He did. He was seen by many people over a period of forty days and He spoke to them things pertaining to the Kingdom of God. After forty days He was taken up into heaven before their eyes and two angels appeared to them saying, "Why do you stand gazing into the heaven? This same Jesus, who was taken up from you into heaven will so come in like manner as you saw Him go into heaven."

Because of what Jesus did, we do not have to fear death. It will not be the end but just the beginning. We were created to live forever and we are all going to in one way or another. Either in the presence of God, enjoying eternity with Him, never to face sadness, sickness, pain or death ever again, or life in an eternal hell which is total separation from God. Darkness, despair and sorrow for having refused the Savior's gifts of forgiveness and redemption.

He will swallow up death forever, and the Lord God will wipe away tears from all

faces, the rebuke of His people He will take away from all the Earth, for the Lord has spoken. Isaiah 25:8.

And when this perishable puts on the imperishable and this that was capable of dying puts on freedom from death, then shall be fulfilled the scriptures that says, 'death is swallowed up (utterly vanquished forever) in victory. O death, where is your victory? O death, where is your sting? I Corinthians 15:54,55 Amplified.

Easter is a time of great joy and victory for those who believe. If you are not feeling joy and peace in your heart when you hear the Easter messages that are being proclaimed, maybe you need to kneel at the cross and ask Jesus to forgive your sins and set you free. There is more to Christianity than merely saying, "I believe in God." Even Satan believes in God and trembles at the name of Jesus. You need to confess your sins and turn away from them. We cannot save ourselves, only Christ can do that. (All have sinned and come short of the glory of God. Romans 3:23).

We all need to face the truth or reap the consequences. If you refuse the cleansing blood of Jesus Christ then concentrate only on Easter bunnies and colored eggs this Easter season. Or if you want truth and joy and peace in your life, come to the cross and receive what He came to Earth to attain for you.



UofM April Starwatch...

The full moon rises in eclipse the evening of the 3rd, but the show will be half over by the time we in the Midwest see it. On the other hand, the first few days of April afford a good opportunity to watch Venus slip by the lovely Pleiades. And in the third special event of the month, Comet Hyakutake veers toward the northwestern horizon on its way to a May Day perihelion, its closest approach to the sun.

The total lunar eclipse will best be seen from northern east coast states, but Midwesterners with a clear view of the eastern horizon may catch a piece of totality at moonrise. The height of the eclipse occurs at 6:10 p.m. CST, and totality ends at 6:53 p.m. The moon will appear red and dim, and will regain its normal appearance within an hour or two as it emerges from Earth's shadow. But even though the eclipse won't be picture-perfect, at least the moon will be very close to precisely full as it rises this month. Thus it will appear nearly perfectly round as it ascends over the landscape, which is worth a trip outside to many an observer.

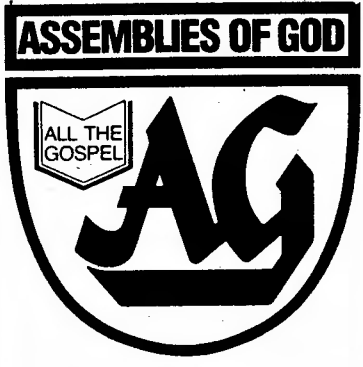
Indians of the Algonquin tribes have called April's full moon the pink moon, after the early spring flower known as grass pink or wild ground phlox. Other names have included the full sprouting grass moon, the egg moon, and among coastal tribes, the full fish moon, for the shad that swam upstream to spawn.

The moon will spend the next two weeks waning to the new phase on the 17th. Catch it on the 20th, when its three-day-old crescent will visit the Hyades cluster of Taurus, a gorgeous sight through binoculars.

The other star cluster of Taurus - the Pleiades - hosts brilliant Venus on the 2nd and 3rd. Venus will come within a degree of the Pleiades; again, use binoculars for best viewing.

Mercury makes a good appearance in the evening sky. Try to spot the elusive planet

ASSEMBLIES OF GOD



**NETT LAKE
ASSEMBLY OF GOD
CHURCH**

**1:00 p.m. Sunday
7:00 p.m. Wednesday
Everyone Welcome!**

May God bless you this Easter season and open your spiritual eyes to the truth and light of God's Word.

