



Bois Forte News

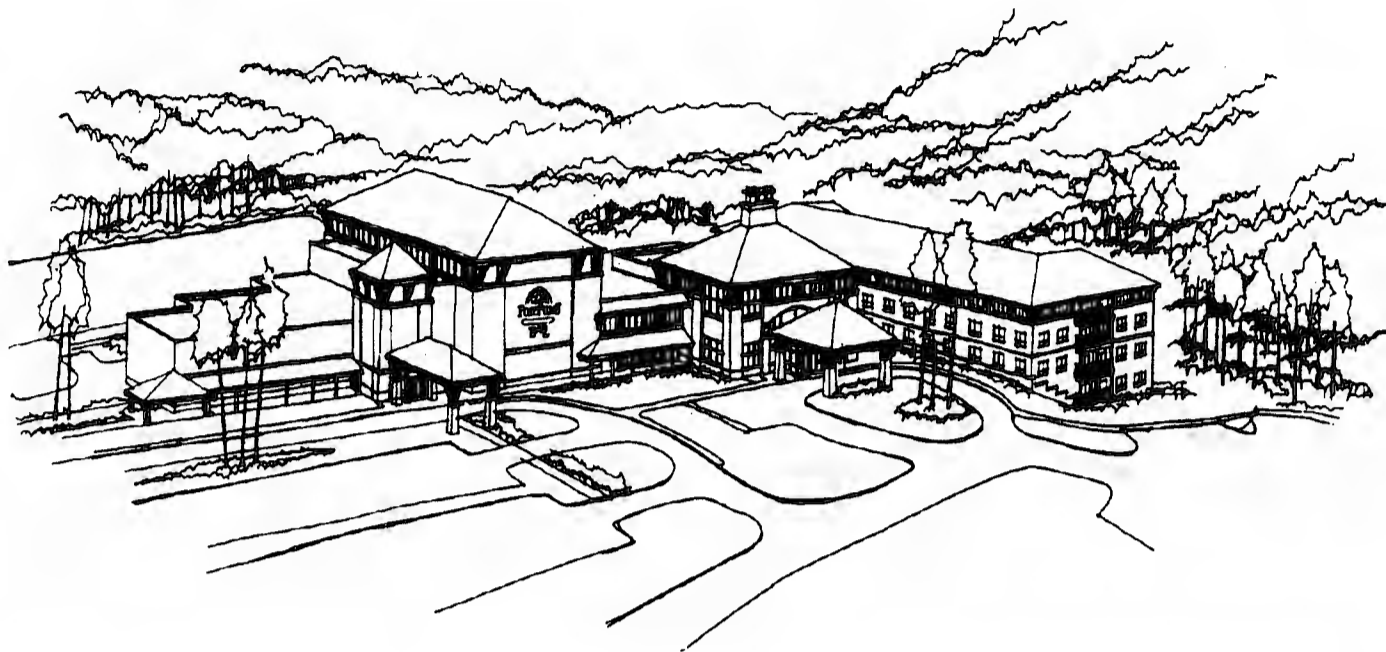
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VOL. 10, NO. 4

NETT LAKE, MINN., NOVEMBER 1995 EDITION

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Construction begins on resort/complex

TOWER, MN. - The Bois Forte Band of Lake Superior Chippewa has started construction on a destination northern Minnesota resort on the shores of Lake Vermilion near Tower. The 118-room and luxury suite wilderness resort and conference center is scheduled to open in the Fall, 1996.

Located on the southern shores of Everett Bay, the resort is being built on the current site of the Fortune Bay Casino, which will become part of the entire complex.

Nestled in a heavily-wooded wilderness area with a majestic stand of Norway pine, the resort not only offers access to the 40,000-acre Lake Vermilion, but also access to over 1,000 acres of tribal forest and wetlands via an extensive trail system.

"We've not opened this land for such extensive public use before," noted Rick Anderson, Chief of Operations, Bois Forte Enterprises, the business enterprises entity of the Band. "This unique undeveloped northwoods setting will provide a world of outdoor recreational opportunities to our guests all year around."

Fortune Bay Resort on Lake Vermilion will be rich in guest amenities, including a full-service restaurant; a grand three-story northwoods lobby with a massive stone fireplace; a 5,400-square-foot ballroom with a seating capacity of 450; and a Conference Center Services for business and organizational meetings.]

Indoor recreational amenities will include a swimming pool, sauna, whirlpool, and exercise room. Guest rooms, many with balconies and fireplaces, will offer vistas of the surrounding forest or views of the lake. The resort is set back 1,200 feet from the lake to minimize visual impact from Everett Bay and to blend in with the environment.

Fortune Bay Resort is in the process of developing an extensive trail system which will be called "Pathways". Pathways will lead guests on developed, marked, and maintained special use trails designated for particular outdoor activities including: jogging; walking, mountain biking; cross-country skiing; a nature and photography walk; snowmobiling; as well as a Native

American Interpretive Trail.

"We've begun walking over 1,000 acres of tribal land to finalize the trail system," said Anderson. "When we're complete, a resort guest can walk from the lobby straight into a true northwoods experience."

Pathway maps are being created and the resort is developing guided daytrips which include wilderness lunches for families and groups as well as trail support areas, such as a cross-country skiing and waxing stations.

"Of course," joked Anderson. "One of our Pathways leads straight to the marina where guests can rent pleasure boats, fishing boats or arrange for guided fishing if they wish. Access to Lake Vermilion is an integral part of our resort site, and our wilderness experience."

"We're committed to having Fortune Bay Resort make a positive contribution to Lake Vermilion," said Bill Tibbetts, Public Relations Director, Bois Forte Enterprises. "In this same manner, we're working in cooperation with all the other resorts and businesses in the area. We sincerely believe

that with co-operative marketing, we can enhance the economic opportunities for everyone. People want the Lake Vermilion experience. With the opening of the Fortune Bay Resort, we're providing them with another choice on how to enjoy that experience."

The approximately \$16 million project has been implemented by Bois Forte Enterprises, an entity of the Bois Forte Band. BRW Architects, Inc. has been retained as the architects and designer, while Bois Forte Enterprises is providing the construction management services.

"We estimate that Fortune Bay Resort will create approximately 200 new jobs for the area," said Anderson. "In addition to new employment, we remain committed, as we have in the past, to seeking cooperative ventures which benefit everyone in the community and region."

Such cooperative ventures include: Joint marketing efforts with the Lake Vermilion Resort Association; continued support for the work of the Tower and Cook Chambers of Commerce; working in association with the Parks and Recreation Program of Vermilion Community College, Ely, in the development of the Pathways concept; potential summer youth trail clearing program; and construction of a Family Resource Center.

"We are going to utilize the beautiful Norway and White Pine logs which had to be cleared in preparation for construction to create a Family Resource Center for the area," said Tibbetts.

The Family Resource Center is going to be constructed on Bois Forte Road adjacent to the Vermilion Community Center. The center will be potentially used to house a community meeting room, Head Start programs, as well as child care and family education programs.

"The Family Resource Center is for the area," Tibbetts said. "It's just another example of how neighbors working together can enrich the life of the area and expand

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Doris and R.T.C. news...



Doris Isham, RTC Representative

At the meeting of the American Indian Education Committee of Sept. 27th, 1995, the election of officers was held. Jeanne McDougall was re-elected as Chairperson

and I was elected as Vice Chair.

This board serves in an advisory capacity to the State Board of Education. Yvonne Novak, a Minnesota Chippewa Tribe enrollee is the director. This board meets quarterly and is comprised of one member from each of the six reservations and Sioux communities.

In addition to overseeing the American Indian Language and Culture grants, the committee has been instrumental in legislation regarding Indian Education in the State of Minnesota.

Some of the legislative accomplishments this past session were:

Language amendments to the Minnesota Indian Teacher Training program.

Emminence Credentials and Teacher Preparation curriculum.

Appropriations for Indian Education programs were maintained at the FY95 funding levels for American Indian Language and Culture.

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Annette named new Exec....



Frank Annette, Executive Director

At a special R.T.C. staff meeting held at the new Community Center, Chairman Gary Donald introduced Frank Annette as the new

Executive Director. In his introductory

remarks, the Chairman stated, "The Bois Forte Reservation Tribal Council has named Frank Annette the new Executive Director as of October 30th. Annette succeeds Tadd Johnson who will be leaving the reservation to start a law firm." Annette's first official act was to attend the National Congress of American Indians at San Diego, California, and started his work day activities on Monday, November 6th.

"Frank Annette is an excellent administrator who has had a distinguished record with the Bureau of Indian Affairs," Donald continued.

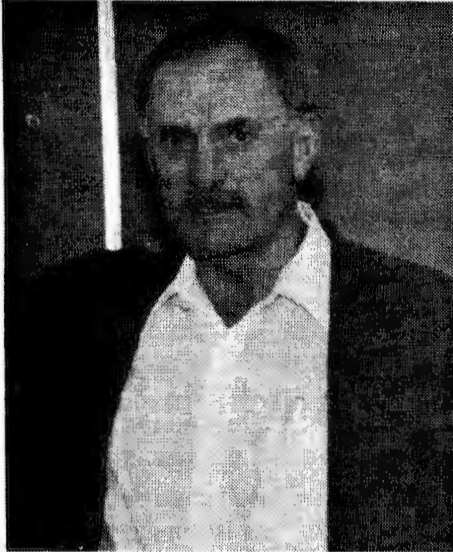
"Frank Annette served with the Bureau of Indian Affairs for 23 years, most recently as Superintendent of the Minnesota Agency in Cass Lake. Annette received his B.A. in education at Moorehead State University in 1968 and his M.A. in education at North Dakota State University. A Marine Corps veteran, he has coached baseball and bas-

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School News

Title I..



Bruce Roberts

Another season of the Nett Lake School is well underway and we are very happy to be settled into the NEW school. It is a real joy to have such a wonderful edifice for students and staff alike.

There have been many changes regarding the Title Programs and more appear to be forthcoming as the people in Washington tinker with program after program. It may well be time for the people to begin tinkering with OUR LEADERS!!! Title I will now also encompass Title II and Title VI which means a great deal more paper pushing for school staff and much more confusion at all levels in dealing with these programs -- enough politics today!

The students in Title I have been working hard and seem to be progressing with reading and math skills. Our testing has been completed and we will be able to share results with you at the November parent conferences. Please feel free to stop in any time you are in the school, your children would love to share their activity with

you!!!!

I am also involved with the Nett Lake Area Learning Center and after several delays we finally got started during the week of October 9th. There are twelve students currently enrolled and attending classes...we hope all works out well for them. The learning center concept will enable students who were previously transported to Hibbing- to complete their high school requirements right at home.

Grow-lab...

The students of the Nett Lake School began Grow-Lab activities during the fall of 1995...each class has participated with various responsibilities and plantings during September and October. We have had some success and some failure and have gained knowledge of plants and how they grow or don't grow as a result.

The fifth grade students have been the primary Grow-Lab managers during this time frame. They have prepared trays and soil for planting. The fifth grade students have also been responsible for care (watering) of what has been planted.

