

Bois Forte News



Why Do We Wear A Mask?

I Wear a Mask to Protect You.
You Wear a Mask to Protect Me.
Together We Protect Each Other.
Keep Our Sacred Circle of Life Safe.

INSIDE

- Per Capita Information p. 2
- Nett Lake School p. 3
- Understanding COVID-19 Terms..... p.5
- COVID-19 Housing Assistance p. 8
- A New Journey p. 9
- Legal Notices p.10



5344 Lakeshore Drive
Nett Lake, Minnesota 55772

PRESORTED
STANDARD
US POSTAGE PAID
DULUTH, MN
PERMIT NO. 1946

2020 Official General Election Results

MIRANDA LILYA	73	52	25	10	34	0	194	37%
CATHY CHAVERS (Incumbent)	100	90	29	14	96	0	329	63% ★
TOTALS	173	142	54	24	130	0	523	100%
DISTRICT I REPRESENTATIVE	DISTRICT I NETT LAKE	DISTRICT II VERMILION	URBAN SITE (MPLS)	URBAN SITE (DULUTH)	ABSENTEE	HAND TALLY	TOTALS	%
TARA GESHICK	73	17	33	10	37	0	170	47%
TRAVIS MORRISON (Incumbent)	97	23	14	5	51	0	190	53% ★
TOTALS	170	40	47	15	88	0	360	100%

Community Generosity, and Kindness

The Littlefork Lutheran Church donated 1,000 cloth masks to Bois Forte in late July. The city of Littlefork is a next door neighbor to Bois Forte - approximately 40 miles northwest of the Reservation. Pictured on the right; Pastor Andy Berry delivered the boxes of masks. Grateful, in return, Bois Forte shared hand sanitizer and wild rice.



Photo Left - Right: Nikki Irving, Bois Forte Emergency Preparedness Manager, Andy Berry, Pastor - Littlefork Lutheran Church.

Bois Forte Public Health Announcements

On August 21, 2020, Bois Forte Health confirmed three residents of the Vermilion sector of the Reservation had tested positive for COVID-19. The individuals were isolated at their homes. The following Monday, August 24th, Bois Forte Health announced another confirmed case of an individual who resides on the Nett Lake sector.

As of August 24, 2020, there were six confirmed active cases on the Bois Forte Reservation. There were four active cases in Vermilion and two in Nett Lake. In efforts to protect

BOIS FORTE MEDICAL & DENTAL CLINICS

RESTRICTIONS DUE TO COVID-19

Masks are required to enter all Health Buildings.

Currently, the Clinics are NOT accepting Walk-in Appointments. **PLEASE CALL AHEAD** to the Medical or Dental Clinics to schedule an appointment.

Nett Lake Clinic: (218)757-3650

Vermillion Clinic: (218)753-2182

STOP If you have an appointment in the clinic, we are limiting accompanying visitors to 1 parent or guardian with a child or vulnerable adult. **STOP**

For patients over the age of 18; there will be a limit of just the patient and provider per clinic visit.



PHARMACY

If you have a prescription to pick up at the pharmacy; please utilize the Curbside Pickup Service.

When you arrive, call the pharmacy and we will bring your prescription out to your vehicle.

Nett Lake Pharmacy: (218)757-0230

Vermillion Clinic Pharmacy: (218)753-2180

Bois Forte 2020 Per Capita Update

Due to COVID and Our Tribal Offices closed to the general public, we will not be handing out 2020 Per Capita Checks. All checks must be mailed.

Please update your address with Enrollment by either sending in an address update form or writing a letter. Be sure to include your Name, DOB, Address, Signature and Date.

Once an updated address is received. Updated Per Capita checks will be mailed out. Please be sure to check with your Post Office to make sure your address is correct and your name is on the mail box.

We are looking for the people on this list. Please have them contact Enrollment. Alanna Sherman, Tribal Enrollment Coordinator at (218) 248-0581 or (218) 757-3261 ext. 1162.

ANDERSON, JORDY FORREST
BENADE, CHRISTOPHER ANTHONY
BOSHEY, CAROLINE
BOSHEY, CREE OJIBWE
BOSHEY, MARY FRANCES
BOUDREAU, JOSHUA SCOTT
BROWN, SHAWN TAE LAVERNE
BUDREAU, DAKOTAH SKYE
CALICO, BILLIE SUE
CHIVERS, MITCHELLE DAVID
CHOSA, THOMAS ALLAN
CONNOR, FRANCIS DAVID
CONNOR-DAY, MARIA LEIGH
CURRAN, JACK DUDLEY
DAY, ANDREA ROSE
DAY, CLARENCE ERNEST JR
DECORAH, KRISTIE ASHLEY
DEFOE, KIANA THERESA
DELANEY, ANTHONY OWEN
DRIFT, GREGORY LOUIS
ENGELSON, JAMES FRANKLIN
FARQUHAR, CRYSTAL ANN
GESHICK, RONALD