Join us at Nett Lake Assembly of God - 1:00 p.m. Sunday Service and Sunday School. - 7:00 p.m. Bible Study. Harvey Rabbitt, Pastor. 757-0048.

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around the 23rd; look below and right of Venus, close to the horizon. On the 19th, Mercury, the young crescent moon and the Pleiades will form an isosceles triangle with Mercury being the lowest and right-most object. Mercury has emerged from a trip behind the sun and will shortly zip in front of it.

The only other naked-eye planet is Jupiter, large and yellow in the predawn sky just east of the Teapot of Sagittarius. Earth is catching up to the slower-moving Jupiter, which will cross into the evening sky in late May.

The Lyrid meteor shower will peak on the 21st, but meteors should be visible for about five days on either side. These meteors tend to be very fast and sometimes very bright, and radiate from a point near the border of Hercules and Lyra, two constellations in the east. Look for the meteors after 11 at night. The rate varies considerably; in 1982, the peak rate reported was 90 per hour.

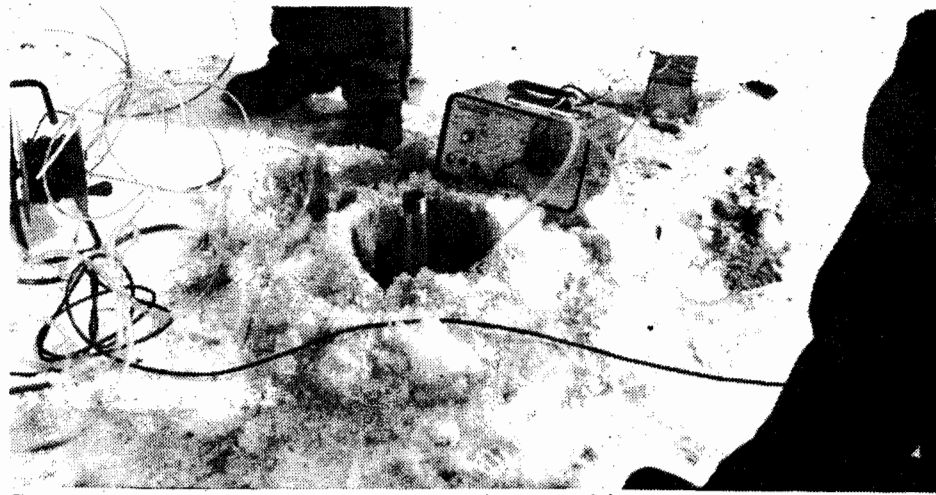
Comet Hyakutake streaks toward the northwestern horizon between the bright star Capella, in Auriga, and the W-shaped Cassiopeia's chair, which floats just above the norther horizon. The comet will be dimming, but may still be visible to the naked eye. A reminder to starwatchers with access to the Internet; a map of Hyakutake's path is on the University of astronomy department's home page at <http://ast1.spa.umn.edu/Outreach/hyakutake.html>.

Daylight time begins at 2 a.m. on the 7th. Clocks should be set one hour forward. This will bring an extra hour of light in the evening and an extra hour of darkness in the morning.

Starwatch is a monthly guide to the night sky in the Upper Midwest. For a taped version from the University of Minnesota astronomy department, call (612) 624-2001. Contact: Deane Morrison (612) 624-2346.



USGS technicians collecting groundwater from a Nett Lake well.



Groundwater well installed in Nett Lake by USGS technicians.

News from the Biologist...



Dr. Chris Holm, Biologist

Spring sure is taking its time getting established this year, but we here in the Bois Forte DNR remain hopeful and are continuing our field season activity planning. Here are some plans for the upcoming year and some "informational highlights" for your reading pleasure.