Each of the grades from 3 - 6 have planted a "crop" and followed its growth or lack of growth thus far...we have had success with beans, pole and bush, lettuce, tomatoes and radishes...our onion plantings have not germinated as we expected but that is also a lesson of gardening...not all things are a great success story. The first and second grade students have been introduced to the Grow-Lab and observed plant growth which relates directly to what they have been doing in their classrooms.

Our Grow-Lab activity will develop further as the year goes on and we will have both units operational by December. This has been an activity that is interesting and educational for the Nett Lake students.

First & Second grades..



Karen Fink

The first/second grade classroom is bustling with 15 (soon to be 17) eager and enthusiastic students. There are 12 second graders and 5 first graders. If you hear laughter coming from our room, it's because the second graders have just finished writing a joke book. They've discovered how much fun reading can be and they are especially enjoying our latest reading theme, "Funny Business." The first graders are learning to read color words, number words

and a few sight words. They, also, are enjoying the beautiful books that come with our new reading series.

Math has brought a new adventure for the first graders in the form of adding and subtracting. This is old hat to the second graders, as they work on adding 3 numbers, and double digit addition and subtraction.

In addition to writing jokes, our class has been busy writing stories about ghosts, witches and bats. In science we've been studying plants, and watching the progress of the plants in the Grow Lab, thanks to the supervision of Mr. Robert's green thumb.

Thanks to all the parents for your support and cooperation with homework and the second grade spelling tests. We like our new school and have listed some of our favorite things about it.

AARON: I like the computer lab and the little room in our classroom. It's fun to look at.

CONRAD: I like the library. The books are fun to read.

GORDY: I like the outside playground.

PETER: I like the mezzanine. It's high and you can see everything.

JESSICA: There's lots of room in the library.

BILLIE: I like the classrooms. I like the new desks.

ANGELIQUE: I like the circle in the center, because it's pretty.

TRACEY: I like the new boards, we don't have to wash them.

DAVID: I like the windows, because they're so clean. The new desks are good because you can clean them out.

AIMEE: I like the new desks. they look nice and they feel soft.

MICHAEL: I like it very much. I like the cupboards, because they're real special.

SHULLON: I like our new classroom and how it is decorated up. I like the new computers.

JORDAN: I like the pictures on the walls. I like the colors on the outside of the school.

BOBBI: I like the gym. It's big.

Fifth & Sixth grades..



Denise Johnson

It's hard to believe one quarter of school is over. Time is flying and we have been busy. Instead of me telling you what has been going on in our classroom I've decided to let those who know best tell you - the students.

If your favorite 5/6th grader doesn't have an article in this issue, you'll definitely see their writing in the next. Hope you enjoy! If you do, let them know. Thanks.

What we are learning in Fifth Grade Math! We learned to write the value of digits and ordering decimals greatest to least. We've been doing problem solving and adding and subtracting decimals. The fifth graders know how to write a number in standard form. We especially liked rounding and estimating sums. Did you know that the difference is the answer when subtracting. We've taken two chapter tests and cumulative reviews. Now we are going on to chapter 3. Which is about multiplying whole numbers. Jeanna Marie Day

6th Grade Math News

In 6th grade we've been doing adding, adding with decimals, subtracting with decimals. Now we're multiplying whole numbers and we're probably going to get into multiplying with decimals. I can't wait until we get into dividing. But it will get harder as we go on. Math seems to go by rather quickly and there's tests that we don't have much trouble with at all. The 6th grade math is pretty easy for most of us and it's been lots of fun.

Amanda Bardwell

5th Grade Reading News

Our first theme was called the Danger Zone. All the stories in that theme had characters that faced some sort of dangerous situation like the story Where's Buddy. We are reading stories about saving animals. We read a story about a polar bear. Now we are reading a story about protecting the eggs of loggerhead turtles. 5th grade reading is fun. Lyle Connor

6th Grade Reading News

We have been reading in a theme called "Becoming". We already read a story called Sister.

It is a cool theme. Our class likes it. We already read through one theme and through a theme book. It was called Courage at Indian Deep. We are going to read another story called the Circuit. Samantha Thompson

5th & 6th Grade Social Studies News

Did you know that at one time there were

elephants in Minnesota? You would if you were in 5th and 6th grade. Or, what does the word Dakota mean? It means "friend".

These are a few of the things that we have learned so far this year in social studies. That is because we are studying Minnesota History. We have just started unit two which is about Minnesota becoming a state and our government. Brent Villebrun

5th Grade Language Arts News

We have been doing complete subject and predicates in Language Arts. We have been learning how to use the thesaurus. We have been learn- (sic) where to put quotations. We learned how to abbreviate words. We have practiced giving and following directions. We learned how to use commas. We have now started a new chapter which is mostly about verbs. Jashina Burritt

6th Grade Language Arts News

We've been doing verbs. There's main verbs, helping verbs and linking verbs. We've been doing sentences with finding direct objects.

Verbs aren't hard. They're easy. The 6th grade doesn't have that much trouble. We are learning about other verbs, too!

We are doing tenses of verbs and principal parts of verbs too! It's been fun. Davell LaRoque

5/6th Grade Science News

At the beginning of the year we started out with Science. We learned about the stars, planets, and the other planets of the solar system. Fifth and sixth grade also studied the moon, Earth and sun. We also learned a lot from reading a book and listening to our wonderful teacher.

Our first book was exploring the universe. We jotted down notes after reading some of the pages of Exploring the Universe. With our notes we studied for a test. Some of us did well. Now we are learning about our senses. Nina Drift

Kindergarten.



Nancy Fogelberg

We have eight (8) kindergarten students this year. They have been wonderful! We are busy learning all the classroom and school rules. We have studied all of our colors, shapes and concepts such as over, under, above, below. We started our math series last week and are busy working in our

(Continued on Page 3)

journals for reading. We have learned to share and show RESPECT for each other. We have learned that we are each "Special" People.

ECFE

The Early Childhood Family Education is well underway. We have been holding classes at the Nett Lake kindergarten room. The children really seem to enjoy them. Early Childhood Family Education is for all children ages birth until they start kindergarten and their parents. We went on

ourselves field trips to the Laurentian Center. We had a beautiful day! Watch your mail for our November-December Newsletter. We have two field trips planned, one to Chisholm for Swim/Gym/Pizza on Nov. 16th and one on Dec. 8th to see Santa Claus and go to the Cook McDonalds! Feel free to call me at the Nett Lake school for any questions or problems. I hope to see all of you attend our classes and field trips.

Call me at 757-3102.

Third & Fourth grades..



Katie Long

Hello from the Third and Fourth Grades. We are off to a good start with 12 (soon to be 13) eager learners. We seem to have settled into our routine and know our schedule. It is so fun and exciting being in our new school. Everything is sooooo new! The following are some comments the students have about their new school and classroom.

Mark: It is newer than the old school. It has more windows.

Bobbi: It is big. It is pretty.

George: I like the mezzanine because it has a nice view to see.

Jacob: I like the mezzanine. I like to read up there.

Ashley: I like the lockers, because you can put stuff in them.

Rebecca: I like the mezzanine because it has a view of the lake.

Kevin: I like the new marker boards. I can

write better on them.]

Ray: I like the mezzanine, because you can see some of Nett Lake.

Myron: I like the boy's locker room. They look better.

John: I like the gym. It looks nicer.

In reading we are in the nonfiction themes. The fourth grade is gathering and reading information about DINOSAURS. The third grade is reading and learning how to do MAGIC. We are also going to start doing book reports and reading logs (parents will learn more about this at conferences).

In math both classes have finished the review chapters. The fourth grade is getting daily practice on their multiplication facts and have a multiplication test on Friday. We almost have a couple MATH MULTIPLICATION MASTERS. The third grade is doing time and money. Let them help you do the shopping.

We just finished a wonderful nutrition program with Mrs. Laurie Olson, a nutrition education assistant. The students learned about the food pyramid and how many servings of each food group they should eat daily. They planned and prepared meals and snacks. Everyone learned about nutrition and had fun doing it.

The third and fourth grades will be selling pencils to the other classes on Monday, Wednesday and Friday. The cost is 15 cents apiece with a limit of 5 pencils a day per student. We will use this money towards a class field trip.

I look forward to meeting with the parents on conference day. See you then!



Grow Lab students



Alternative School

• New Exec

(Continued from front page)

ketball in the past as well as worked as a social worker. Annette taught in the sociology Department of North Dakota State University and has worked for the state employment service. Beginning his career with the federal government with the U.S. fish and Wildlife Service, he ended his Federal years with a four year stint heading up the Minnesota Agency at Cass Lake.

Married with two sons, Frank will live in Bemidji for the time being. He is an enrolled member of the White Earth bank.

Outgoing Executive Director Tadd Johnson praised the Council's choice. Johnson informed the Council in August that he will have to undergo surgery in the near future and will take several months to recover, although a full recovery is likely. In making his decision, Johnson felt that he wanted to spend more time with his family and perform legal work for the Band on a contractual basis rather than as a full-time employee. Johnson recommended that a replacement be found and recommended Annette. "When Frank's resume came in I hoped that we could talk him into working here and that turned out to be pretty easy. He knew the Council and knew all of the issues at Bois Forte from his previous position."

Johnson added, "We were very lucky to get Frank. I know he will do a great job in leading our excellent staff."

Annette said he was, "Looking forward to the challenges" at Bois Forte.

He added, "The reservation has made great strides recently through the developments at Fortune Bay and by more than doubling its BIA budget under Self-Governance."

"It's an exciting time to be here," said Annette.

WELCOME ABOARD, FRANK!!



Frank Annette at first RTC staff meeting.



Gary introducing Frank Annette.



?

Incumbents, Axel J. Holmes, Sr. and Marilyn Geshick were returned to office on the Independent District No. 707 (Nett Lake) School Board at the regular election held Tuesday, Nov. 7th, 1995.

Previously, elections were held annually at the May elections but by resolution of the school board, the election date was changed to the first Tuesday in November.

Eighty voters turned out with the results as follows:

- Holmes ---- 65 votes
- Geshick ---- 53 votes
- Write ins --- 12 votes



BOIS FORTE NEWS

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Axel J. Holmes Sr. — Editor
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• Construction begins

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the opportunities available for everyone."

Fortune Bay Resort on Lake Vermilion is being developed adjacent to the existing Fortune Bay Casino on the site, but each entity is separated by different entrances, parking and furnishings.

"Fortune Bay Resort is not merely a casino hotel, but rather a unique destination wilderness resort," said Tibbetts. "We've designed the resort to reflect the wilderness experience Lake Vermilion provides naturally."



Dave Anderson, Construction Mgr.

Dave Anderson is managing the construction of the Fortune Bay Resort on Behalf of the Bois Forte Band of Lake Superior Chippewa.