GESHICK, SHAWN MELVIN
GOODSKY, SYLVER RIVER
GOODSKY, TEAGUE ELISE
GRUENHAGEN, STEVEN ANDREW
GUENTHNER, DARRIN BOYD
HACKEY JR, JOHN PHILLIP
HARDING, ALTON
HAZELRIGG, LORI DAWN
HEDLUND, ROBERT CARL
HEGGEN, JACOB CHRISTOPHER
HENRY, ALAINA LOUISE
ISHAM, WILLIAM LYNN
JENKINS, SUSAN
JOHNSON JR, JAMES DORAN
JOHNSON JR, ROBERT GERALD
JOHNSON, JOSHUA JAMES
KING, JEAN LOUISE
KING, TREVOR DALE
KONCZAK, STEVEN
LANDGREN, AUSTIN GREGORY
LIGHTFEATHER, DARRIN JAME
LIGHTFEATHER, ELENA ASHE
LORENSEN, ZACHARY TOBIAS
LUCIA, LAURA KAY
MILLER, RODNEY LEE
NORTON, DALE ARTHUR
PASCUAL, ANDREW CURRAN
PASCUAL, ELIZABETH FRANCI
PEARSON, SHAUN H.
PEMBERTON, CLAYTON LAWREN
POWELL, DESIREE MARIE
ROBINSON, LEE DOUGLAS
ROY JR, CLARENCE
RUSZCZEWSKI, DOROTHY
SAM, ANDREW DAVID
SAM, BRADLEY JAMES
SAMM, ALEXANDER ODAYIN NI
SAMPLES, SHANNA LYNN
SAMS, LORI ALICE
SANTA, STORM MARINE
SARGENT, KEENIN BLAINE
SCHAAF, BETTY JANE
SEVERSON, SARA JANE
SICK, BRIAN LEE
STRONG, COREY ALEXANDER
STRONG, JASON GUY
STRONG, KEITH ALLAN
STRONG, RAYMOND
THOMPSON, DOROTHY G
TRACEY, CINDY LEE
VILLEBRUN, LESLEE MARIE
VILLEBRUN, RODNEY LEE
VILLEBRUN, VINESSA DERA
WAGNER, LE ANNE JOSEPHINE
WAKEMUP, DANA LESLIE
WEBB, AMANDA DAWN
WEST, SHAWN THANE
WHITE, BRIAN DONOVAN JR
WHITE, JANESSA ANDREA
WHITEMAN, DOUGLAS WAYNE



Nett Lake Elementary School

Soaring to Excellence

Return to School

Message from Mr. Hardy, Principal Nett Lake Elementary School



On August 10, 2020, the Nett Lake School Board unanimously approved opening up the school with the In-Person model.

The Return to School plan is based on the MDH 2020-2021 Planning Guide for Schools, MDE's Guidance for Minnesota Public Schools: 2020-

2021 School Year Planning, MDE's Safe Learning Plan for 2020-2021, and current public health recommendations at the time this document was developed, which include:

- Maintain a distance of six feet between individuals
- Wear face masks or coverings
- Screen for COVID-19 symptoms
- Practice good hygiene protocols including hand washing, cleaning and disinfecting
- Limit group gatherings
- Plan for short-term school closures, should there be a suspected or confirmed COVID-19 case

The Minnesota Safe Learning Plan for 2020-2021 outlines five goals that Nett Lake Public Schools is dedicated of working towards:

1. Prioritize the safety of students and staff

2. Prioritize in-person learning, especially for younger learners
3. Consider infectiousness and transmission risk among different ages
4. Support planning, while permitting flexibility for districts
5. Take into account disease prevalence at a local level

Throughout the plan, you will be able to discover how the Nett Lake Public School will take into account CDC guidelines, MDH guidelines, and MDE requirements, while providing staff and students with a safe place to learn and educate.

Visit: www.nettlakeschool.org to view more information and to download their full PLAN



STRONGHEARTS
Native Helpline

www.strongheartshelpline.org

offers CHAT NOW option

Go to strongheartshelpline.org and click on the CHAT NOW tab to chat one-to-one with an advocate between 7 a.m. - 10 p.m. CST.

StrongHearts Native Helpline
1-844-762-8483

A safe, anonymous, and confidential domestic, dating and sexual violence helpline for Native Americans, and Alaska Natives, offering culturally appropriate support and advocacy.

Nett Lake School Job Postings

Are you a qualified educator looking to support, challenge, and nurture children in an academic setting? We would love to hear from you. Please check here often for the latest information concerning jobs at Nett Lake Elementary School.

We look forward to welcoming you into the Nett Lake family.

Current Openings

Please review the current job openings below. We welcome all applicants who feel their skills and experience match an available position.

- Temporary Head Cook
- Paraprofessional/Assistant Cook
- Early Childhood Family Education Teacher
- Minnesota Reading and Math Corp Positions
- Substitute Bus Driver
- Substitute Teacher

Visit www.nettlakeschool.org/Job-Postings to view full job descriptions and to apply.



HOW TO USE CRISIS TEXT LINE

CRISIS TEXT LINE |

Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via a medium people already use and trust: text.

How it Works

1



Text MN to 741741 from anywhere in the United States, 24/7. We will text about whatever is a crisis to you - addiction, anxiety, assault, bullying, depression, eating disorders, self-harm, and suicide.

2



The Crisis Counselor listens without judgment, invites you to share more, and helps you move from a hot moment to a cool calm. You'll text back and forth, sharing only what you feel comfortable.

3



After 2 automated responses, you'll connect with a live, trained volunteer Crisis Counselor who receives the text on their computer.