Nett Lake: We will proceed with the second year of our water and biological sampling programs. We learned a great deal about the lake during our last field season, and will continue to build on this information in 1997. In particular, we will continue our fish survey and age-class studies, our water chemistry sampling program, and our biological ("bugs and weeds") surveys. Our fall and winter gill net survey data will soon be published in this paper by Technician Villebrun. Age-classing of fish takes some work and specialized equipment, and we are gearing up to tackle a lot of fish scale samples taken over winter. We will also collect fish tissue samples to determine the mercury content of fish in Nett Lake. Insect sampling will continue, and we hope to eventually compile enough information to develop an index of water quality (certain bugs will tolerate more polluted conditions, while some will only be present if conditions are very good). Water chemistry data taken last year revealed no major surprises, however, we are a bit concerned about elevated lead levels observed in the lake just after ice-out. This seems strange since lead metal is typically inert in water (*i.e.*, it shouldn't be released from lead shot) unless acidity of the water is high. This isn't the case in Nett Lake, which has a very normal pH level (This in itself is also a surprise given the vast amount of wetlands surrounding the lake which release natural organic acids). We are also surprised about the relatively low alkalinity concentration in the lake. Alkalinity is the term used to describe the chemical components that "buffer" the lake water. These chemicals act sort of like a pillow to absorb the shock of acid conditions

imposed on the lake. If the acid input occurs over a long period, however, these buffers will get used up and the lake animals and plants are then susceptible to acid attack.

Lightfeather Lake: We have received an extension of our EPA grant to work on Lightfeather Lake. This lake has some existing conditions that hinder its usefulness as a fishery. In a nutshell, this lake loses almost all of its oxygen very soon after ice-out. Without air, life won't exist in the lake. We spent a fair amount of time last year placing nets to identify fish species present. With exception of a few minnows near the surface, we found no fish of any type. Insects are also low in number, again probably due to low oxygen. The few insects found were species that are very tolerant of low oxygen conditions. Also, the great depth of Lightfeather makes it improbable that we can successfully introduce wild rice. In sum, this lake will require substantial management to create sustainable conditions. Air must be introduced into this system, and the most direct way to do this is to introduce a mechanical aerator (sort of like a fish tank bubbler) that pumps air into the water. This may not be feasible, given the high cost of these units and the associated costs for electrical service and maintenance. We'll spend this year continuing our monitoring programs and developing options and cost estimates to develop this lake for fishery purposes.

Lake Vermilion: We are finally succeeding in developing a cooperative effort with the MN DNR regarding fishery management on Lake Vermilion. This spring I will assist MNDNR fisheries personnel as they collect data for their Lake Vermilion Fisheries Management Plan. DNR intends to set ice-out trapnets to assess muskie populations, continue a sediment mapping study that began in 1990, and conduct aquatic vegetation mapping and primary production (microscopic plants and animals) surveys. DNR also intends to do spring electrofishing assessments for bass, summer trapnet assessments for bluegill and black crappie, and fall electrofishing surveys of young-of-the-year walleye. This is a pretty intense sampling agenda, but we believe that it will provide the Band with sound information on the Vermilion fishery. We will also be assessing Band member gill netting, and will collect information to document Band member walleye take in spring and fall.

Ceded Territory Fish Mercury Study: Bois Forte has been asked to be a partner with the Fond du Lac Natural Resources Department as Fond du Lac applies for an EPA grant to assess mercury content in fish

taken from ceded territory lakes. If this grant is approved, we will spend about two weeks netting fish from specific lakes and having tissue examined for mercury content. The goal is to develop mercury levels that can then be used to define consumption rates for fish in this area.

Ceded Territory Wild Rice Lakes Study: Bois Forte and Fond du Lac Natural Resources Department Biologists have been working with the 1854 Authority to develop a wild rice survey and management plan for wild rice lakes in the Ceded Territory. We anticipate beginning this study in the spring. Conservation Officers and technicians from our departments will perform site inspections of 100-150 lakes in the Ceded Territory. Once rice beds are confirmed, we will shoot air photos of the lakes, collect water chemistry and biological data from the lakes, and develop a GIS map for future management purposes. This project will probably take at least two years to complete.