Prior to the Fortune Bay Resort project, Anderson served as the Facilities Engineer/Cost Accounting Manager for Alliant Techsystems, Inc. (formerly Honeywell, Inc.). He was responsible for project management, facilities maintenance and production support. During his tenure with Alliant Techsystems, he was lead engineer responsible for the various high tech components of a \$13 million restructuring project as well as a \$1.4 million battery facility move out. Anderson also held previous positions serving primarily as an electrical designer and received numerous accolades for superior job performance.

A graduate of Bemidji State University, Anderson earned a Bachelor of Science degree in Industrial Technology, concentrating his studies in management-oriented supervision of operations, organizations and functions, production management and quality control. Anderson also served with the United States Army, based in Fort Bragg, North Carolina.

Anderson is a member of the Bois Forte Band of Chippewa Indians. He and his family reside in Ely, Minnesota.



Tom Neukom, General Manager

Tom Neukom is serving as General Manager of the Fortune Bay Resort. Neukom has more than 30 years experience in the hospitality industry. Prior to joining Fortune Bay, Neukom served as General Manager of the Crown Sterling Suites Hotel, Bloomington, Minn., as well as Vice President of Operations, Central Region, for the Crown Sterling Suites chain of hotels.

As General Manager for the Bloomington hotel, he was instrumental in increasing the facility's profitability from \$3.4 million in 1992 to \$4.9 million in 1994. Throughout that process, he also significantly increased the hotel's sales and occupancy rates.

Following his promotion to Regional Vice President, Neukom assisted the region's operations in increasing its overall profitability. He also developed and wrote the "Standards of Operation" manual and "Quality Control" review procedure for the company.

For over 10 years, Neukom served in hotel and restaurant management for Radisson Hotels International, with his most recent assignment as General Manager of the Arrowwood Radisson Resort, Alexandria, Minn.

Neukom received an Associates of Arts Degree in Hotel and Restaurant Management from Forest Park Community College, St. Louis, Mo., and a Bachelor of Arts degree in Organizational Management and Communications from Concordia College, St. Paul, Minn. He is currently working towards a Masters of Science degree in Management through Cardinal Stritch College, Milwaukee, Wis.

Neukom and his family currently reside in Burnsville, Minn., and plan to relocate to the Iron Range in the near future.

Nothing that was worthy in the past departs, no truth or goodness realized by man ever dies or can die.

—Thomas Carlyle



Fortune Bay Casino board of directors.



David Morrison, secretary-treasurer of the RTC, addressing the crowd.



Rick Anderson, Fortune Bay general manager, with opening remarks.



Fortune Bay sign

Like Father, Like Son

CHOOSE TRADITION NOT ADDICTION

Know the consequences of alcohol and drug abuse

A message from UNIV and the National Institute on Drug Abuse

Notice of Public Meeting
Regarding a Draft Land Use Plan for
the Vermilion Sector of the Bois Forte Reservation

Meeting Date: Monday, December 4
Time: 7:00 P.M.
Location: Vermilion Community Center

Copies of the Draft Land Use Plan are available for review at the Vermilion Community Center. For more information or a copy of the plan, please call Andy Datko, Bois Forte Community development Planner at 218-753-6400

• Doris & RTC News

(Continued from front page)

Minnesota Indian Scholarships.

Minnesota Indian Teacher Training Program.

Post Secondary Preparation Programs.

This board is currently holding a series of three public hearings regarding the Indian Education Act of 1988 and state legislation impacting public, private and tribal schools. I had an opportunity to sit on a panel at the first hearing held during the Minnesota Indian Education Conference held at Mille Lacs on October 13th. Two more hearings are scheduled for St. Paul in January and White Earth in April. Written comments are welcome and can be sent to Yvonne Novak at Minnesota Dept. of Education, 739 Capitol Square Building, 550 Cedar St., St. Paul, MN 55101.

The State Board of Education along with state health and welfare departments have a name change to the "Department of Children, families and Learning", this became effective October 1st, 1995.

A fifteen member team has been established to plan and advise the Commissioner in preparation of structuring this mega-department by Fall of 1996.

Tribes submitted nominations from the Indian Communities to this planning team. However, only one of those nominated was selected, Mr. Paul Williams, Tribal Council member from White Earth. I'm sure Paul will do well to represent the Indian communities on this very difficult, but important task. It was suggested that a sub-committee be formed to advise the planning team member on Indian issues.

The Bois Forte Tribal Council invited Bonnie Lowe of the Minnesota Chippewa Tribe to do a presentation to the Bois Forte community on the Welfare Reform bill, currently in congress to be decided this fall. We want to inform you well in advance of these drastic changes to give you time to prepare. The proposed changes make a person who has been on financial assistance for five years (in his/her lifetime) ineligible to receive further assistance. If a person starts now, he/she can earn a college degree in five years. After two years of receiving financial assistance, he/she will be required to work twenty (20) hours a week to continue receiving assistance for the remaining three years. If a person starts now, in two years he/she could have an AA degree or Vocational Certificate. Jobs are scarce now and will be even more so in the future, they will be highly competitive both on and off the reservation. The term AFDC has already been changed to TPA, meaning "Temporary Parental Assistance".

Tribes have been lobbying congress on a national level regarding these proposed changes in Welfare Reform as well as other issues impacting Indian people. But the new Republican administration is determined to cut the national budget, and in my opinion, they've given very little thought to the domino effects that will take place as a result. Just to name one, an increased crime rate to simply survive. This does not pertain just to Indian people but to everyone in the United States. And what is really "day-bi-nok" is at the same time they are proposing welfare reform, they are cutting education and job training budgets. Well, enough on this subject. This is why it is very important that we, as Indian people, need to get out and vote in all elections held at the state and national levels.

In other news. For the past several months, the tribal council has contemplated expanding the tribal court to include civil matters.

At the meeting held Sept. 21st, 1995, the Tribal Council did adopt by resolution

their acceptance of civil jurisdiction on the Bois Forte Reservation.

The Bois Forte Tribal Council has inherent sovereignty to delineate the jurisdiction of the Bois Forte Tribal Court and to affirm and clarify jurisdiction over all judicial

matters both civil and criminal. The tribal attorneys will establish rules of civil procedure which will be published for comment prior to adoption, i.e., solid waste management, eviction, taxation, zoning, etc. This is all for now.

God, the Divine Artist...



Pastor & Marilyn Rabbitt

Fall - my favorite time of year. Temperatures start cooling down, the summer activities begin to taper off and things don't seem quite so hectic (unless you're a student just beginning all of the activities of sports, cheerleading, band, etc., etc.!) The flying insect population dwindles down so a person can enjoy the beauty of the woods and country side.

Have you noticed the beautiful colors? I didn't expect the leaves would be so brilliant this year because the summer seemed so dry - but driving down Nett Lake road takes your breath away. The colors are so bright and it caused me to think on the greatness of God.

I've also noticed the beautiful sunsets over Nett Lake the past few weeks. They have been brilliant and beautiful too and one cannot help but think of the Master Painter who is constantly creating day after day. No artist ever in history could ever match what God paints every day.

How often have you taken the time to think about the One who created all this beauty for us to enjoy? The psalmist said, "when I look up into the night skies and see the work of your fingers - the moon and the stars you have made - I cannot understand how you can bother with mere puny man, to pay any attention to him! And yet you have made him only a little lower than the angels, and placed a crown of glory and honor upon his head."

I wonder also why He would bother with us when we constantly make mistakes and disobey Him and disappoint Him - yet He loves us with a love we have no understanding about and has prepared for us to live with Him through out eternity. How blessed we are!

Psalm 33:8-10 says, "Let everyone in all the world - men, women and children - fear the Lord and stand in awe of Him. For when He but spoke, the world began! It appeared at His command! And with a breath He can scatter the plans of all the nations who oppose Him."

Just looking at nature tells us there is a God. It couldn't have just happened by some accident. There is order and beauty and God created us to enjoy and appreciate that beauty. Take time to think about what is around you and where it came from. Strive to know the God who put the heavens and the earth here and keeps it all in place.

The following is from Psalm 104, it is a wonderful description of God's greatness and creativity.

"Oh Lord my God, how great You are! You are robed with honor and with majesty and light. You stretched out the starry curtain of the heavens, and hollowed out the surface of the earth to form the seas.

The clouds are His chariots! He rides upon the wings of the wind! The angels are His messengers - His servants of fire!

You bound the world together so that it would never fall apart. You clothed the earth with floods of waters covering up the mountains. You spoke and at the sound of Your shout the water collected into vast ocean beds, and mountains rose and valleys sank to the levels You decreed. And then You set a boundary for the seas, so that they would never again cover the earth.

He placed springs in the valleys and streams gush from the mountains. They gave water for all the animals to drink. There the wild donkeys quench their thirst, and the birds nest beside the streams and sing among the branches of the trees. He sends rain upon the mountains and fills the earth with fruit. The tender grass grows up at His command to feed the cattle, and there are fruit trees, vegetables and grain for man to cultivate, and wine to make him glad, and olive oil as lotion for his skin, and bread to give him strength.

He assigned the moon to mark the months, and the sun to mark the days. He sends the night and darkness, when all the forest folk come out, then the young lions roar for food; but they are dependent on the Lord. At dawn they slink back into their dens to rest, and men go off to work until the evening shadows fall again.

Oh Lord, what a variety You have made! And in wisdom You have made them all! The earth is full of Your riches."

Isn't that a beautiful description of how creative our God is? He is busy creating our eternal dwelling places also. This isn't the end, people, it's just the beginning.

In the book of Revelation, John was given a vision of the City of God (the New Jerusalem) even down to the exact measurements of it. After he described the measurements, he began to describe the construction of the city. He said the wall was jasper and the city was pure gold - like clear glass. The foundations of the wall of the city were adorned with all kinds of precious stones. Twelve foundations of jasper, sapphire, chalcedony, emerald, sardonyx, sardius, chrysolite, beryl, topaz, chrysoptase, jacinth and amethyst.

There were twelve gates, each one of one pearl - I'm sure no earthly clam would make one like that! The street of the city was pure gold, like transparent glass.

The city had no need of the sun or moon for the glory of God illuminated it. The Lamb (Jesus) is its light. And the nations of those who are saved shall walk in its light.

You can read about it in Revelation, Chapters 21-22. The most beautiful thing you've ever seen can not compare with what God has prepared for us in heaven.

I Corinthians 2:9 says, "Eye has not seen, nor ear heard, nor has entered into the heart of man the things which God has prepared for those who love Him."


Life is too short and things are too temporal to cling so tightly to what we have here. Lets get prepared for the best and be ready because what is coming is forever. When you are enjoying the beauty around you - think about the Artist and what He is preparing for you on the other side.

If you don't have a church home please worship with us at Nett Lake Assembly of God where Harvey Rabbitt is Pastor. Phone

757-0048.

Sunday Service at 1:00 p.m. - Wednesday Bible Study at 7:00 p.m.

ASSEMBLIES OF GOD



**NETT LAKE
ASSEMBLY OF GOD
CHURCH**

**1:00 p.m. Sunday
7:00 p.m. Wednesday**

Everyone Welcome!

CHN news....



Margaret Warren, Assistant CHN

Hell-o rom Community Health. Part of the Health Staff, including Community Health is working out of the NettWorth Building while the Health Services building is being painted and recarpeted. Things are a little chaotic now but please bear with us.