4



The goal of the conversation is help you find calm. That may mean sharing resources for you to check out for more help; sometimes it means listening.

5



It usually takes less than 5 minutes to connect you with a Crisis Counselor, maybe longer during busy times.

6



Conversations usually end when you and the Crisis Counselor feel comfortable that you're in a "cool," safe place, after 15 - 45 minutes.

Bois Forte Behavioral Health
218-757-3295

HOWAH!



CONGRATULATIONS JOHN!

I would like to express my gratitude to Bois Forte Tribal Government, Education Program, for supporting me in my educational endeavors. I am delighted to report, I am now a Licensed Alcohol and Drug Counselor (LADC).

Mii gwetch
John Gudahl, son of Rose Burnside Hedlund

John is currently employed by the Valley View Recovery Center in Cannon Falls, Mn.

CONTACT TRACING SLOWS THE SPREAD OF COVID-19



Do you need Masks or Hand Sanitizer?

If you need masks or hand sanitizer, we can help!
Call Nikki Irving at 218-410-3340 or email her here: nirving@boisforte-nsn.gov.
She will work with you to get you the items you need.

Remember that you still need to keep 6 feet apart even when you are wearing a mask. This will help lower the risk of infecting others.



The wild rice on Nett Lake is looking beautiful!

(Photo by Bill Isham)



Thanks Elderly Nutrition Program

I really appreciate that Kristen Strong, and David Morrison were able to come and cook for the time while our Cook was unavailable to work due to MCT Covid restrictions. Becky Thompson came back on August 12th. Welcome back Beck!

Kristen and David did an awesome job here filling in! I sure enjoyed both of them here, they are both top notch cooks :)

- Mavis Drift, ENP

Understanding COVID-19 Terms

Close (Direct) Contact

Close contact is being WITHIN 6 feet of a person for AT LEAST 15 minutes, or living in the same household (using the same bathroom, kitchen and living areas).

Examples of close contact are: if you work in confined places with others and do not wear masks, eating lunch within 6 feet of a person who has a positive COVID test result or talking with someone on a smoke break without a mask on and within 6 feet of that person. Kissing, sharing a drink or food, and hugging.

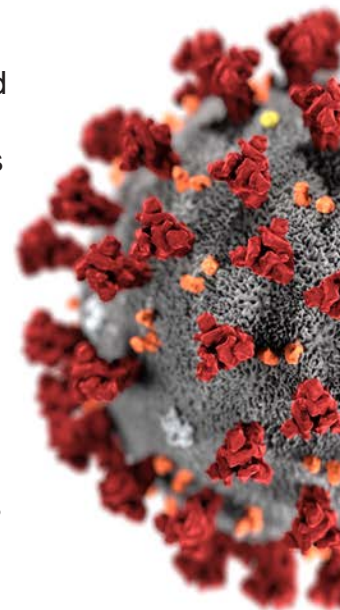
Examples of no close contact: passing someone in the hall at work, you both have your masks on and all you do is say "Hello" and move on with your day or talking with someone closer than 6 feet, but less than 15 minutes.

Isolation

Isolation is when someone has COVID and they are directed to stay home and away from others, that means everybody (unless they have to isolate with their family). Generally 10 days of isolation.

Quarantine

When someone who is not sick but has been exposed to someone that is positive for COVID and has to stay away from others. Generally 14 days. IF a person has symptoms or becomes positive while in Quarantine this will change the situation.





Know the Basics of COVID-19

Asymptomatic: person(s) who may have been exposed to an illness, disease or medical condition but show NO signs or symptoms of this condition.

Symptomatic: person(s) having signs and symptoms or characteristics of an illness, disease or medical condition (i.e. cough, fever >100.0F, headache, shortness of breath, loss of smell/taste, sore throat, nausea, vomiting, diarrhea or muscle aches/pain).

What Testing is Currently Available?

Abbott ID NOW Rapid Test: Used for rapid detection of the virus that causes COVID-19 in people with symptoms. This test works best when used in the first few days after symptoms start, and is not used for testing asymptomatic people (people who do not have symptoms). Swabs are collected either from a patient's Throat or Nose. Rapid results within 13-20 minutes.

PCR Test: This test can be used for people with or without symptoms. This is the best test available for the virus that causes COVID-19. Swabs are collected either from a patient's Throat or Nose. This is a "send out test" and currently takes up to 5-7 days for a result to return. This time frame may increase or decrease depending on reference lab capacity and availability of supplies.

**Interpretation of test results are at the discretion of the provider(s), based upon current MDH and CDC guidelines and individual patient assessment. **

For further questions please call the clinic(s) from 8:00 a.m. – 4:30 p.m.