USGS Groundwater study in Nett Lake: USGS personnel recently made a short trip to Nett Lake and developed several groundwater wells within the lake. The idea was to assess the groundwater component of the lake water budget (groundwater + surface runoff + precipitation = total input to the basin). Conditions for the day were nice (40-50°F), but unfavorable for hard-water work; In fact, our work schedule was abruptly shortened after one USGS technician got his snow-machine so stuck in about two feet of ice-slush that it took almost two hours to get it free. We did find, however, that there appears to be a measurable groundwater inflow into Nett Lake. This is interesting, given the deep clay substrate under the basin. Also, sediment depths accumulate deeper near the east end of the basin (near Lost River). We measured 13 feet of organic muck at this end of the lake. Moving nearer to Spirit Island, we found only 9 feet of muck. This isn't surprising, since lost river water inflows bring this stuff in and deposit it in the upper reaches of Swamp Island Bay. Groundwater entering the lake also appears chemically different. It is warmer, it has a lower pH, and it has a higher conductivity (the presence of certain ions to pass an electric charge) than the lake water. It's unfortunate that conditions didn't permit further testing, but USGS will tackle this issue again next winter.

Regulatory Policy: I received notice from the state Attorney General that our application for Treatment as a State (TAS) is nearly complete. The state has raised concern about our jurisdiction over the Deer Creek sector of the reservation, and this could get a little messy. However, our plan is not to accept TAS until the end of April. By that time, the legislature will be out of session, and we may have an easier time passing the complete TAS package by the state. In any case, we will soon have jurisdictional control over the majority of Bois Forte's waters, and I will continue to

build the water quality standards for our waters using the data collected through our field sampling activities.

Laboratory Development: I am particularly happy in that the Tribal Council views our need for water protection as very important, and has given us the go-ahead us to construct a water quality laboratory in the old headstart building. Plans for this facility have been prepared and construction of the facility is progressing. This facility will allow Bois Forte to develop its internal capacity to analyze water and take quick action if problems occur. The facility will be initially designed to accommodate bacteria testing, biological testing and some basic water chemistry. We will expand the potential of this facility as funding permits. In the future, we hope to be able to accept contractual work from outside agencies or communities and thus offset costs for maintenance of the facility.

Black Bears: I expect that soon these critters will be waking up and foraging. The issues over the Vince Shute Bear Preserve that we brought to you last summer will be brought forth again. I will be contacting several black bear experts over the next weeks and discussing your opinions (through the surveys) with them. Their information will be passed to the Tribal Council in order to keep the Council abreast of this development.

GIS Development: Technician Villebrun has been working at developing our GIS system. We have shifted our focus away from the ARC INFO software and toward use of an ARC VIEW environment to model our natural resources. ARC INFO is essentially a computer programming language, and is very difficult to use. Alternatively, ARC VIEW is a resource managers tool that allows relatively fast digital map development. We are being assisted in development of our GIS program by the Natural Resources Conservation Service (NRCS) as part of our technical assistance agreement with this agency.

Elder's Spring Water Program: This program will continue throughout the year. We had some normal start-up problems (bottles breaking in the cold weather, for example) but things have generally been going smoothly. We anticipate some problem getting water when the weather warms and the trails get mucky, so please bear with us. We will continue to collect containers one time per month (at the end of the month) and will try to have these filled and back to you within the first week of the new month. We may possibly expand the program if levels of interest from Elders remain at current levels.

I would finally mention that we are taking steps to ensure that traditional respect for waters of the Reservation be preserved. Natural Resource Director Ray Villebrun and Council member Jerome Whiteman are providing input and advice to our technicians about traditional steps to take when collecting water. These will be applied whenever we take samples from Nett Lake or other Reservation waters.



Reservation Tribal Council minutes..

Minutes of a regular meeting of the Bois Forte Reservation Tribal Council held January 11, 1996, council chambers, Nett Lake, Minnesota.

Meeting called to order at 9:05 a.m.

Members present: Gary W Donald; David C Morrison Sr; Doris Isham; Jerome Whiteman

Members absent: Phyllis Boshey

Others: Frank Annette; Ryan O'Leary; Mark Anderson, Legal Counsel; Vicki Holmes; Darin Steen; Ray Villebrun; Chris Holm; Kim King; Joanne Donald; Cindy Glasel; Cecile Warren; Andy Datko; Susan Strand; Dave Danz; Pete Isham; Donna Hoffer; Gordon Warrick

Phyllis arrives at 9:06 a.m.

Moved by Jerome Whiteman; seconded by David Morrison Sr.; to approve the minutes of a special meeting held December 14, 1995 at Nett Lake, Minnesota. Carried 4-0-0.