First off, we have 3 Americorps workers helping u, mainly in Community Health and wherever they are needed at Health Services. They are Diane Brown and Tara Goodsky in Nett Lake and Christy Isham in Tower. They have been helping the elderly with shoveling and other things they may need done before winter. They also fill in answering phones at Health services or at the clinic. I have been working with Kevin Zwiefel, Field Sanitarian from Indian Health Service in Bemidji doing Indoor Air Quality Interviews. Forty four homes were picked around Nett Lake, Palmquist, Indian Point and Tower. Some people were having health problems that medication wasn't helping and some people were picked at random. Kevin will take these surveys and compile the data to find out whether or not these health problems are air quality related.

The next visit of the Blood Mobile will be here again from Arrowhead Regional Blood Center in Duluth.

I do not have a definite date set up yet but I will be contacting our regular donors and do hope to hear from first-time donors also. Please help us out and donate a pint.

* Health News

Diabetic Neuropathy:

The Nerve Damage of Diabetes....

What is Diabetic Neuropathy?

Diabetic neuropathy is a nerve disorder caused by diabetes. Symptoms of neuropathy include numbness and sometimes pain in the hands, feet or legs. Nerve damage caused by diabetes can also lead to problems with internal organs such as the digestive tract, heart, and sexual organs causing indigestion, diarrhea or constipation, dizziness, bladder infections and impotence.

In some cases, neuropathy can flare up suddenly, causing weakness and weight loss. Depression may follow. While some treatments are available, a great deal of research is still needed to understand how diabetes affects the nerves and to find more effective treatments for this complication.

How Common is Diabetic Neuropathy?

People with diabetes can develop nerve problems at any time. Significant clinical neuropathy can develop within the first 10 years after diagnosis of diabetes and the risk of developing neuropathy increases the longer a person has diabetes. Some recent studies have reported that:

- 60 percent of patients with diabetes have some form of neuropathy, but in most cases (30 to 40 percent) there are no symptoms.
- 30 to 40 percent of patients with diabetes have symptoms suggesting neuropathy, compared with 10 percent of people without diabetes.

Diabetic neuropathy appears to be more common in smokers, people over 40 years of age, and those who have had problems controlling their blood glucose levels.

What Causes Diabetic Neuropathy?

Scientists do not know what causes diabetic neuropathy, but several factors are likely to contribute to the disorder. High blood glucose, a condition associated with diabetes, causes chemical changes in nerves. These changes impair the nerves' ability to transmit signals. High blood glucose also damages blood vessels that carry oxygen and nutrients to the nerves. In addition, inherited factors probably unrelated to diabetes may make some people more susceptible to nerve disease than others.

How high blood glucose leads to nerve damage is a subject of intense research. The precise mechanism is not known.

Researchers have discovered that high glucose levels affect many metabolic pathways in the nerves, leading to an accumulation of a sugar called sorbitol and depletion of a substance called myoinositol. However, studies in humans have not shown convincingly that these changes are the mechanism that causes nerve damage.

More recently, researchers have focused on the effects of excessive glucose metabolism on the amount of nitrous oxide in nerves. Nitrous oxide dilates blood vessels. In a person with diabetes, low levels of nitrous oxide may lead to constriction of blood vessels supplying the nerve, contributing to nerve damage. Another promising area of research centers on the effect of high glucose attaching to proteins, altering the structure and function of the proteins and affecting vascular function.

Scientists are studying how these changes occur, how they are connected, how they cause nerve damage, and how to prevent and treat damage.

What are the Symptoms of Diabetic Neuropathy?

Their symptoms of diabetic neuropathy vary. Numbness and tingling in feet are often the first sign. Some people notice no symptoms, while others are severely disabled.

Neuropathy may cause both pain and insensitivity to pain in the same person. Often, symptoms are slight at first, and since most nerve damage occurs over a period of years, mild cases may go unnoticed for a long time. In some people, mainly those afflicted by focal neuropathy the onset of pain may be sudden and severe.

What Are the Major Types of Neuropathy?

The symptoms of neuropathy also depend on which nerves and what part of the body is affected. Neuropathy may be diffuse, affecting many parts of the body, or focal, affecting a single, specific nerve and part of the body.

Diffuse Neuropathy - The two categories of diffuse neuropathy are peripheral neuropathy affecting the feet and hands and autonomic neuropathy affecting the internal organs.

Peripheral Neuropathy - The most common type of peripheral neuropathy damages the nerves of the limbs, especially the feet. Nerves on both sides of the body are affected. Common symptoms of this kind of neuropathy are:

- Numbness or insensitivity to pain or temperature.
- Tingling, burning, or prickling.
- Sharp pains or cramps.
- Extreme sensitivity to touch, even light touch.
- Loss of balance and coordination.

These symptoms are often worse at night. The damage to nerves often results in loss of reflexes and muscle weakness. The foot often becomes wider and shorter, the gait changes, and foot ulcers appear as pressure is put on parts of the foot that are less protected.

Because of the loss of sensation, injuries may go unnoticed and often become infected. If ulcers or foot injuries are not treated in time, the infection may involve the bone and require amputation. However, problems caused by minor injuries can usually be controlled if they are caught in time.

Avoiding foot injury by wearing well-fitted shoes and examining the feet daily can help prevent amputations.

Autonomic Neuropathy - (also called visceral neuropathy). Autonomic neuropathy is another form of diffuse neuropathy. It affects the nerves that serve the heart and internal organs and produces changes in many processes and systems.

Urination and sexual response - Autonomic neuropathy most often affects the organs that control urination and sexual function. Nerve damage can prevent the bladder from emptying completely, so bacteria grow more easily in the urinary tract (bladder and kidneys). When the nerves of the bladder are damaged, a person may have difficulty knowing when the bladder is full or controlling it, resulting in urinary incontinence.

The nerve damage and circulatory problems of diabetes can also lead to a gradual loss of sexual response in both men and

women, although sex drive is unchanged. A man may be unable to have erections or may reach sexual climax without ejaculating normally.

Digestion - Autonomic neuropathy can affect digestion. Nerve damage can cause the stomach to empty too slowly, a disorder called gastric stasis. When the condition is severe (gastroparesis), a person can have persistent nausea and vomiting, bloating, and loss of appetite. Blood glucose levels tend to fluctuate greatly with this condition.

If nerves in the esophagus are involved, swallowing may be difficult. Nerve damage to the bowels can cause constipation or frequent diarrhea, especially at night. Problems with the digestive system often lead to weight loss.

Cardiovascular system - Autonomic neuropathy can affect the cardiovascular system, which controls the circulation of blood throughout the body. Damage to this system interferes with the nerve impulses from various parts of the body that signal the need for blood and regulate blood pres-

sure and heart rate. As a result, blood pressure may drop sharply after sitting or standing, causing a person to feel dizzy or light-headed, or even to faint (orthostatic hypotension).

Neuropathy that affects the cardiovascular system may also affect the perception of pain from heart disease. People may not experience angina as a warning sign of heart disease or may suffer painless heart attacks. It may also raise the risk of a heart attack during general anesthesia.

Hypoglycemia - Autonomic neuropathy can affect the nerves that control sweating. Sometimes, nerve damage interferes with the activity of the sweat glands, making it difficult for the body to regulate its temperature. Other times, the result can be profuse sweating at night or while eating (gustatory sweating).

In the next issue we will discuss Focal Neuropathy, How doctors diagnose Diabetic Neuropathy, How Diabetic Neuropathy is usually treated and etc.

Ambulance news...



Marcella Connor, Ambulance Director

With the arrival of cold weather, Hypothermia becomes a problem with all who live in northern Minnesota. (Unless you make a gigantic loan from the Editor and spend the winter in the sunny south.)

Hypothermia is caused by the lowering of body temperature. Dress for the weather. Wear hats, mittens, and warm clothing. Especially hats and headgear because the blood vessels are so near the scalp, heat loss is much greater if hats or headgear are not worn.

Other contributing factors of hypothermia are; use of alcohol/drugs, surgery, water activities, disease, trauma, age (newborn and elderly) and immobility.

Hypothermia can be either acute (occurring suddenly) or chronic (developing grad-

ually). Sudden hypothermia can occur when one falls through the ice. Chronic can be caused from prolonged exposure to wind, cold, cool water, and insufficient heat.

Stages of hypothermia are shivering, apathy (decreased muscle functions), decreased level of consciousness, and decreased vital signs.

Frost bite is a stage of hypothermia. This affects the hands, feet, ears, nose and cheeks.

Factors that increase the likelihood of frostbite are; trauma, age (newborns and elderly), tight or tightly laced footwear, use of drugs and alcohol, wet clothing, loss of blood, insufficient clothing.

There are three stages of frostbite:

Incipient frostbite - Affects the tips of ears, nose, cheeks, fingers, toes, and chin. Skin may be white and painless. This type can be warmed but should not be rubbed. This may cause the skin to peel.

Superficial frostbite - Affects the skin and tissue just beneath the skin. Skin will be firm and waxy looking, tissue beneath is soft, numb, then turns purple during thawing. Treatment can be maintained by providing a dry steady warmth. Submerging in warm water may also be helpful.

Deep Frostbite - Affects entire tissue depth, tissue beneath skin is solid, waxy white with purple tinge. Treatment of this type would be taken care of at the nearest medical facility.

To: Fond du Lac Enrollees (minors and adults) who have not received their December 1994 per capita checks.

In order to furnish you with a statement of your account would you please fill out the form below and return it to:

**Fond du Lac Band of Lake Superior Chippewa
105 University Road
Cloquet, MN 55720
Attn: Michael Buchanan.**

Name: _____

Address: _____

Enrollment No. _____

OBITUARIES



MADLINE GOGGLEYE

Tribal rites for Madeline Gogleye, 80, Nett Lake, formerly of Inger, Minn., were held at Thursday, Oct. 26, from the Inger Community Hall. Medicine Man Reuben Gogleye led the service. The casket bearers were: Donald White, Ernest Garbow Sr., Thomas Howard Sr., Darwin Wilson Jr., William Bowstring and Marvin Bowstring. The interment was in the Inger Cemetery.

Madeline was born July 28, 1915, at Winnie Dam, Minn. She grew up and lived in the Inger area. She had resided in Nett Lake since 1959. She was a longtime homemaker, and had been employed with the Nutrition Program at Nett Lake. She had enjoyed beadwork and was very fond of babysitting. She died at the Golden Crest Nursing Home on Oct. 23, 1995. She was preceded in death by her husband, Jess Gogleye.

She is survived by two sons, Charlie and Jess Gogleye Jr., both of Nett Lake; two daughters, Mary Porter and Darlene Sabherwal, both of Nett Lake; three sisters, Lucy Robinson, Lena Cloud and Doris Howard, all of Inger; 21 grandchildren; 38 great-grandchildren; and several great-grandchildren.

Funeral arrangements were by the Mlaker Funeral Home of Cook.