Vermilion Clinic 218-753-2182 Nett Lake Clinic 218-757-3650

After hours please call the following:

Essentia Health Hotline 833-494-0836 MN Dept of Health (MDH) 651-201-5414

Please refer to the MDH and CDC websites for the most up to date guidelines

www.health.state.mn.us

www.cdc.gov/coronavirus



Cough in Sleeve



Mask Up



Wash Hands

**LOOK WHO'S
TURNING 7!
Happy Birthday
Lola & Lyla**



**Love You Always,
Grammy!**

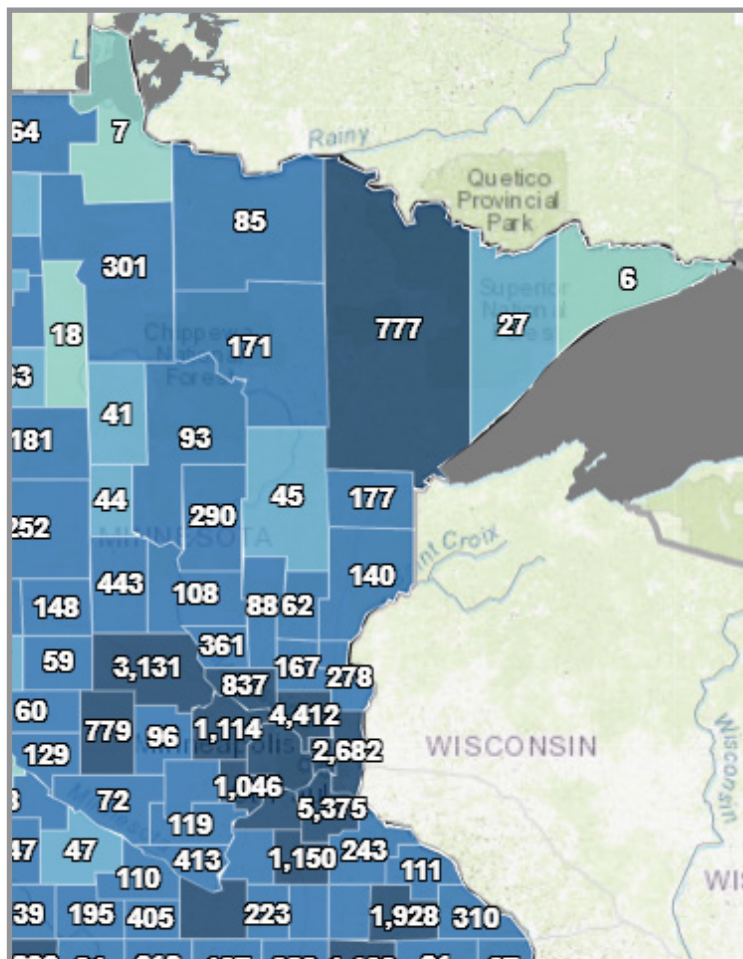


the individuals who tested positive no additional information was released to the public.

Bois Forte Health is continuing to do all they can to keep the community safe and informed of positive cases, while keeping patient health information private and safe while continuing to provide them with the care and support they need. Bois Forte Health will continue to stay in contact with the individuals who have been isolated and will monitor that they are following the isolation guidelines. Bois Forte Health is active in contact tracing and is in contact with Minnesota Department of Health regarding the Coronavirus on the Reservation.

In these announcements, it is encouraged to reach out to Teri Morrison RN, Lead Community Health Nurse if you have any questions or concerns. You may reach her at 218-750-2227.

Remember to wear a mask, keep 6 feet apart, and to use hand sanitizer. Together we can help slow the spread of this terrible virus.



AUGUST 2020 NUMBERS

MN: 70,707	DEATHS: 1,779
ST. LOUIS COUNTY: 777	DEATHS: 23
KOOCHICHING COUNTY: 85	DEATHS: 3
ITASCA COUNTY: 171	DEATHS: 12
BOIS FORTE	
VERMILION SECTOR: 4	DEATHS: 0
NETT LAKE SECTOR: 1	DEATHS: 0

JULY 2020 NUMBERS

MN: 44,347	DEATHS: 1,526
ST. LOUIS COUNTY: 254	DEATHS: 16
KOOCHICHING COUNTY: 29	DEATHS: 2
ITASCA COUNTY: 86	DEATHS: 12
BOIS FORTE	
VERMILION SECTOR: 1	DEATHS: 0
NETT LAKE SECTOR: 0	DEATHS: 0

JUNE 2020 NUMBERS

MN: 32,920	DEATHS: 1,380
ST. LOUIS COUNTY: 142	DEATHS: 14
KOOCHICHING COUNTY: 9	DEATHS: 0
ITASCA COUNTY: 59	DEATHS: 12
BOIS FORTE	
VERMILION SECTOR: 6	DEATHS: 0
NETT LAKE SECTOR: 2	DEATHS: 0
(cumulative)	

Native Americans are the highest in the state, at a death rate 5.7%.
Always wear a mask; save a friend, family, and others lives by keeping a mask on.

Purchased Referred Care

The PRC new year is starting October 1st so please turn in your PRC applications as soon as possible. Contact information is below:

Vermilion Clinic

Kristal Strong
1613 Farm Raod South
Tower, MN 55790
218-753-2182

kristal.strong@boisforte-nsn.gov

Nett Lake Clinic

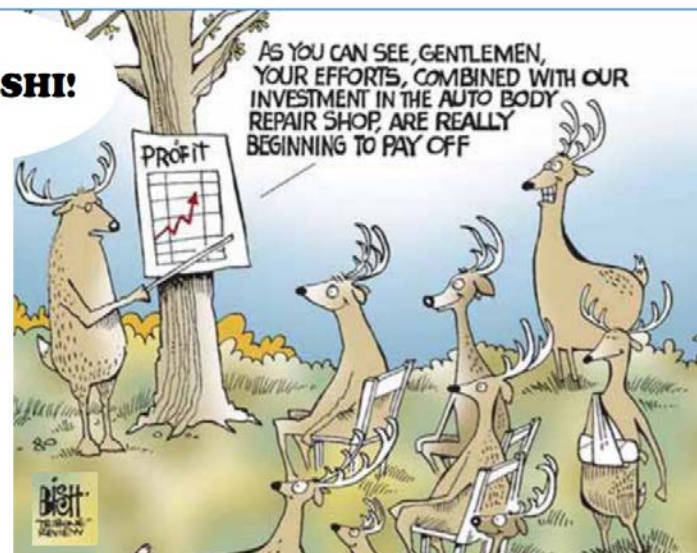
Destinie Villebrun
5219 St. John Drive
Nett Lake, MN 55772
218-757-3650

destinie.villebrun@boisforte-nsn.gov

If you currently are getting benefits from a MN state program, please check to be sure that your account, employment, and income is up-to-date. This can include SNAP, Medical Assistance, and MNCare.

It is that time of year.
WAAWAASHKESHI!

Waawaashkeshiwag are swiping right and on-the-move. Bucks are struttin' their stuff, Doe are heading out with their besties and sporting their most expensive perfume. They are all excited for the season and have other things on their minds. Allow yourself extra time when traveling, as they may not be paying attention as usual – you'll have to watch out for them.



COVID-19 Housing Assistance Program

What is the COVID-19 Housing Assistance Program?

The COVID-19 Housing Assistance Program provides housing assistance payments to help prevent eviction, prevent homelessness, and maintain housing stability for eligible renters and homeowners.

Bois Forte is one of the COVID-19 Housing Assistance Program local administrators around the state that is working with individuals located in Carlton, Koochiching & St. Louis County.

Renters and homeowners behind on housing payments can get help through the COVID-19 Housing Assistance Program. Learn more: **Call 211** (Toll Free: 1.800.543.7709; Local: 651.291.0211), go to **www.211unitedway.org** on the webpage select MN HOUSING ASSISTANCE PROGRAM, or text “MNRENT” or “MNHOME” to 898-211.

ASSISTANCE AVAILABLE

- Rent payments
- Mortgage payments (including escrowed property taxes* and insurance)**
- Contract for deed payments
- Manufactured home park lot rents
- Manufactured home payments
- Utility payments
- Association fees
- Homeowners insurance
- Additional housing-related costs approved by Minnesota Housing

You must pre-apply at www.211unitedway.org on the webpage select MN HOUSING ASSISTANCE PROGRAM, or text “MNRENT” or “MNHOME” to 898-211. When pre-applying on the webpage please select in the drop down box: Bois Forte Band of Chippewa as your provider.

Example:

* Please select the organization you prefer to work with as a provider/program administrator. Organizations are listed by service region. You must select a provider, and this will not affect your eligibility for the program.

Bois Forte Band of Chippewa

Please contact one of the following individuals for more information:

Char, 218-966-6953, cjordan@boisforte-nsn.gov

Theresa, 218-404-8568, tdrift@boisforte-nsn.gov

Wendy, 218-206-5629, wdrift@boisforte-nsn.gov (Duluth office))

Pam, 218-316-2631, phughes@boisforte-nsn.gov

Toni, 218-757-3650, toni.wakemup@boisforte-nsn.gov

Bois Forte Tribal Offices Update

Services Adjusted: COVID-19

Behavioral Health

During this outbreak, Behavioral Health will be discontinuing any in person sessions until further notice. All sessions will be via Zoom or phone calls.

To schedule an appointment contact Erin Danielson at 218-757-3295 or text 218-404-9167.

All staff will be working from home starting today, with the exception of Erin Danielson who will continue to be in the office.

Melissa Wright LSW

Bois Forte Health and Human Services

Behavioral Health Practitioner/BH Supervisor

13071 Nett Lake Rd Suite B

Nett Lake, MN 55772

mwright@boisforte-nsn.gov

Phone: 218-757-3295

Cell: 218-410-9641

Senior Executive Coordinator

Louise Isham will be working remotely. You may contact her on her work cell at 218-404-6545, by email: lisham@boisforte-nsn.gov, or on Skype at live:lisham_12.

Nett Lake Food Distribution

The Nett Lake Food Distribution is asking clients to call in their food order at 218-757-3504. When arriving to pick up your order, call or honk and they will bring your items to your vehicle.

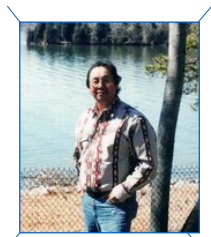
Wendy Zika

Food Distribution Coordinator

5344 Lakeshore Drive

Nett Lake, MN. 55772

Office: 218-757-3504



James Boney, Jr.

James Boney, Jr. "Gi wagh bow", Eagle Clan, of Eagan, Minnesota, passed away on August 15, 2020 in Minneapolis, Minnesota.