Moved by Doris Isham; seconded by Jerome Whiteman; to approve the minutes of a special meeting held December 27, 1995 at Fortune Bay Casino, Tower, Minnesota, with the correction that the another zero be added to the figure on the fifth paragraph. Carried 4-0-0.

Chris Holm gave an update on the bear survey. The results were the same as in December. The results will be published in the Bois Forte NEWS.

Chris Holm gave an update on the public meeting on the Nett Lake Water Management Plan. The general feeling at that meeting was management alternatives should be carried out. There will be a special meeting held with the Elders to get their input.

Moved by Jerome Whiteman; seconded by Doris Isham; to adopt resolution #85-96, application to the Legislative Commission on Minnesota Resources. Carried 4-0-0.

Moved by Jerome Whiteman; seconded by David Morrison Sr.; to adopt resolution #86-96, application to Natural Resources Conservation Service for technical assistance on the Bois Forte integrated resource management plan. Carried 4-0-0.

Resolution #87-96, Solid Waste Disposal Code, is tabled. This will be published in

the newspaper for public comment before any action is taken.

Moved by Jerome Whiteman; seconded by Phyllis Boshey; to adopt resolution #88-96, regulations and standards for waste treatment systems and wells. Carried 4-0-0.

Invocation by Gene Goodsky.

Moved by Jerome Whiteman; seconded by Doris Isham; to appoint Gene Boshey and Ruth Ann Strong to the Elderly Needs Committee. Carried 4-0-0.

Frank Annette will meet with Cecile Warren, CHR, to come up with procedures and guidelines for the Elderly Needs Committee.

Susan Strand was on the agenda to get the Chairman's signature on the response to the BIA evaluation. Council states that items like this should be reviewed by Frank Annette first before being brought to the meeting and given to the Chairman for signature.

Joanne Donald gives a report on the financial aid to the post-secondary students.

No action was taken on resolution #89-96, criteria for the Bois Forte Post-Secondary Education Assistance Grants Program.

Joanne Donald will meet with Frank Annette and Helen Gerhardson to discuss guidelines and criteria for financial aid for students from the self-governance funds.

Joanne is to contact the students and let them know they can't be funded until the money is available to draw down from Washington. The schools should carry the students though.

Moved by Doris Isham; seconded by Jerome Whiteman; to adopt resolution #89-96, Critical Professions Scholarship Program. Carried 4-0-0.

Joanne Donald requests the Council to front end the critical professions students until the money comes in. The amount needed is \$4,000.00. The Council concurs with this request.

In regard to the stipends for the critical professions scholarship program, the \$650.00 stipend per month for undergraduates will be deleted next year. Only graduates will receive stipends. Joanne

Donald is to let the undergraduate students know this so they won't expect it next year. Joanne Donald is to get information on the critical professions scholarship program from its beginning. She is to find out what Bois Forte enrollees used this program and the dollar amounts received.

Moved by Doris Isham; seconded by Jerome Whiteman; to adopt resolution #91-96, grant application to the National Park Service Historic Preservation Fund to conduct field investigations of historic fur post and mine sites on the Vermilion Sector. Carried 4-0-0.

Moved by Jerome Whiteman; seconded by Phyllis Boshey; to adopt resolution #92-96, requesting the Bureau of Indian Affairs add Sugarbush Road and Hard Hat Road to the BIA Road System. Carried 4-0-0.

Dave Danz informs the Council a new agreement must be signed with St. Louis County for plowing/maintaining roads on Indian Point, Sugarbush, and the Vermilion Sector. The county was under contract with the BIA in previous years but now under self-governance the Band assumes full responsibility for Reservation roads. A meeting was held between Bois Forte and St. Louis County engineers to confirm the roads needing to be plowed and maintained.

Meeting is recessed at 12:05 p.m.

Meeting reconvenes at 12:55 p.m.

Dave Danz gives the Council a copy of the proposed Sawmill Personnel Policy to review. These will be brought back to the Council for approval before the sawmill opens up.

Dave Danz and Pete Isham are to advertise to see what we could get for our planer and also see what a leased one would cost.

Dave Danz will advertise the sawmill to see if there is an interest in someone purchasing it.