WENDELL DRIFT

Funeral services for Wendell "Jap" Drift, 54, of Nett Lake were held Friday, Oct. 13 at the Nett Lake Community Center. Tribal rights were performed by Jim Windigo.

Arrangements were by Range Funeral Home in Virginia.

Burial was in Bois Forte Cemetery in Nett Lake.

Mr. Drift died Monday, Oct. 9, 1995.

He was born Feb. 22, 1941, to Louis and Helen (Porter) Drift in Cloquet. He grew up in Nett Lake and attended Nett Lake Elementary and High School. He attended a technical school in International Falls for small engine repair. He was married to Mavis Benner on Dec. 20, 1969, in Orr. They made their home in Minneapolis for one year where he worked for the Housing Authority. They then moved to Nett Lake. He was a former Bois Forte Tribal Council member, a Nett Lake School Board member, former chairman and member of Nett Lake Housing Board, and former chairman and member of Bois Forte Conservation Committee, member of Title IV

Indian Education Committee, and a member of Law Enforcement Ad Hoc Committee.

He is survived by his wife, Mavis; two sons, Curtis and Tom, both of Nett Lake; two daughters, Deanna and Wendy, both of Nett Lake; two sons from a previous marriage, Darwin and Bobby, both of Virginia; one daughter from a previous marriage, Theda of Virginia; two brothers, Ernest (Betty) of Bemidji and Dennis (Joan) of Minneapolis; one sister, Barbara Porter of Nett Lake; eight grandchildren; and several nieces and nephews.

He was preceded in death by two brothers, Clarence and Carroll; one sister, Dolly Roy; and his parents.

Former RTC committeeman, Wendell L. "Jap" Drift, accidentally drowned while hunting ducks on Nett Lake. At first, it was believed that he had suffered a heart attack as he had several heart attacks previously but the autopsy indicated he died by drowning.

Jap an avid sportsman, had gone duck hunting alone in his canoe, and was paddling home when the accident happened. Several hunters had heard the canoe tip over and heard cries for help but were unable to locate where the cries were coming from. A rescue party was formed and a number of canoes set out to search for him and was finally located by Curt Goodsky and Troy King. Authorities stated that because of the cold temperature of the water, hypothermia would claim the victim in approximately 15 minutes, and due to Jap's heart condition he undoubtedly suffered the effects of hypothermia in much less than the 15 minutes.

While on the RTC, Jap was instrumental in negotiating the 1854 Agreement which nets the Bois Forte band \$1,000,000 per year. Previously, he had been a tribal game warden.

Deer hunting was also a favorite sport with him, and he did considerable trapping after he was defeated in a tribal election. He will also be remembered as an ardent supporter of the Green Bay Packers.

CARD OF THANKS

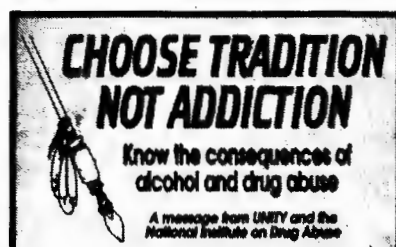
We wish to express our sincere gratitude to our friends and family members for their many acts of kindness to us after the death of our Husband and Father, Wendell L. "Jap" Drift. Miigwetch to those of you who sent cards, flowers, money and food. Your kindness will always be remembered.

Mavis and children; Curt, Tom, DeDe & Wendy.

NOTICE

Please do not send children to the clinic to pick up medications as the medical staff **WILL NOT** dispense medications to them for delivery to adults.

If you have any questions or problems, call Ray Hawk at 757-3650.



November Birthdays...

01 - Gladys Averill, Merrilee A Connor, Alfreda M Englebert, Naomi M Hanks, Richard L Miller
 02 - Clarisia M Bailey, Deborah J Baxter, Joane Donald, Jennifer L Isham, Danielle A Pierstos, Louis R Sohm, Judith M Surlow
 03 - Brian R Chosa, Elmer F Gonier, Kim M King, Braeanne L Porter, Amanda R Smith, Miranda J Villebrun
 04 - Susan M Chambers, Jeremiah J Degan, Donna S Dupree, Ira O Isham, Daniel E Morrison Sr, Amanda J Quoetone, Wilbert Strong Sr, Scott S West
 05 - Ahnie B Ernstron, Honesty L Laitinen, Marilyn E LaRoque, Edith M Strong
 06 - Dale R Boshey, Clarisse A Fox, Linda M Grover, Charles W Neitzer, Bonnie J Pete
 07 - Margaret A Benthin, Raymond W Jenkins, Jessica A Knott, Dorothy A McDougall, Jonathan W Morrison, Robin B Unger
 08 - Cheryl D Debelak, Tammy L Rabbitt-Brady, Donald R Dupree
 09 - Patricia M Annett, Dennis M Denego, Judith V Geshick, Marissa L Goodsky, Howard Harding, Colin L Hursch, Ann B Isham, Tanya A Lehti, Cheyanna S Medicine, Denise R Pieratos, Daniel J Wakemup
 10 - Chelsea L Chosa, Joan M Hiller, David A Wakemup, Myrtle E Wiese
 11 - Justin W Boness, Earl F Day Jr, Shiela M Delaney, Onawa F Pete, Clifford Sam, Franklin W Sam Jr, Kevin M Villebrun, Toni M Wakemup
 12 - Jolene M Arn, Leslie J Connor Jr, James TR Gawboy, Justin S Geshick, Jacque Love, Geraldine F Polasky, Christopher R Williams
 13 - Katheryn G Boshey, Lois A Ness, Lynn M O'Shea, Cheryl L Seppi, Blaine S Swan
 14 - Jason J Ballenger, Barbara J Brodeen, Ronald J Fisher, Daniel J Lumbar Jr
 15 - Charles F Gonier Jr, Charles F Graue, Eric W Isham, Coleen M Lien, Nolan J Littlewolf, Briana W Lumbar, Kevin L Lumbar, Sharon Wagner
 16 - Craig D Coonts, Tracey J Dagen, Amber A Drift, * Tiana M Drift, * Trinity M Drift, Alyssa M Goodwin, Tonenett M Harding, Alexandra A Janssens, Ronald D LaRoque Jr, Joshua R Rutar, Leslie J

Wakemup Marybelle White, Ellen Whiteman

17 - Mary M Farmer, Misty R Fischer, Brandon L Geshick, Scott V Krotzer, Alec E Pete, Jerrod A Strong

18 - Lucille J Black, Evelyn Dupree

19 - Ernest L Barto Jr, Matthew R Cameron, Arlene M Chosa, Cory D King, Kelsey J O'Leary, Marty R O'Leary, Rose M Seelye

20 - Cathleen A Bellesbach, Lucy A Bowlin, Lyle L Connor, Peter R Drift Jr, Galen F Gowboy, Curtis E Isham Jr, Diane Sanders, Madelon Snyder, Steven R Whiteman

21 - Nikki J Krotzer, Breanna N Madison

22 - Claudia J Glenzinski, William Gogleye, Leslie L Miller, Carol J Morrison, Roxlaine T Samskar, Thomas J Tolrud

23 - Vernon W Adams, Cheryl L Carlson, Mary C Columbus, Judith A Geshick, Betty Jerman, Mary D Johnson, Ellen R Morrison, Dion S Porter, Joseph A Skalsky

24 - Lonny W Benner, Peter F Boney Jr, Zachariah E Brooks, Albert Drouillard, Leslie D Emery, Shari L Gilbert, Faith M Miller, Kathleen Strong, Robert A Swanson

25 - Coleen L Jennings

26 - William S Day, Jeffrey A Geyer, Mary J Lorenson, Michael T Madison, Robert H Moyer Jr, Lori A Ware

27 - Angie K Harper, Karla L Knutson

28 - Cheryl D Brown, Marty J Connor, Bern G Day, Darren J Drift, Dennis W Drift, Jeanette A Drift, Zenobia Gittleman, Roy A Harding, Ernest C Landgren Jr, James J Rainbird, Jesse L Richter, Roger A Skinaway

29 - James L Anderson, Amber L Boshey, Darwin L Drift, Tiffany A King, Terrie K Lambert, Garrett C Landgren, Barbara Morrison, Michele J Siebert-Maki, Roger J Sam, Adam K Strong, David H Villebrun Jr, Jenilee J Villebrun

30 - Rosanna Barto, Robert J Berlien, Leonard C Geshick, Louis L Jenkins, James E Mihelich, Timothy D O'Leary, Kelly M Rutar

* Twins, evidently.

Most popular day to be born? A tie, the 28th and 29th with 12 birthdays.

Least popular day to be born? The 25th, only one birthday.



Marilyn Geshick all prettied up.

Bois Forte Transfer Station Hours

Nov. 1, 1995 thru April 1, 1996

Monday - Wednesday - Saturday

7-11 a.m.

* The Solid Waste Disposal Coupons are on sale at the receptionist's desk in the Tribal Offices or at MSC Foods.

Dr. Holm on bears, rice, etc.



Dr. Chris Holm, Ph.D., Biologist

Recently, we sent out a survey to Band Members describing changes that are taking place at the Vince Shute Black Bear Sanctuary. We have asked for your input regarding the changes being made to this area, and we thank those who have already returned their surveys. However, we are still awaiting the return of a number of surveys. If you have not yet sent back your survey, we encourage you to do so as soon as possible.

The Vince Shute Bear Preserve is now operated by the American Bear Association (ABA), which was co-founded Mr. and Mrs. Bill Lea in January, 1995. The Leas are natives of North Carolina, where Bill works for the U.S. Forest Service. ABA acquired Vince Shute's 320 acre parcel after Vince became ill to maintain the property. The Leas have since been at work cleaning up extensive garbage and refuse, and upgrading the parking areas. Your surveys will tell the Tribal Council what you think about the Sanctuary, how you think it should be managed, and will hopefully inspire some long term goals and issues that we can pass on to the ABA.

In the interim, the Bois Forte Natural Resources Department is continuing to work closely with the Leas to ensure that site remediation projects will not affect the Reservation. The Leas have been very amenable to our concerns and policies.

We're capping off our first full field season of surface water sampling programs, and are racing now to finish up before the before the lake surface freezes. Recently, we established several rice germination plots on the lake. If you've been out on the lake, you may have noticed these plots by the presence of wooden stakes. We placed the plots in areas where we believe that rice should be present. We collected sediment core samples from each plot for chemical analysis, and then seeded the plots with green rice collected from Nett Lake. Over the next two growing seasons, we will wait and watch to see if the rice germinates. If rice grows in these plots, we will have some evidence to suggest that declines in rice production is not due to water or sediment chemistry factors. Our "alternate hypothesis" in this case will be that declines are occurring due to concentrated over-harvest of productive rice beds. If the rice does not grow, we must try to identify some chemical or physical factors of the water, sediment or rice that inhibits its growth. We have also started a rice plant "decomposition" study. This will tell us how fast rice plants, break down after the growing season. Nett Lake is a shallow lake, and already has a very deep organic layer. In fact, Mallard bay and Swamp Island bay are both filled in to the point that emergent weeds and upland vegetation are beginning to dominate the system. If our decomposition study shows us that the rate of rice plant decomposition is slow, (meaning that dead

rice plants build up over time on the lake bottom), we may wish to rethink management options such as intensive reseeding of the lake until we remove some of the organic material already present in the system.