James was born on February 26, 1949 in Nett Lake, Minnesota, to James Sr. and Nancy (Woodenfrog) Boney. He attended grade school in Nett Lake and attended Orr High School. He went on to graduate from

Pawnee High School in Pawnee, Oklahoma in 1967. In 1968, he attended Haskell Indian Nations University in Lawrence, Kansas. In 1969, he joined the United States Marine Corps and served in the Vietnam War from 1969-1970. He served in the 2nd Battalion, 1st Marines as a machine gunner MOS, earning a purple heart and combat action medal. He worked at various jobs in Oklahoma City, Oklahoma, landscaping jobs in Denver, Colorado, and retired from the United States Postal Service after serving 18 years in Minneapolis, Minnesota.

He was an avid sports fan, especially of the Minnesota Vikings and Minnesota Twins. He was a good bowler, earning several trophies, and traveled to many tournaments in Oklahoma City, Oklahoma; Las Vegas, Nevada; Aberdeen, South Dakota; and Minneapolis, Minnesota. He and his son enjoyed bowling together and dominating the pins. He enjoyed harvesting wild rice, going to powwows, casinos, sporting events, and spending time with his family and friends. He was a member of the American Legion,

Disabled American Veterans, and Veterans of Foreign Wars.

He is preceded in death by: father, James Boney Sr.; mother, Nancy (Woodenfrog) Boney; uncles, William Woodenfrog, Anthony Boney, and John Woodenfrog; aunt, Mary Woodenfrog Strong; brothers, Peter Boney Sr., Arnold Boney, Kenneth Boney, and John Boney; and sister, Julie Wilde. He is survived by: aunt, Jennie Woodenfrog; sisters, Irene Boney and Mary Ann Juliano; his longtime companion, Francelia Roy; son, Jeffrey Boney; grandchildren, Zachary

Martin Boney and Alyssa Grace Boney; chosen daughter, Makayla John; numerous nieces and nephews; and many friends.

He is a member of the Bois Forte Band of Chippewa and the Grand Medicine Society, and will be honored with traditional burial rites.

A Traditional Wake will be held on Tuesday, August 18, 2020 at 6:00PM at the Nett Lake School, Nett Lake, Minnesota. The Traditional Service will be held on Wednesday, August 19, 2020 at 10:00AM, also at the

school. Spiritual Leader will be Billy Blackwell and Spiritual Advisor Vern Adams. Casket Bearers: "Chief" Pete Boney Jr., Anthony Juliano, John Juliano, Jim Morrison, Brad Johnson, and Matthew Boney. Honorary Casket Bearers: Jeffrey Boney, Vernon Boney, Kyle Juliano, Jason Boney, Andyr Jerome, and Zachary Boney. Burial will be in the Woodenfrog Cemetery in Nett Lake. In lieu of flowers, please donate to any Veterans services of your choice.

To leave an online condolence, visit: www.mlakerfuneralhome.com

Office Update

cont'd from p. 8

Human Resources

Human Resources can be reached as usual through the Tribal Government number 218-757-3261. Employment process has not been affected and will continue as usual.

COVID-19 Relief Program

The COVID-19 Relief Program is continuing as normal. Deadline to get your applications in is September 30, 2020. You may contact Beverly "Mitz" Steele through the Tribal Government number 218-757-3261.

Housing

Housing Maintenance will continue to take emergency work orders only and Warren

can be reached at 218-410-6581. Any other Housing business may continue to contact the Tribal Government building at 218-757-3261.

Health Information Manager

You may contact Pam Parson at 218-404-6618 regarding services; My Health signups, My Health proxy access, Authorizations to disclose PHI, Privacy complaints and concerns, Security complaints and concerns.

Pamela Parson, Health Information Manager
 Certified HIPAA Privacy and Security Official, CHPSE
 Bois Forte Health and Human Services
 5219 St John's Drive
 Nett Lake, MN 55772

Remember to giziibigininjiin!

Wash your hands in Ojibwe

To help prevent the spread of diseases like COVID-19, remember to scrub your hands for at least 20 seconds!

Washing hands is the **best** way to get rid of germs, but you can also use hand sanitizer.

How do you say wash your hands in your language?

National Coalition of
Native American Language
 Schools and Programs

Chocolate Moose



READY IN: 80 hrs
YIELD: 1 Moose

INGREDIENTS:

1 Moose
40 lbs Hershey Chocolate
17 containers Cool Whip
1 cherry

DIRECTIONS

- Send spouse to Alaska or have one (Moose not spouse) delivered by UPS.
- Meanwhile, melt chocolate in very large double boiler.
- Keep warm.
- Tie up moose with rope.
- Holding the moose by the tail, carefully dip in melted chocolate, covering completely with a thin coating.
- Arrange moose attractively on large platter and refrigerate for 2 days to set chocolate.
- Remove rope, wash to remove chocolate, if necessary, and return rope to clothesline.
- Garnish chocolate moose with Cool Whip and top with a cherry.
- Serve immediately.
- Or you could just chew on the rope, which may be tastier.
- May be doubled for serving a crowd.

[Food.com/chocolate-moose-57827](https://www.food.com/recipe/chocolate-moose-57827)

LEGAL NOTICE

In the Bois Forte Band of Chippewa Tribal
Children's Court
Nett Lake, MN
Minnesota Chippewa Tribe

The Bois Forte Band of Chippewa, Department of Family Health Services, Petitioner, v Leslee Marie Villebrun, and any man who may come forward as the father of J.J.C., Respondents, et al.

TO: The above named respondents, Leslee Marie Villebrun and any man that may come forward as the father of J.J.C., a minor child.