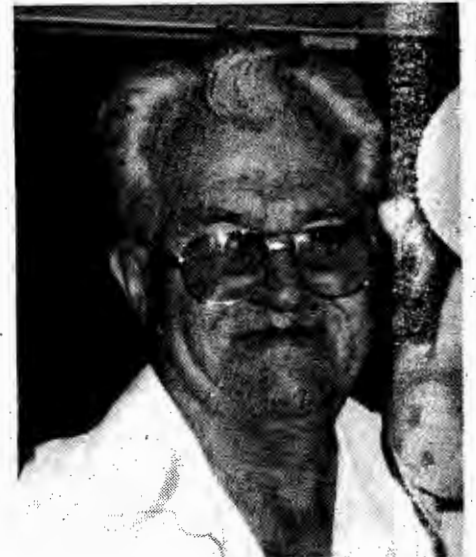
Mark Anderson informs the Council that the Band has the legal authority to impose taxes on the Reservation and that if Bois Forte were to impose a tax on non-Indians we would need to list the benefits the taxpayer is getting. Frank Annette will check with the Bureau to see what the status is of the land ownership on the reservation.

Jerome Whiteman informs the Council that he will be out of town at a meeting on the 25th and will not be here if there is a Council meeting on that date.

Moved by Doris Isham; seconded by Jerome Whiteman; to approve amendment #1 to the Bingo Facility easement. Carried 4-0-0.

Moved by Phyllis Boshey; seconded by Jerome Whiteman to adjourn meeting at 2:19 p.m. Carried 4-0-0.

OBITUARIES



ROY L. HANSON

Memorial services for Roy L. Hanson, 74, of Gheen were held Thursday, March 14 from the Calvary Lutheran Church of Orr. Rev. Sylvia Jerdee was the officiant. The honorary bearers were the grandsons: Jess Blake, Orlin Ofstad, Jonathan Ofstad, T.J. LaMere and Roger Whiteman. The interment was in the Willow Valley Cemetery.

He was born Roy Leslie Hanson on Dec. 7, 1921, at Gheen; the son of Oscar and Hannah (Johnson) Hanson. Roy was a lifelong resident of Gheen. He graduated from the Orr High School in 1939. He was united in marriage to Jean E. Barnes in Virginia on April 5, 1942. Roy had served in the U.S. Army Medical Corps during World War II. In 1946, he, along with his brothers Richard and Arthur, built the business in Cook known as Hanson's Lockers, which grew into Hanson's Furniture Store in the mid-1960s. He retired in 1976. He was a member of the Calvary Lutheran Church of Orr and had served on its council. He was also a member of the Cook VFW Post 1757, the Cook Area Lions Club, the Orr American Legion Post 480, the Willow Valley Farmers Club and was a past member of the Cook Hospital board. He had enjoyed hunting, fishing and woodworking. He was especially fond of making crafts with his grandchildren and spending time with them.

Roy died unexpectedly at his residence on March 11, 1996.

In addition to his parents, he was preceded in death by four brothers, Arthur, Richard, Herbert and George Hanson, and one sister, Gladys Hanson.

He is survived by his wife, Jean; four daughters, Barbara (Orlin) Ofstad of Orr, Jolene (Kenneth) Blake of Gheen, Gloria "Corky" (Thomas) Lamere of Forest Lake and Joan (Roger "Sid") Whiteman of Orr; one brother, Harold (Leona) Hanson of Minneapolis; three sisters, Olive (Clarence) Lehman of Denver, Colo., Hazel Barber of Ridgecrest, Calif., and Doris (Delmar) Shuck of Valdosta, Ga.; along with 14 grandchildren; seven great-grandchildren; and numerous nieces, nephews and friends.

Funeral arrangements were by the Mlaker Funeral Home of Cook.