On November 17, the Bois Forte Rice Committee will hold a public meeting to discuss our studies and management ideas. The meeting will be held at 5:00 PM at the Nett Lake school. We request that you attend this meeting if possible, since some of the proposed management alternatives will be controversial. Community support and approval of our plans will be essential.

We have recently submitted a response to state claims of jurisdiction over Reservation water resources to the EPA. In earlier articles, I have mentioned that Bois Forte is in the process of applying for Treatment as a State, which would provide the Reservation with the jurisdiction to develop water quality standards based upon the needs designated for its waters. Our application was reviewed by the Fed and forwarded to the State, who also contends that it has jurisdiction. Our response to State claims will be reviewed by the EPA, and a decision about who really has jurisdiction is forthcoming. After our application is approved, you will be notified through this newspaper and by community announcements of a public meeting to discuss the proposed water quality standards that we are developing.

As some of you have noticed, there are new water level gages near the Nett River dam and the Wooduck River. These rather expensive instruments were designed to help us manage water levels to optimize wild rice production. Recently, the Nett River gage was shot at and destroyed. We are replacing the gage, and ask that individuals hunting in the area resist the urge to test their aim by shooting the gages or at the dam. Your attention to this request is appreciated.

In closing, we will note that another state deer season is upon us, and the north woods will be swarming with zealous hunters in search of trophy bucks. We ask that you be cautious if hunting in ceded territory. Although blaze orange may not be your color, make some effort to be noticed in the field. Also, carry your ceded territory Band member card, as state CO's will be on patrol throughout the season. Have a good November.



**PATRONIZE OUR
ADVERTISERS.
WE DEPEND
ON THEM.
THEY DEPEND
ON YOU.**

Environment news...



Darin Steen, Environment Specialist

For all of you interested readers who have begun to follow environmental issues with utmost scrutiny since I've come on-board, I would like to take this opportunity to review what types of issues have been priorities for the Bois Forte Reservation. I think public education plays an important role in dealing with environmental problems because it increases awareness and encourages critical thinking in identifying possible solutions. I feel that the community should be informed and hopefully take a more active part in deciding the future of the environmental quality of this reservation. What we do to the environment now and how we manage the natural resources and protect this unique system will determine the quality for future generations. Many of you may not know what a Tribal Environmental Specialist does on the reservation so I would also like to briefly describe the background and responsibilities of this program.

The Bois Forte Reservation General Assistance Program (GAP) is an environmental grant program funded by the U. S. Environmental Protection Agency (EPA). The basis for needing this Tribal program is compliance with Federal environmental regulations and to build Tribal infrastructure to begin to manage environmental concerns. The grant provides funding for an Environmental Specialist to deal with all types of environmental media and problems including: Air Quality, Water Quality, Drinking Water, Solid and Hazardous Waste, SARA Title III Emergency Planning, Underground Storage Tanks, Environmental Assessments, and General Environmental Planning and Management. This monumental task is approached through the following means: 1) Assessment of the problem and environmental conditions, 2) Identifying mitigative solutions, 3) Developing and implementing environmental programs for specific problems, and 4) Applying for additional grants for media specific environmental programs. Assistance in accomplishing these goals comes mostly from federal agencies who provide valuable technical information and guidance when needed.

Now that you have a better understanding of the responsibilities of a Tribal Environmental Specialist, I will review some of the environmental issues I have been working on during the past few months. The following paragraphs summarize the priority issues for the reservation and the progress we've made in dealing with them. I have talked about some of these topics in previous articles but I think a review of all environmental problems will provide a better idea of the overall scope of the environmental conditions.

Work on solid waste management issues since I've started has been focused on the new solid waste transfer station project for the Vermilion District of the Reservation. In May and June, I met with the Bois Forte Utility Board to discuss the new solid

waste system and recycling program proposed for the Vermilion Reservation. Lately, I have been working very closely with the Indian Health Service to design the facility, solicit bids for the construction of the transfer station and the solid waste canisters, and plan the construction phase of the project which is in progress. Also, research was conducted to collect available information on the waste stream for the reservation so that a Solid Waste Plan and a Transfer Station Operations Plan can be developed. A public education program on the use of the new solid waste system and recycling is also being planned for the Vermilion community once the transfer station is near completion.

Drinking water quality is a major concern for the reservation. Historically, ground water has been difficult to find on the reservation and the quality and quantity are usually in question. I think people should be aware that old landfills on the Nett Lake District of the Reservation have the potential to contaminate the local ground water supply and open dumping is now strictly prohibited to prevent this type of problem. Please understand that there is **NOT** a contamination problem currently, however, we do not have enough information to accurately determine if there could be a contamination problem in the future. The IHS contends there is no contamination potential due to the hydrology and geology of the sites, however, the communities of Nett lake and Palmquist are both topographically down gradient and relatively close to the old landfills. A meeting in June with IHS, USGS, EPA, and the Tribal Council determined that more information needs to be collected to properly assess the problem. An existing EPA Solid Waste grant which was used to close and cap the Palmquist landfill expired in July 1995 with funds remaining. A visit from EPA Solid Waste Coordinator, Jennifer Manville, resulted in an extension of the budget period to use the remaining funds to assist the Tribe in identifying the contamination potential from the Nett Lake dumpsite. I am currently planning an investigation of the old landfill to determine it's contents and monitor the ground water between the landfill and the community wells. I recently supervised and assisted the U. S. Geological Survey crew in siting and drilling a few monitoring wells around the old landfills and the community wells. Information such as the slope of the groundwater table, the rate of flow, and the ground water quality will be used to properly assess the problem.

Work on Underground Storage Tank issues has been done to stay in regulatory compliance with registering and reporting all UST's on the reservation. The Minnesota Chippewa Tribe UST/LUST coordinator, Karl Humphrey, and I have discussed Bois Forte's compliance with UST/LUST regulations. Mr. Humphrey has been working on an UST/LUST inventory for our reservation. Our tanks are registered and he has been monitoring a site where a leaking tank has been discovered and removed. I have also taken over the responsibility of monitoring and sampling the MSC spill site remediation project since Matt has left. Work has involved training on the operation and maintenance of the system by the consulting engineers, collecting samples for analysis to determine the performance of the system, and checking and servicing the system on a regular basis. The system will be shutdown and winterized soon to prevent freezing and cracking of the pipes and tank since we

(Continued on Page 9)

have already experienced below freezing temperatures.

Work on SARA Title III-Emergency Response Planning in the past has been unproductive mainly due to limited resources to accomplish anything. I coordinated a meeting in July to revive the Bois Forte Tribal Emergency Planning Committee, review past emergency planning efforts, and discuss how we may develop and implement a emergency response plan for the reservation. I wrote a grant proposal to the U.S. Dept. of Transportation's HMEP program to request funding for hazardous materials emergency planning and training. I received a small grant award from the U.S. DOT to begin implementing this program, however, we are in need of additional financial resources and staff to effectively coordinate a Title III program for the reservation.

Surface water quality concerns are managed by the Bois Forte Aquatic Biologist and Water Technicians. I have assisted the aquatic biologist and the water technicians in water quality sampling on Nett Lake and it's inlets and outlet on many occasions during the busy summer season. One important aspect of watershed management is identifying non-point sources of pollution which may affect the surface water quality on the reservation.

Little work has been done on air quality issues over the summer, however, as we approach winter, many of us are beginning to use wood, fuel oil, or gas furnaces for heat. The Bois Forte Community Health Service, an IHS Field Sanitarian, and I have started working on Indoor Air Quality Assessments and public education on the possible health effects from indoor air pollution including combustion sources. I recently attended an Air Quality Program Administration training workshop in Denver, CO in October 1995. Colorado was beautiful and the training was excellent as I learned the skills necessary to develop and implement an air quality program and prepare a proposal and budget for establishing an air quality program for the reservation. I also learned that many reservations in other parts of the country have some major air pollution concerns with factories and coal burning power plants right on their boundaries. Thankfully we don't have those types of problems to deal with.

The Bois Forte Band entered into an agreement with the Minnesota Chippewa Tribe for a pollution prevention grant in May 1995. I developed a workplan and budget for the small P2 grant to begin implementation of pollution prevention

activities on the reservation. The proposed project involves inventorying the baseline natural resources and current land uses on the reservation. This will provide the Conservation Department with valuable information for future natural resources protection and conservation efforts and be useful in long-range environmental planning. I will administer the grant and supervise and assist a recently hired surveyor technician, Lance Hill, in data collection. Lance has been helpful to our department providing assistance with many of our current projects. The information collected using a Global Positioning System (GPS) will be entered into a Geographic Information System (GIS) for developing land use and natural resource data layers for reservation maps.

A significant amount of time has also been spent on general environmental planning and management activities during the past five months. This includes conducting environmental assessments and also reviewing EA's performed by other agencies for their development projects. Environmental assessments are required by the National Environmental Policy Act of 1970 (NEPA) which states that environmental, social, and economic effects must be examined prior to any project which may have an impact on the environment. Attending important meetings on Tribal environmental issues and dealing with other important environmental matters as requested by the Tribal Council are also part of my job responsibilities. Receiving relevant training certifications has also helped to expand my job capabilities.

As you can see, there are many different types of environmental concerns for the reservation requiring effective management and solutions. My purpose in writing this article is to inform you of the environmental conditions and my responsibilities here so that we may all have a better understanding of the goals and objectives of this environmental program. As a result of working here for the past five months, my sense of commitment to the environment has increased, as well as my appreciation for the cultural and natural resources of this reservation. I have found that this job is challenging but also very rewarding, knowing that we can improve local environmental quality.

The environment is the one common denominator among all communities and nations which could be the basis for breaking down barriers and developing a greater sense of unity where it currently does not exist. Through environmental education we can begin to teach all people to respect and understand the interrelationships we have with each other and the earth. It would be beneficial for the entire community to become more informed on environmental issues and provide input to solutions and mitigation strategies that benefit everyone. I would love to hear any questions, comments, or ideas you may have regarding environmental issues.

Truth often suffers more by the heat of its defenders than from the arguments of its opposers.

—William Penn

Energy news.



Brandon Benner, Energy Director

Hello Everybody, I hope you all are feeling great despite the weather. How about them ol' Quebec people? How 'bout them Vikings? I guess I really don't care what happens to Canada, but, I sure do wish the Vikes would wake up. Anyway, I know you aren't reading my article for that stuff.

The Energy program survived, but, not without losing one arm and one leg. In other words, it got cut practically in half. The tables that I use to determine how much each household gets has come in and this is what the table shows. I strongly urge you to get on a payment plan with your gas or fuel oil company. I won't be able to assist households as I have in the past.

The Emergency Homeless program is already expended. This is a program that assists households with emergency rental assistance or first months rent.