It is Ordered and Notice is Hereby Given that a suspension of parental rights petition has been filed in Bois Tribal Court on March 17, 2020. A hearing will be held on the 22nd day of September, 2020 at 11:00 a.m. Central Standard Time, or as soon thereafter as counsel may be heard in the Bois Forte Tribal Children's Court, Bois Forte Indian Reservation, 12907 Palmquist Road, Nett Lake, MN 55772 on the transfer of legal custody hearing.

YOU ARE HEREBY NOTIFIED BY THIS SUMMONS AND NOTICE THAT YOU ARE REQUESTED TO APPEAR AT THIS HEARING AT THE ABOVE DATE, TIME AND PLACE.

YOUR FAILURE TO ATTEND THIS HEARING MAY RESULT IN SUSPENSION OF YOUR PARENTAL RIGHTS OF YOUR CHILD, AS REQUESTED BY THE PETITIONER, BEING GRANTED BY DEFAULT.

By The Court
Megan Treuer, Chief Judge
Wendy Morrison-Thompson,
Rebecca McConkey-Greene, Prosecutor
Bois Forte Tribal Court
12907 Palmquist Road
P.O. Box 25
Nett Lake MN 55772
Tel: 218-757-3462

LEGAL NOTICE

In the Bois Forte Band of Chippewa Tribal
Children's Court
Nett Lake, MN
Minnesota Chippewa Tribe

The Bois Forte Band of Chippewa, Department of Family Health Services, Petitioner, v Leslee Marie Villebrun, any man who may come forward as the father of J.R.V., Respondents, et al.

TO: The above named respondents, Leslee Marie Villebrun and any man that may come forward as the father of J.R.V, a minor child.

It is Ordered and Notice is Hereby Given that a suspension of parental rights petition has been filed in Bois Tribal Court on March 17, 2020. A hearing will be held on the 22th day of September, 2020 at 11:00 a.m. Central Standard Time, or as soon thereafter as counsel may be heard in the Bois Forte Tribal Children's Court, Bois Forte Indian Reservation, 12907 Palmquist Road, Nett Lake, MN 55772 on the transfer of legal custody hearing.

YOU ARE HEREBY NOTIFIED BY THIS SUMMONS AND NOTICE THAT YOU ARE REQUESTED TO APPEAR AT THIS HEARING AT THE ABOVE DATE, TIME AND PLACE.

YOUR FAILURE TO ATTEND THIS HEARING MAY RESULT IN SUSPENSION OF YOUR PARENTAL RIGHTS OF YOUR CHILD, AS REQUESTED BY THE PETITIONER, BEING GRANTED BY DEFAULT.

By The Court
Megan Treuer, Chief Judge
Wendy Morrison-Thompson,
Rebecca McConkey-Greene, Prosecutor
Bois Forte Tribal Court
12907 Palmquist Road
P.O. Box 25
Nett Lake MN 55772
Tel: 218-757-3462

Update Your Address

Periodically, the Bois Forte Tribal Government sends out important information and it is essential that we have your correct mailing address, please fill out the change of address form.

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP CODE: _____

DATE OF BIRTH: _____ / _____ / _____

SIGNATURE: _____

DATE: _____

Please note, you must check the **RED BOX**, if you want to share your new address with the *Bois Forte News*.



YES!
Please share my new address with the *Bois Forte News*!

Mail to:
Bois Forte Enrollment
5344 Lakeshore Drive
Nett Lake, MN 55772

Looking to take some Adult Education Classes or get your GED?

AEOA is offering Adult Basic Education courses that can help you achieve your goals.

"Consumer Education" is currently going on now via Zoom. The course looks at job seeking, tax paying, housing and transportation and more. . .

Interested in GED Study Prep Courses. . AEOA can help with that too and if you get signed up soon, the state is waiving the GED testing fees at this time.

For more information, you can call Melissa Brusacoram at 218-750-2606 or email her at melissa.brusacoram@aeoa.org to get signed up. You can also call the Education Office at 218-757-3261 for an enrollment application or information.

Pathways for learning

- Transition to college
- Career assessment
- Job seeking skills
- GED preparation
- Work-based computer skills
- Reading, writing, math, & spelling
- English Language Learner (ELL)



Bois Forte News

The *Bois Forte News* (BFN) is published monthly by the Bois Forte Band of Chippewa. The BFN encourages submission of articles, community announcements and photos.

Contributions are subject to editing for grammar, length and malicious/libelous content. BFN will attempt to include all material submitted by Band members and guests. Multiple contributions from the same source may be excluded or rotated to future issues to insure equal access to all. For information on paid ads, please contact us. The BFN is distributed for free to Band members and is available to others for \$10 per year.

Bois Forte News
5344 Lakeshore Drive,
Nett Lake, MN 55772
Cell: 218-404-6545
lisham@boisforte-nsn.gov
www.boisforte.com

Deadline for the
October issue is
September 11, 2020.