Alcohol Kills!
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CHOOSE TRADITION NOT ADDICTION

Know the consequences of alcohol and drug abuse

A message from United National Indian Tribal Youth

NEW TRANSFER STATION HOURS

April 1, 1996 - Nov 1, 1996

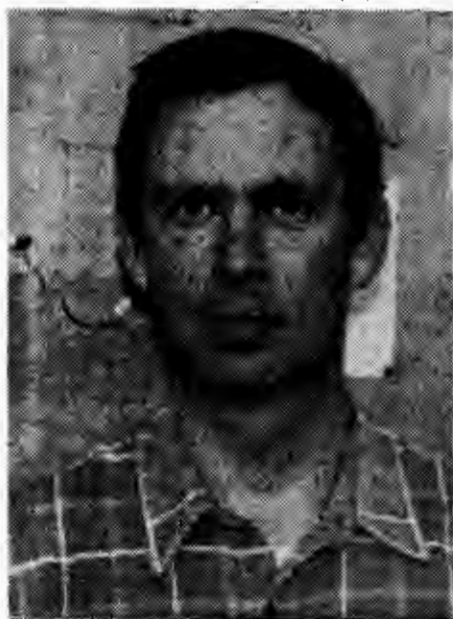
Monday - Wednesday - Saturday

2:00 - 6:00 p.m.

The Solid Waste Disposal Coupons are on sale at the receptionist's desk in the Tribal Offices or at the MSC Foods

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Forestry news



Chuck Whitmore, Forester

Hopefully, by the time this article appears in the paper, most of the snow will be gone and with that will come fire season. As most of you know, burning permits are required for open burning of vegetative materials (grass, brush, trees, etc.). Reasons for this is safety - during moderate to high fire danger, uncontrolled fires (wildfire) is a very real possibility. Permits are a requirement at Indian Point and Vermilion as well as Nett Lake.

The permits can be obtained by contacting forestry or the Natural Resource Department in Nett Lake when burning on the main reservation. Burning permits must be obtained from the Orr DNR office or local fire warden when wishing to burn at Indian Point and from the Tower DNR office or local fire warden when burning on Vermilion Reservation. This is because the DNR has fire protection responsibility for these two areas and must know who is burning where and when.

The DNR has agreed to take initial response action on fires at Indian Point and Vermilion while Bois Forte has agreed to protect all ownerships on Nett Lake Reservation. Burning permit regulations will be enforced by the Bois Forte Conservation Department on Indian Point, Vermilion and Nett Lake.

New faces out at forestry are Mike Connor, forestry technician, and also the four newly hired fire crew members. We

have been busy closing out timber sales prior to breakup, cruising allotments and setting up several plantations for thinning which the sawmill will need during breakup when hauling is restricted over most of the reservation.



March 18, 1996
Mr. Gary Donald
Chairman Bois Forte Band
PO Box 16
Nett Lake, MN 55772

Dear Gary, and RTC Directors:
On behalf of the Board of Directors of Bois Forte Enterprises I would like to extend our gratitude for your efforts in planning, developing and implementing the Fortune Bay Resort and Conference Center.

The Fortune Bay Resort and Conference Center is another step toward the Bois Forte Band's drive toward economic vitality. You should be recognized by your constituents for your efforts to diversify and spur economic development. Not only are you creating opportunities for Bois Forte Band members, but you are also improving our relations with area visitors and citizens.

The Board of Directors of Bois Forte Enterprises is honored by the trust and the responsibility you have placed in the board. We will continue our efforts to assist in the economic development of our Reservation, ever mindful of our obligation to fulfill the trust you have placed in us.

On behalf of the Board of Directors of Bois Forte Enterprises:

1st Gary Gotchnik
Chairman
Bois Forte Enterprises

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ON YOU.**

April birthdays....