The Emergency Food program is almost ready to go. This year's vendor will be Pelican Bay IGA and the honorable Paul Bruns. By the time you get this paper, the program should be rolling. Please call before you come in to my office.

Foster Care Clothing still has money in the program for families that have foster kids in the household. You must provide documentation that you are fostering a child.

My office is always busy, but, my articles are boring. If you looked back at all of my articles, I'll bet they pretty much are the same month in and month out. Oh well, I'm a simple man: Cheezburger and fries, potato chips, happy hour, and the Vikes., doesn't get more exciting than that. Talk to you all in one month, be good to your neighbor, wave at our preachers, and Moon's the Best! (After Favre, that is.....Ed.)



To the Editor:

This letter is in regards to something I feel isn't worthy of responding to because of the silliness of the accusations, but I will anyway.

According to hearsay, on October 18th, myself, Travis Morrison, Corey Strong, and Troy King, went shining deer, drunker than a skunk, in the game warden truck and killing all kinds of deer.

Now I find this amusing according due to

the fact that we met one truck (a jeep) out there in the woods. We don't even know who they were. Anyhow back to the slaughtering and passing out.

Here are the facts:

The night started out with just me, Travis, and Corey. We had Lil Jim Morrison's pick-up for the night. Troy did 4 hrs. of patrolling. We met up with him at Nett River, he went 10-7 at 9:42 p.m. 110-7 is out of service in Law Enforcement. This is on record at the P.D. He then parked his Chevy patrol vehicle at the Roads Garage. And we preceded with our hunt.

We saw a total of 17 deer that night and shot at 8 of them, going for the closer shots (less work). We took 6 deer that night (3 bucks, 3 does). I don't think anybody really cares who gutted or skinned them????? Well just in case, I gutted 1, Corey gutted 2, Troy gutted 1 and Trav gutted 2. And all four of us each skinned 1-1/2 of the deer. The hooves and hides went to.....j/k.

Remember now, we are allowed 2 deer apiece so we didn't go over our limit. The only reason we took more than one deer for each household was that I had expressed to the boys that I wanted to get some meat for my Aunts. After the last deer, we took Troy back to his truck and came home. As far as the drinking, if we would have been pulled over by the Law, I can guarantee you that the officer(s) would be able to tell you, that each and everyone of us were far from intoxicated. We each shot at least one deer and I'll bet you can't do this if you were drunk. Also, it was said they were hunting in uniform, if you think about it, Ill bet it ain't smart nor comfortable hunting in thin pants and a tie on. Besides, they were in muscle shirts and in their skivvys! J/K I think why there was so much reaching for dirt as possible, was due to the fact that Corey and Troy are Conservation Officers. Well I got a New Flash, they are entitled to every right as every band member, and shining deer is one of them. I am also proud that we got 6 deer, because it gave us a chance to give some meat to people that aren't able to get deer meat. We gave meat to the following people: Celia Gonier, Marybelle White, Marvin Rich, Roseanne Barto, Jenny King, Margaret Benner, Wendy Morrison, Dan & Priscilla Morrison, just to name some. I'll say it again, I am very proud to have done this. I really feel that this letter wasn't necessary, but, I didn't want anybody hearing anything but the TRUTH.

Respectfully submitted,
Brandon Benner

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Reservation Planning news.



David Danz, Reservation Planner

I have been out at the Sawmill once a week the past few weeks with our new Assistant Executive Director, Ryan O'Leary. The purpose of the meetings are to monitor overall mill performance and to provide Pete Isham and crew assistance in any areas we can. In conjunction with these efforts the Tribal Council has received a Bureau of Indian Affairs Technical Assistance grant in the amount of \$14,000 to provide training to the crew and management assistance to Pete.

At this point, with the BIA grant we have contracted with Bob Goggeye of Cass Lake to implement the technical assistance program. The point of the program is twofold, one that we have workers at the mill who are trained in the critical areas of sawing, drying and planing and second to provide management assistance in buying logs, selling lumber, contract drying and planing and any other identified area that will increase production and profitability. Bob G. is a technical college instructor with a background in boiler operations. He has provided us assistance earlier in getting our dry kiln up and running. Bob will also be identifying other individuals who can provide specific training to the crew at the mill in sawing logs, utilizing the dry kiln and operating the planer.

It must be stated that the mill is now operating at near the bottom of the economic cycle for sawmills around the country. The price of logs are up and the value of lumber is down. Like nearly all businesses you have to weather economic cycles over a period of time to survive.

The Tribal Council has made progress in getting the U.S. Department of Veteran's Affairs Native American Direct Loan program off the ground. A number of Band members have inquired about this program. This is a program which makes it possible for Indian veterans to receive direct loans from the VA for housing pur-

chase, construction or improvements on Tribal trust lands. As many of you know, lending institutions have historically resisted providing financing in Indian country due (in part) to the inability to enforce collections on trust lands.

The VA is addressing this problem through a Memorandum of Understanding which must be signed by three parties, the RTC, the VA and BIA due to their trust responsibility. To make this program available to Indian veterans the RTC passed a resolution on October 11 authorizing the submission of a draft MOU for review by the VA and the BIA. As we are dealing with two agencies of the Federal government, I suspect it will take some time before this program is completely available to Indian veterans wishing to use VA financing on BoisForte trust lands. Once available, however, the program will provide an option to bank, MCT or other sources of financing. The program offers terms of up to \$80,000 over a period of 30 years at lower than commercial interest rates. Readers will be kept posted as this program is implemented.

Residents and visitors to Nett Lake and Lake Vermilion will see that two recreational projects have now been completed. At Nett Lake a permanent pow-wow grounds have been constructed next to the new ball field. Master carpenter (and HOME Program Coordinator) Bill Whiteman and crew built fine looking pow-wow facilities consisting of a drum arbor, speaker's stand, spectator bleachers and two concessions stands. The concessions stands are not your typical shed roof design as Bill himself states that the time invested in the hip roof system surpasses even your urban photomat booth in appearance. The grounds are all wired and ready to go for the spring pow-wow. At Lake Vermilion, adjacent to the community center, a new softball field now stands. The construction of the ball field is a tribute to the cooperation of the RTC, the Vermilion LIEC, and Fortune Bay. Both of these projects were funded through a grant by the Minnesota Department of Natural Resources.

I traveled to Emily, MN with Fire Chief Tyke Porter to pick up a loaner fire truck while our mini-pumper is getting serviced. Bill W., Tyke and I brought the loaner, a fine beast of a machine, down to the hydrant by the RTC office to try out the pump. Standing at the pump panel conspicuously located high behind the cab, I was charging lines, pulling knobs and levers when I am told Harvey Rabbitt comes by and says, "Oh, looks like the Wizard of Oz back there!" Ok, Harv, I owe you one.

Andy Datko's column...



Andy Datko, Assistant Planner
October has been a busy month at Fortune

Bay. A dedication ceremony for the beginning of construction of the Fortune Bay Resort Hotel and Conference Center was held on October 25. Elders, community members, Tribal Leaders, officials from neighboring communities, and others attended and helped celebrate the start of this major project. The Resort Hotel and Conference Center is scheduled to open in August, 1996.

The new Family Resource Center for the Vermilion sector is also progressing. The log shell for this new building has been constructed at a site near Ely. It will be moved to a site adjacent to the Vermilion Community Center next spring. I am working closely with the architect to finalize the interior design. Judy Anderson and Denise Morrison from Head Start have been very helpful in providing advice on design for

the interior layout of this building which will be home to Head Start, child care, and family education programs. Bois Forte Enterprises will manage the center, and will be hiring a Center Director sometime next spring or early summer. They will be looking for an individual with experience in managing a large day care center or Head Start programs. If you or someone you know has this type of experience and might be interested in this opportunity, please contact me at 218-753-6400 or 800-992-7529 and I will put you on a list to receive future job announcements for this center.

The consultant we have hired to evaluate the condition of Highway 65 through the Nett Lake Reservation will have a draft report completed by early November. We will be holding steering committee meetings to discuss recommendations for upgrading this highway sometime in Novem-

ber or early December. The Reservation Tribal Council is also working on a priority list for other needed road and bridge improvements. If you have an interest in these transportation issues and would like to provide input, please call me at the numbers above.

The Draft Land Use Plan for the Vermilion sector has been completed and is available for public review at the Vermilion Community Center. A meeting will be held to discuss this draft plan and seek community input on December 4, 7:00 p.m. at the Vermilion Community Center. We currently have a shortage of the color maps that accompany this plan, but I can send a copy of the plan without the maps to anyone who is interested. The maps are available for review at the Vermilion Community Center.

Housing Happenings...



Cindy Glasel, Housing Director

It has been a busy and very exciting time for everyone here at the Housing office. Bids were opened for the new homes, and the contract was awarded to Siding & Sheet Metal Specialties, Inc., Hibbing, MN, owner Joseph Cuffe. Joe is a Native American from Turtle Mountain Reservation and lives in Chisholm, MN. He will be building ten (10) homes. Five in Vermilion, five in Nett Lake village. All will be three bedroom homes with a basement, by Wausau Homes, and Mr. Cuffe will be putting in the basements and drive ways. Construction on these homes will be started in the spring of '96. One of the new homes will be completely handicap assessable, located in Nett Lake village. Joe was the contractor in charge of the demolition work of the old homes in Vermilion and village as well. You will be seeing a lot of Siding & Sheet Metal Specialties and Joe around

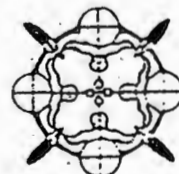
the Reservation for his company will also be doing the renovation to both elderly apartment buildings in the village, as well as work in Palmquist.

I want to take a few lines for a special thank you to Isabelle Strong, former Housing Director, for her hard work in starting the project of the demolition and new construction. The path that she had left behind was very clear for me to see and follow through for completion. My job here with Housing and the great people of the reservation is set out clear before me, and I will continue the work with pleasure. Thanks Isabelle.....and the Housing Board members.....

The staff and myself have been away on several training seminars and have many new and exciting ideas and ways for improving the Housing Authority, as well as maintenance tips, safety methods, and helpful home repair ideas that we will be sharing with all the residents during our continued home visits and mailings.

I would like to unofficially announce the Housing's Christmas Light Decorating Contest. I have spoken with several people from the RTC and I do hope that Housing can participate this year in sponsoring a contest that not only brightens up the reservation for everyone to enjoy as well as contributing prizes to those of you who are most creative with their decorating style.

If you or anyone you might know is interested in information on the homes being built, please call or stop by the office and see Darlene, Lafayette, or myself for an application and information.



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Judy Anderson, Head Start Director

Everything is gradually settling down at Nett Lake Center. Vermilion Center is very busy and has been short-staffed due to emergencies. Our Home-based program is full and serving those families in our surrounding areas. We already have a waiting list for our infant program at Nett Lake and our Toddler program is also close to filled.

I want to thank our parents who have also had to make adjustments because of our move. I encourage you to come to me with problems (bringing along a tentative solution would be a help) and let's work them out together—that's what Head Start is about. Problems often arise from simple misunderstandings. We would like to have a chance to help resolve them here.