Bois Forte Tribal Council

Shane Drift - District I Representative
Peter Boney - District II Representative
Cathy Chavers - Chairwoman
David C. Morrison Sr. - Secretary/Treasurer
Travis Morrison - District I Representative

Bois Forte Tribal Offices

Bois Forte Tribal Government
5344 Lakeshore Drive
Nett Lake, MN 55772
Phone: 218-757-3261 or 1-800-221-8129
Fax: 218-757-3312

Bois Forte Tribal Government
1610 Farm Road South
Tower, MN 55790
Phone: 218-753-4542
Fax: 218-753-4055

Bois Forte Urban Office - Duluth
206 West 4th Street, Suite 204
Duluth, MN 55806
Phone: 218-336-1048 or *218-206-5629
Fax: 218-336-1049
Email: *wdrift@boisforte-nsn.gov

Bois Forte Urban Office - Minneapolis
1308 East Franklin Avenue, Suite 112
Minneapolis, MN 55404
Phone: 612-871-6618 or *612-747-5247
Email: *urbanoffice@boisforte-nsn.gov

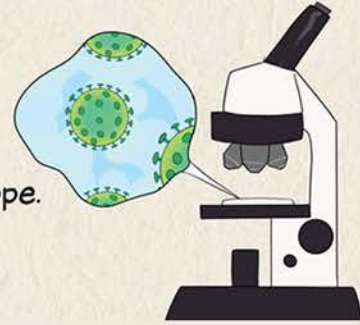
**is the best way of contact during the
Coronavirus Pandemic.*

COVID-19?

Answers for Kids

WHAT IS A VIRUS?

A virus is a small particle that can only be seen with a powerful microscope. We often call a virus a "germ".



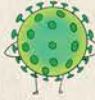
HOW CAN IT SPREAD TO OTHER PEOPLE?

Viruses cannot live long on their own. They need to make a home inside our bodies. And they are great travelers! Virus particles catch a ride on tiny water drops that come from our noses or mouths when we cough or sneeze. Wearing a face mask, scarf or bandana over our mouths and noses can help stop viruses from traveling.



WHAT IS CORONAVIRUS?

You have probably heard that the virus traveling the world right now is called the coronavirus or COVID-19. Using microscopes, scientists saw little spikes around the edges of each of the virus particles that made them look like they were wearing crowns. So, scientists liked "corona" to describe the virus because this means "crown" in Latin. The spikes help the coronavirus sneak into our cells.



INFECTIOUS? CONTAGIOUS?

When a germ causes sickness it is said to be infectious (in-fec-tious). When the germ spreads from one person to another, it is called contagious (con-ta-gious). Some germs are infectious but not contagious. Other germs, like the ones that cause colds, flu, and COVID-19, are both infectious and contagious.



HOW IS COVID-19 DIFFERENT FROM A COLD OR THE FLU?

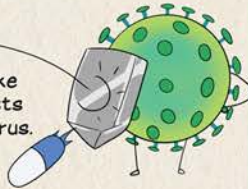
COVID-19, colds, and the flu are all caused by viruses. Our bodies watch for many viruses and are ready to fight them. COVID-19 is a new virus that hides inside a coat of fat that makes it hard for our bodies to see. Our bodies still have to learn to spot and battle COVID-19.

COVID-19 symptoms (simp-tems) feel a lot like the flu, we cough, feel tired, have a fever, and feel out of breath.



WHY CAN'T I JUST TAKE MEDICINE TO GET RID OF COVID-19?

Sometimes when we get sick our doctor gives us medicine called antibiotics (antee-bi-otiks) that fight illnesses caused by bacteria germs. But antibiotics don't kill viruses. So while a sick person's body fights viruses, like COVID-19, we try to reduce their fever and make them comfortable. Scientists are looking for new medicines that may help our bodies fight the COVID-19 virus.

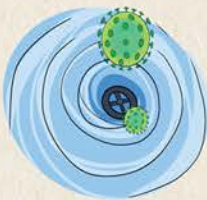


WHY DOES IT MATTER IF I WASH MY HANDS?

Even though viruses need to be in our bodies to grow and multiply, they can survive for a while outside of our bodies. While they are on their own, viruses have only a short time to find their way to another person.

If someone with a virus sneezes or coughs on a table, phone, computer keyboard, or almost anything, they can leave behind virus particles. Once something has the virus on it, it is infected and if you touch it, you can pick up the virus. Then, if you touch your face, the virus can move through your mouth, nose, or eyes and into your body where it can set up a new home and make you sick.

Washing our hands frequently with warm soapy water and cleaning things helps stop the spread of viruses. With COVID-19, soap breaks up the virus' fatty coat, destroying the virus and its tricky little spikes.



EVERYONE CAN DO SIMPLE THINGS TO HELP FIGHT THE SPREAD OF COVID-19:

- 1 Wash your hands often. Use soap and warm water and wash until you have sung the ABC's twice or have slowly counted to 20.
- 2 Try to not touch your face, rub your eyes and nose, or wipe your mouth with your hand. If you do, then try to not touch things around you until you have washed your hands and face.
- 3 If you have to sneeze or cough (and it's OK, we all do) then pretend you're a vampire. Wrap your arm around your face and sneeze or cough into your elbow.
- 4 Try to keep "social distance". Even though COVID-19 is a great traveler, it can only travel in the air for short distances. Staying about 6 feet from another person, about the length of a couch, keeps us safer. Social distancing also means that we shouldn't gather in groups or crowded places.
- 5 Be proud that by doing these simple things you are fighting COVID-19 in your home and community.