- 01 - Eugene A Boshey Jr, Gary R Boshey, Bryanne R Chosa, Audrey F Geshick, Sunshine L Knott, Faith C M Lightfeather, Curtis L Warren, Brian L Whiteman
- 02 - Brian K Anderson, Mark E Drift, Lawrence H Lyons, Lavira G Rios, Jarred K Whiteman
- 03 - Margaret L Benner, Jennifer A Chosa, Eric R Jacobsen, Barbara J Kessler, Nancy J Rowlette, Jacqueline H Smith, Arianna R Zapata
- 04 - Marcie E Antell, Iris M Boness, Alden L Connor Jr, Gregory L Drift, Warren King, Michael J Konczak, Raymond H Tawyea, Andrew Toutloff
- 05 - Marlene M Haynes, Theodore S Hoffman Jr, Leonard Thompson Jr, Laura M Weiss
- 06 - Raini M Boshey, Juanita J Curran, Kenneth G King Jr, Conrad G Larson, John A Roy
- 07 - Daniel J Boney, Shawna L Boney, Phyllis M Boshey, Donald R Gonier, Victoria L Herrington, Terry A Lightfeather, Lori J Littlewolf, Henry E Mesabe, Daniel C Weiss
- 08 - Robert Drouillard, Sarah A Howe, Reannon L Lybarger, David B Toutloff
- 09 - Vanessa J Adams, Franklin E Barto, Jordan R Brown, Margaret S Kinch, Donna M Mealey, Janet C Shonk, Jared P Siebert
- 10 - Cynthia A Adams, Betty Amitrano, Mabel Brooks, James M Chavers, Candice M Johnson, Milton Lumbar, Ronald E Lyons, Laura J Strong, Harvey Thompson
- 11 - Jessica L Allan, Patricia J Drift, Colin L Harper, Neil B Knutson, Bruce E Smith, Kay F Zika
- 12 - Desiree E Brooks, Angela M Pearson, Clifford J Werman
- 13 - Timothy Anderson, Judy M Drift, Georgiana Maynard, Terrance J Strong
- 14 - Jeffrey J Boshey Jr, Cheryl J Earley, Angella M Jackson, Marla R Jordan, Steven A Konczak Jr
- 15 - Esther F Connor, Charlene A Davila, Jodi M Drobnick, Jordan F Goodsky, Patrick J Hilar, Lacy M Johnson, Terry A King, Allan G Landgren, Amy L Paetznick, Franklin R Porter, Michael R Tolrud
- 16 - Ronald W Adams, Rustina M Columbus
- 17 - Aileen R Erler, Guy E Hackey, Thomas P Konczak, Jerry J Lightfeather, Carla S Sheehy
- 18 - Sidney O Adams, Gloria A Boshey, Cecelia Brown, Marlon W Drift, Debra A Fontaine, Judith A Hill, Anita L H Hunt, Martha A Maher, Robert G Moffett, Katherine L Thompson
- 19 - John T Anderson, James L Boshey Jr, Constance F Carlson, Bobby D Drift, Michael C Fisher, Lori Forman, Derrick L LaRoque, Andrew C Leskey, Nicole A Pierstos, Torrey R Rettke, Linda K Spires, Jon Strong, Kay F Strong
- 20 - Randolph B Adams, Pamela J Beaupre, Casandra L Dagen, David J Gotchnik
- 21 - Lance A Connor, Leona R Connor, Bradley W Day Jr, Brent L Drift, Thelma M Dziuk, Sherrie R Hawkinson, Christy J Isham, Alicia A Iverson, Edward A Skinway
- 22 - David A Chosa, Veronica M Dale, William D Littlewolf, Raymond L Thompson
- 23 - Helmi Andrews, Gail J Birman, Delores M Diaz, Alan C Engrav, Jessie L Ernstron, John R Ernstron, *April J Gawboy, *Bradley D Gawboy, Allen D McDougall, Rebecca L Norton, Andrew D Sam, Marcelline M Strong, Donovan w Villebrun, Kenneth F Villebrun
- 24 - William D Chavers, Clara A Chosa, LaFayette Connor, Ruth M Connor, Lester E Drift Jr, John E Isham, Henry L Porter Jr, Kim L Sadewasser, Jacqueline Villebrun
- 25 - Thomas J Anderson, Lorri A Hansen, Brian F Kendall, Roger D Wardall
- 26 - Mary Frances Boshey, Vincent J Chosa III, Marion F Jordan, Gail M Strong
- 27 - William J Anderson, Dale R Boshey Jr, Antoine J Fairbanks, Donna J Geshick-Leë, John R Mee, Leonard G O'Leary, Gary W Smith, Gay J Stanaway
- 28 - Sadonna L Connor, Steven E Isham, Wayne P Lightfeather, Kashina K Medicine, Randy S Rolando
- 29 - Rachel E Ekholm, John P Hackey Sr, Jeremy M Kray, Debra J Muresan, April L Whiteman
- 30 - Terrance J G Adams, Sheila M Brezinski, Nicole R Sheehy, Jolene M Swan, Krystal D Tenne

* Twins, evidently.
Most popular day to be born in April? The 19th with 13.
The least popular? The 16th with only 2.



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