We are busy getting things in place for our OSPRI—the Federal Head Start assessment. This will involve the whole community—staff, parents and everyone. If you are asked for input on the components of Head Start, please help us. Component Committee meetings will be held in November and December.

A reminder to parents: Please dress your children warmly, including mittens, hats and snowpants. Most days we try to take the children out if it's decent.

Also, please don't miss dental appointments. Or, get them made if your child needs work done. Many of our Head Start children have multiple appointments needed, and only two are totally completed. We want all our children's dental work completed as soon as possible. Head Start is concerned with the health of the whole family, so wants to remind parents to make appointments for themselves and siblings. We are encouraging the whole family to have check-ups, medical and dental, and get the follow-up needed.

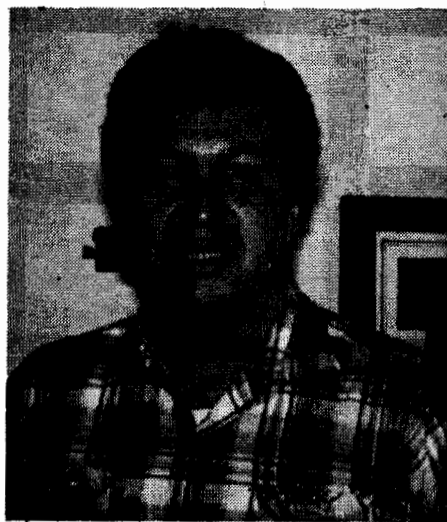
Ruth will be scheduling home visits with you to complete them within the next two weeks. These may be at work for RTC employees, but you may still need to ask time for completing it.

A few other reminders: No staff are here before 7:50 a.m. and we would like children picked up by 4:40 p.m. Also, staff leaves parking places in the parking lot for parent pickup and dropoff, because we prefer the parents not use the circular drive for safety reasons. We have requested the school janitors have the sidewalk shoveled by 7:50 for safety.

Parents will be selling raffle tickets for Thanksgiving Turkey Baskets, with the money going towards Christmas for the children. Nett Lake's Center Parents Committee meeting will be Wednesday, November 8th. All parents are encouraged to attend.

Liberty is a beloved discipline.
—George Caspar Homans

Morrisseau on attitudes...



Allen Morrisseau, C.D. Counselor
ATTITUDES ARE PART OF THE DENIAL SYSTEM

Looking at the "build-up to a drink"/"building up to use" process, there are certain attitudes that signal a recovering alcoholic's denial system is operating again and relapse could be the result. Here are some of the attitudes we must change to prevent relapse.

Mental reservations about being chemically addicted - A person may feel he/she can still control his/her drinking/using.

Illusions that their chemical addiction can be cured. Once sober/clean the addict may think the addiction has gone away.

Belief that chemical addiction was caused by problems no longer present. Everyone experiences problems, drinking causes problems.

Disappointment in sobriety. Bored in early recovery, one thinks it's more fun drinking/using.

Insistence on permanent sobriety. I'll

never drink/use again.

Thinking about the good time while drinking/using. I had more fun drinking than I ever had sober/clean.

Wishing to be able to drink/use again. Remember, drinking/using causes problems.

Complacency about sobriety. Just staying sober/clean and not practicing the program. Not seeking support from counselors.

Imposing sobriety on others. One is responsible for his/her own recovery.

Ashamed to be known as a non-user. Self-pity, I wish I could use like others who don't experience problems.

Listening to contradictions. One is not hurt. Remember the vicious cycle.

An antagonistic mate. Don't blame others, you take the drink/use drugs.

Preserving old patterns. Bars, the wagon.

Considerable contact with heavy drinkers/users. If you play with fire, you are going to get your fingers burned.

Still the host. I'll buy. You can drink at my place.

Speculating about amounts. One won't hurt. One's too many, a thousand is not enough.

Redeciding about drinking/using. To hell with recovery.

If you intend to prevent relapse you have to change your attitude about drinking/using. If you don't, chances are you are building up to drinking/using. The best method to prevent relapse is to practice a program of recovery and accept help from those who will support you in recovery.



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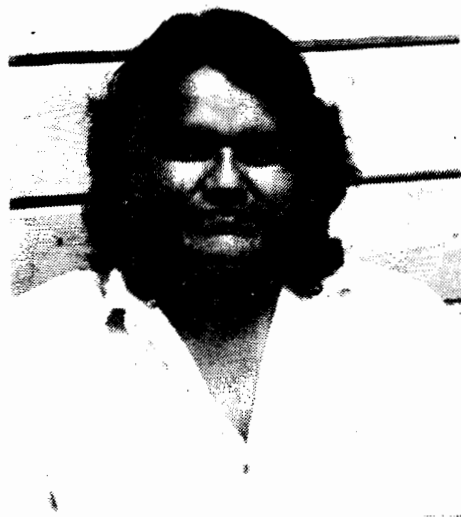
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Americorps program news..



E. Curtis Goodsky, Americorps Director
Hello Readers of the Bois Forte NEWS. My name is E. Curt Goodsky and I was appointed to be the coordinator for the Americorps program, Bois Forte sector.

The Bois Forte band of Chippewa Indians has teamed up with the red Lake Band, and the Polk County Alliance (Crookston) to start an Americorps program at all three locations. The Americorps has over 20,000 participants nationwide, and was started by President Clinton to offer young adults a chance to further their education while building a better community and gaining work experience.

The Americorps consists of Indian persons of the age group 17-25, who work for different departments all over Nett Lake and Tower. The program currently has 12 members in Nett Lake and another 3 in Tower. Each member will work one (1) year with the possibility of earning an educational award that can be used at any post-secondary institution, upon completion of the term of service.

Currently, the Americorps program has members working for the following departments, Health Office (2 workers), CHR Department, Head Start (2), Nett Lake school (1), Natural Resources (1), Conservation (2), Tribal court (1), Forestry (1), RTC building (1), and a Coordinator Assistant (1).

In Tower: CHR (1), Head Start (1), Reservation Improvement (1). Each Americorps member will work in the department from which they were selected, and occasionally, a special group of members will join

together to provide a service to the community. Here are some projects we are planning on completing. A cleanup project, requested by the Bois Forte Housing Authority, involving the Palmquist addition, Nett Lake, and the Lake Vermilion end of the reservation. To remove piles of materials left over from renovations to some housing units in the past. Removal of old swing sets, furniture, and any other items that warrant removal. Most units we will be involved with are those inhabited by the elderly and single mothers. Another project is to help the Health Department with the weatherization of elderly homes on the reservation, as many of the elderly can't do that on their own. Possibly constructing sliding areas around the reservation for children to use in the winter. widening those areas so that they are safer and more accessible. We are also planning a day during the weekend where children could go and play board games, draw, color, watch movies on videocassette or generally have a place to go to meet other children their age. We will be planning more community projects along the way, as well as assisting others with their projects. If you have any suggestions for projects please talk to any Americorps member or myself. I can be reached at the RTC building, phone 757-3261.

P.D. news..



Lori Drift

It has been sometime since there was any

news from the Nett Lake Police Department Recreational Activity Fund Committee. (November 3, 1994)

Since then I would like to update all of the Bois Forte News readers of the events that the Recreation Fund has sponsored.

During the month of April, 1995, the Recreational Fund sponsored the D.A.R.E. Graduation, which is held by Lt. Peter R. Drift. This fund purchased all supplies and/or refreshments necessary for the graduation. A very good turn out of local people was received.

All of the D.A.R.E. Graduates were taken to the Hibbing Pizza Hut and rewarded with pizza and pop for their excellent work in the D.A.R.E. program.

Most recently in the month of September, the Rec Fund sponsored a Orrion Advertisement for all of the graduating seniors of the Orr High School. Due to the small size of Orr School, these students need to solicit

ads, so that the price of the yearbooks can be affordable to all students.

Once again for the Halloween season, the Rec Fund will be sponsoring a Halloween Costume Contest, for the Elementary Students of the Nett Lake School. The children will be judged as they enter the Nett Lake Police Department to receive their Halloween treats. First place received \$15.090, second place receives \$10.00 and third place will receive \$5.00.

This fund is open to the public, so anyone that is interested in joining is welcome, contact the Nett Lake Police Department for more information.

When you reread a classic you do not see more in the book than you did before; you see more in you than there was before.

—Clifton Fadiman

Dreaming of owning your own business?

Let us help you make your dream a reality.

The Minnesota Native American Business Development Center
Cordially invites you to:

"Business: Where Do I Start?"

An informal meeting with NABDC staff and Bureau of Indian Affairs Credit Officer to discuss your business ideas and provide answers to your business questions.

Friday, December 1, 1995

Between 10 a.m. and 1 p.m.

Tribal Council Chambers

Nett Lake, MN

If you are unable to join us, you can always contact our office at
218 335-8928.

The Minnesota Native American Business Development Center (NABDC) provides business assistance, free to Indians and other minority entrepreneurs with dreams of owning their own business. The center is located in Cass Lake, Minnesota, operated by the Minnesota Chippewa Tribe and funded by the Minority Business Development Agency, U.S. Dept. of Commerce.

The NABDC provides assistance to start up businesses and existing businesses at any stage:

- when you are formulating your ideas into plans.
- when you need market research.
- when you are applying for financing.
- and management assistance once you are in business.

NOTICE!!!

Around October 23rd, the Bois Forte Health Services building started undergoing building renovations. These renovations include; interior painting - upstairs & downstairs, new carpeting downstairs only, air conditioning to be put in in the spring and then the Health Services logo to be put on the side of the building facing the main road.

The administrative offices downstairs have all moved out and are being housed at the old NettWorth building. Everything in all the administrative offices has been moved and packed away so we ask that our clients bear with us during this renovation period. (Which reminds us, have you all filled out your Bear Questionnaire for the Biologist yet?.....Ed.)

The Medical/Dental Clinic will be undergoing interior painting within the next couple of weeks so there may be some slight confusion associated with this. (Uh, haven't kicked the smoking habit yet, Cathy?.....Ed.)

Hopefully, the Bois Forte Health Services division will soon be back up and running within the next 2 - 4 weeks.

LAW ENFORCEMENT SERVICES

November 8, 1995

MEMORANDUM

TO: Public, Bois Forte Reservation
FROM: Nett Lake Police Department
SUBJECT: Mandatory Seat Belts, Child restraints

This is to advise the People of Bois Forte that the Nett Lake Police Department will strongly enforce the Mandatory use of Seat Belts and Child restraints.

Section 620: Mandatory use of seat belts, child passenger restraints.

Subd. 1 Except as otherwise provided herein, it shall be unlawful for any person to occupy the front seat(s) or, if the person is under the age of thirteen (13) years to occupy any seat, of a passenger vehicle being driven or operated upon any public street, road or highway, or upon a frozen lake, stream or pond, or in any other place open to the general public within the Bois Forte Reservation, including any area designated for the parking of motor vehicles, unless said person is securely fastened with an operable seat belt.

/s/ Peter R. Drift
Peter R. Drift
Lieutenant of Police